Directory of courses and training programmes on drug misuse in Ireland

2015
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Health Research Board
Introduction

This Directory contains information about courses and training programmes on drug misuse for individuals and agencies interested in developing their knowledge, skills and capacity in this field.

There is a wide variety of training available, ranging from single sessions to courses lasting up to three years. Although some courses do not refer directly to drugs or addiction, they may be of interest to those working in this area. Obviously, the depth of coverage of the issues varies considerably, according to the length of the course and the level at which it is aimed. There are also variations in the training methods and in the underlying principles and approaches to issues in drug misuse. A number of courses are offered by multiple providers, so information on a single course may be provided more than once. This enables local providers to give details which may be of interest to those in their area. Information in the Directory has been supplied by a range of sources and this is reflected in the different writing styles and content.

Courses are aimed at diverse target groups. Some courses are open to anyone in the community who is interested in the issue; others are aimed at those whose work brings them into contact with drug-related issues; and some are aimed at specific groups. The majority of courses listed here do not stipulate formal educational attainments as entry requirements, although a number of more advanced courses do require participants to have some previous knowledge and understanding of relevant issues.

The Directory does not assess or provide information about the quality or relevance of any of the courses listed. Neither the inclusion nor the omission of any course, or the details of any course, should be taken as indicative of any view or opinion of that course held by the staff of the National Documentation Centre on Drug Use, the Health Research Board or any other agency.

Information for this publication was taken from our online Directory, and therefore provides a ‘snap-shot’ of courses available at one particular time. Inevitably, some agencies providing courses and training in drug misuse were overlooked, and new courses are continually being developed. Please consult our website, www.drugsandalcohol.ie/courses, for the most up-to-date information.

Course co-ordinators who wish to provide updated information or new courses should contact Mary Dunne mdunne@hrb.ie
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C05 - BACHELOR OF ARTS (HONS) in APPLIED ADDICTION STUDIES. One year add on for BA addiction studies (level 7) graduates.

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C07 - CERTIFICATE IN ADDICTION STUDIES

C08 - MASTERS DEGREE IN COGNITIVE BEHAVIOURAL THERAPY (CBT)

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COURSES
Short or basic level courses providing information and/or raising awareness of substance misuse among a general target audience, or developing skills of those working in this field.
Course aims and objectives

Strengthening Families Programme (SFP 12-16 yrs) is a 14 session family skills training programme for families. SFP has been proved to help build communication skills, family and behaviour management and have fun in the process! It is is designed to give parents and their children the opportunity to learn new, healthy communication skills that create positive relationships within families. These new skills also assist and reduce the risk of young people getting involved in adverse behaviours.

SFP skills are not special skills for deficient families; SFP skills are for all families, but presented in a way to make them accessible to high stress families. All groups are run by facilitators who have trained in SFP and have experience of working with children and families in the community.

Course content

• The group meet for two and a half hours once a week
  • On the evening, three classes are run: parent skills training, teen skills training and family life skills training.
  • Families meet for the first half hour for a community dinner to meet with group leaders and other families in the group.
  • After dinner, for the first hour families separate into two groups for parents/caregivers and for teens.
  In the second hour, families will join together to discuss and practice skills as a whole group

In the parents group, parents will learn new skills to increase better behaviours in their teens through:
  • Attention
  • Rewards
  • Clear communication
  • Substance use education
  • Problem solving
  • Limit setting

In the teen group, skills are present on how to:
  • Communicate positively
  • Understand feelings
  • Cope with criticism
  • Manage stress
  • Develop social skills
  • Learn problem solving
  • Deal with peer pressure
  • Understand the consequences of substance abuse
  • How short term consequences affect long term dreams and goals.

Benefits for families

• Increased family quality time
• Learn better communication skills
• Coping with anger and criticism
• Stress management
• Coping peer pressure
• Helps to prevent substance abuse, conduct disorders and depression in teens
• Improve parenting skills and family relationships
• Incentives for attendance, positive participation, homework completion and graduation.

Weekly family support

Through the running of the programme, families will link in on a weekly basis with their Link Person or Referral Agent in order to receive support and guidance around the content of the programme for that week.

A Link Person is a professional that will offer to
say in contact with the referred family to cover any material with them, to check their understanding of the programme and try to address any difficulties that are arising within the programme. Referral Agents can and have in the past also acted in this capacity.

**Target group**
The Strengthening Families Programme is a 14 week family skills programme for the entire family.

**Entry requirement**
Families. There is childcare available for children aged 4-11 years, and transport can be provided to families who may find it difficult to travel to the programme. There is a meal provided every night for all the family to enjoy before the session starts.

**Selection procedure**
Families may be referred by a ‘referral agent’ e.g. a probation officer.

For more information about the programme, for both families and referrers visit [www.lecheile.ie/category/what-we-do/strengthening-families-programme/](http://www.lecheile.ie/category/what-we-do/strengthening-families-programme/)

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
This programme was developed by Dr. Karol L. Kumpfer and associates at the University of Utah in 1982.

**Course start date**
Contact your local Le Cheile Mentoring Project Co-ordinator

**Course location**
Various locations, see co-ordinators webpage

**Application**
A wide variety of professionals from the community are involved in running the programme, including youth workers, health promotion works, volunteers, counsellors, social workers and community Garda.

**Cost**
n.a.
**Course Provider**
Community Awareness of Drugs

**Address**
31 Central Hotel Chambers, Dame Court, Dublin 2

**Web address**
http://www.cadaboutdrugs.ie

**Contact Person(s)**
Bernie McDonnell
Co-ordinator
01 679 2681
communityawareness@eircom

**Course aims and objectives**
To provide parents and other adults with a common-sense approach to understanding a variety of drug-related issues

**Course content**
This single-session drug awareness presentation is delivered from a preventative perspective. The following questions are addressed:
- What is a drug?
- What is drug misuse?
- What do drugs look like?
- Why do people take drugs?
- Where do young people get drugs?
- How do you conduct a safety audit in the family home?
- How safe is your community?
- What are the risk and protective factors?
- How do you get along with teenagers?
- How does someone develop a dependency on drugs?
- Where can you go for help?

**Target group**
Adults – parents / guardians / carers and community workers

**Entry requirement**
n.a.

**Selection procedure**
n.a.

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
Since 1983 CAD has responded to the needs of parents and community workers by providing single-session talks/presentations. In some instances these talks lead to additional programmes being delivered.

**Course start date**
Initial one-session course run on demand.

**Course location**
Local community level

**Application**
Contact CAD Co-ordinating Office.

**Cost**
Organisers make a donation to CAD (anything from €50.00 upwards, depending on location).
Course Provider
Community Awareness of Drugs

Address
31 Central Hotel Chambers, Dame Court, Dublin 2

Web address
http://www.cadaboutdrugs.ie

Contact Person(s)
Bernie McDonnell
Co-ordinator
01 679 2681
communityawareness@eircom

Course aims and objectives
To provide former participants with an opportunity to access information on drugs from Dr Des Corrigan, Chairman of the National Advisory Committee on Drugs. In addition, to up-skill on family-related matters from a variety of guest speakers and to listen to shared personal experiences on the topic of drug use and dependency.

Course content
Pharmacological update from Dr Des Corrigan. Family-related strategies are covered by family therapists / addiction counsellors, and shared personal experiences by Narcotics Anonymous, Coolmine Therapeutic Community, Merchants Quay Ireland or the Family Support Network.

Target group
Past participants of our ‘Parenting for prevention’ programme and invited guests

Entry requirement
None

Selection procedure
None

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Our ‘update days’ have been held on six occasions since 1994. The 2008 update day co-incided with our 25th anniversary celebrations.

Course start date
Please contact CAD for next update day.

Course location
Dublin

Application
Contact the CAD Office

Cost
€10.00 to secure a place
INTRODUCING DRUGS AND ALCOHOL INTERVENTIONS

Course Provider
Community Awareness of Drugs

Address
31 Central Hotel Chambers, Dame Court, Dublin 2

Web address
http://www.cadaboutdrugs.ie

Contact Person(s)
Bernie McDonnell
Co-ordinator
01 679 2681
communityawareness@eircom

Course aims and objectives
To provide a wide range of new-to-post or community workers with an opportunity to: access information on drugs and their effects; explore family/community-related strategies; and listen to shared personal experiences.

Course content
• Drugs and their effects:
  Dr. Des Corrigan, Chair, National Advisory Committee on Drugs.
  • Motivating change:
  • Mr. Brian Foley, Addiction Counsellor and Motivational Interviewing Trainer, UCD.

Shared Personal Experiences:
Coolmine Therapeutic Community
Family Support Network

Target group
New-to-post workers / community workers

Entry requirement
None

Selection procedure
None

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course start date
CAD hold a training event for services providers in March, June and October each year.

Course location
Dublin

Application
Contact the CAD Office.

Cost
Cost: €100 (€90 Early Bird Price)

Course background
Our education events for new-to-post workers have been available since 1984. They are usually held three times a year.
A05 THE CAD 'FAMILY FOCUS' SIX-SESSION DRUG EDUCATION PROGRAMME

Course Provider
Community Awareness of Drugs

Address
31 Central Hotel Chambers, Dame Court, Dublin 2

Web address
http://www.cadaboutdrugs.ie

Contact Person(s)
Bernie McDonnell
Co-ordinator
01 679 2681
communityawareness@eircom

Course aims and objectives
To provide participants with an opportunity to:
update information on drugs and their effects;
explore attitudes and decisions about substance misuse; and develop a family-orientated drug prevention strategy.

Course content
Discussion topics include:
• Drug-use prevalence
• Drug prevention (broadly defined)
• Drugs and their effects
• Safety audit in the family home
• Parenting-related confidence building
• Active listening
• Health promotion
• Harm reduction
• The gateway theory
• The wheel of change
• Drug-related laws
• Mental health matters
• Sexual health matters
• Information sources
• Treatment options
• Risk and protective factors

Target group
Parents or guardians, other adults

Entry requirement
None

Selection procedure
None. See course website for further details:
www.cadaboutdrugs.ie/

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
The course was launched during European Drug Prevention Week in October 1992. It was first offered in September 1993. Each tutor can run a maximum of three sessions a week, depending on demand.

Course start date
Contact CAD office.

Course location
Local community level cross task-force basis
Leinster

Application
Contact CAD Office.

Cost
€380.00 per six-session programme, if there is no sponsorship available.
Course provider
EAP Institute

Address
143 Barrack Street, Waterford

Web address
http://www.eapinstitute.com

Course aims and objectives
At the end of this training delegates will have knowledge of:
a) Assessing the risks from workplace intoxicants.
b) How to develop a workplace intoxicant policy.
c) Managing reasonable suspicion and reasonable accommodation.

Course content
Removal from place of work
From the 1st of Sept 2005 Employers may remove an employee from their place of work if he or she would be a danger to themselves or others due to being under the influence of an intoxicant to the extent that he or she is in such a state as to endanger his or her own safety, health or welfare at work or that of any other person.

Health and safety authority (HSA) information sheet on intoxicants
The information sheet on intoxicants at work published by the Health and Safety Authority in September 2011, states that if an employer has reason to believe that an employee is in a drowsy state as a result of medication, which would impact on the safe operation of machinery, action should be taken to remove the employee from the risk.

Assessing the risks
Risk assessments should be conducted to identify safety critical industries or safety critical tasks within companies where the consumption of intoxicants could endanger staff or other. Control measures should be specified in the safety statement.

Target group
Human resource managers, health and safety managers and employee assistance professionals

Entry requirement
Interest in workplace drugs and alcohol programmes

Selection procedure
See course website for more details: www.eapinstitute.com/drugalcohol.php

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Background to the Legislation
The Safety, Health and Welfare at Work Act 2005 took effect on 1st September 2005. Section 13(1)b of the Act contains a provision on drugs and alcohol and states that an employee shall while at work:-

Ensure that he or she is not under the influence of an intoxicant (defined as including drugs and alcohol and any combination of drugs or of drugs and alcohol) to the extent that he or she is in such a state as to endanger his or her own safety, health or welfare at work or that of any other person.

Section 13(1) b of the Act applies to legal drugs including alcohol, prescribed medication and over the counter drugs which could cause drowsiness and pose a risk to employees working in safety critical industries such as transportation, air-sea-rail, construction, manufacturing and health-care.
Course start date
Dublin - Ballsbridge Hotel, 24 September 2015;
Cork - Rochestown Park Hotel, 28 January 2016
Kilkenny - Hotel Kilkenny, 26 February 2016

Course location
Dublin, Cork and Kilkenny

Application
Through website, phone, email or post to contact
person listed above.

Cost
Fee: €350 or early bird rate of €295 (see website
for dates)
Course Provider
EAP Institute

Address
143 Barrack Street, Waterford

Web address
http://www.eapinstitute.com

Contact Person(s)
Anita Furlong
Conference Administrator
051 855 733
anita@eapinstitute.com

Course aims and objectives
The objective of the training programme is to develop the following:
• Policies and Procedures for responding to workplace intoxicants (defined as drugs and alcohol).
• Conducting intoxicant risk assessment and control measures.
• Managing reasonable suspicion for managers and supervisors (when an employee reports for or is on duty under the influence of an intoxicant).
• Health surveillance for intoxicants, employee information, employee support services and employee assistance programmes.
• Procedures for intoxicant testing.

Course content
Over the past number of years the EAP Institute has developed a prominent position in the provision of consulting and training for companies who wish to comply with Section 13(1) b of the Safety, Health and Welfare at Work Act 2005. This section of the Act requires that, where a manager or supervisor has reasonable suspicion that an employee reports for or is on duty under the influence of an intoxicant (defined as drugs and alcohol or any combination of drugs or alcohol) they may be removed from their place of work.

Employers are required to provide reasonable accommodation when employees are removed from their place of work. This requires an objective assessment, to determine if the employee is suffering from a disability and afforded, when appropriate, the opportunity for treatment and rehabilitation.

Target group
Employers

Entry requirement
n.a.

Selection procedure
For further information about the course, visit the website - www.eapinstitute.com/trainingenquiry.php

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
n.a.

Course start date
Contact EAP for future dates.

Course location
Various locations

Application

Cost
Contact EAP
A CREATIVE APPROACH TO DRUGS AND ALCOHOL WORK

Course Provider
National Youth Council of Ireland

Address
3 Montague Street
Dublin 2
Ireland

Web address
http://www.youth.ie/training

Contact Person(s)
Training Administrator

Training Administrator
01-478 4122
training@nyci.ie

Course aims and objectives
This two day training will provide participants with a re-energised approach to working with young people around drugs and alcohol. Participants will receive a copy of "Putting the Pieces Together" resource for trainers developed by the Western Regional Drugs Task Force.

Course content
Learning content:
• Review current approaches - What works/What does not work?
• Explore current trends and corresponding initiatives
• To explore a range of responses to drug/alcohol related incidents.
• To discuss issues of good practice in relation to this work
• To engage with a range of new exercises for use with young people.

Available on demand or tailored

Target group
This course is designed for anyone working with young people in a youth work, out of school or non-formal education setting.

Entry requirement
n.a.

Selection procedure
For further information, see the course website http://www.nycitraining.org/courses/creative-approach-drugs-and-alcohol-work

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
n.a.

Course start date
This two day workshop course is available on demand. Please contact NYCI for dates

Course location
Please enquire with NYCI

Application
Contact Kevin O'Hagan or SiobhÃ­n Brennan, National Youth Health Programme at 01 478 4122

Cost
Contact coordinators for details.
ASIST (Applied Suicide Intervention Skills Training)

Course Provider
National Youth Council of Ireland

Address
3 Montague Street
Dublin 2
Ireland

Web address
http://www.youth.ie/training

Contact Person(s)
Training Administrator
Training Administrator
01-478 4122
training@nyci.ie

Course aims and objectives
This is a two day intensive, interactive workshop where participants develop their skills through simulations and role-playing in order to become more ready, willing and able to help people at risk of suicide.

Course content
Learning outcomes:
• To recognise that caregivers and persons at risk are affected by personal and societal attitudes about suicide.
• To learn how to discuss suicide with a person at risk in a direct manner.
• To be able to identify risk alerts and develop safe plans related to them.
• To demonstrate the skills required to intervene when a person is at risk of suicide.
• To become familiar with the types of resources available to a person at risk of suicide, including themselves.
• To make a commitment to improving community resources.

This training is available on demand or tailored to need.

Target group
This course is designed for all caregivers which includes professionals, paraprofessionals and lay people. It is suitable for mental health professionals, nurses, physicians, teachers, counsellors, youth workers, police and correctional staff, school support staff, clergy and community volunteers.

Entry requirement
n.a.

Selection procedure
For more details about the course, visit the website
http://www.nycitraining.org/courses/asist-applied-suicide-intervention-skills-training

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
The NYCI also run SafeTALK - a 3.5 hour suicide alertness programme that prepares participants to be suicide alert helpers.
http://www.nycitraining.org/courses/safetalk-0

Course start date
This two day workshop is available on demand. Contact NYCI for details.

Course location
Various locations

Application
Obtain an application form by downloading from the website, or by contacting NYCI's Training Administrator on 01 478 4122 or e-mail training@nyci.ie.

Cost
Contact NYCI for details.
### A10  ECO-UNESCO’s DRUG PREVENTION TRAINING FOR TRAINERS: INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>Contact Person(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECO-UNESCO</td>
<td>Armin Krautgasser</td>
</tr>
<tr>
<td>Address</td>
<td>Drugs Education Officer</td>
</tr>
<tr>
<td>'the greenhouse', 17 St., Andrew St., Dublin 2</td>
<td>01 662 5491</td>
</tr>
<tr>
<td>Web address</td>
<td><a href="mailto:training@ecounesco.ie">training@ecounesco.ie</a></td>
</tr>
<tr>
<td><a href="http://www.ecounesco.ie">http://www.ecounesco.ie</a></td>
<td></td>
</tr>
</tbody>
</table>

**Course aims and objectives**
By the end of the training participants will:
- Be confident in developing an alternative approach to drug misuse prevention through environmental education
- Be confident in facilitating life skill development in young people using interactive education methodologies and motivational activities
- Be able to facilitate personal development in young people through their engagement with the environment (practical project work)
- Be confident and able to use the ECO-CHOICES resource pack (incl. in training fee)

**Course content**
This short course explores an alternative approach to drug misuse prevention using environmental education as a resource for positive personal development of young people.

**Target group**
Community workers, youth workers. This training is particularly suited for those working with “at-risk” young people and SPHE teachers.

**Entry requirement**
Participants do not need to have any prior experience or training.

**Selection procedure**

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
This training was first run in 2006.

**Course start date**
Please contact ECO UNESCO for future dates.

**Course location**
The Greenhouse, 17 St Andrews Street, Dublin 2 (scheduled day trainings). Training at other venues in Ireland can be provided on request to a minimum of 6 and maximum of 20 participants (special group fee applies; contact ECO-UNESCO for details).

**Application**
Details from training@ecounesco.ie or 01 662 5491 or see website for booking form

**Cost**
ECO-UNESCO members - €70.00; Community and voluntary sector - €80.00; Statutory and others - €90.00 (includes ECO-CHOICES resource pack) Two people from the same organisation pay €100
Course Provider
Canal Communities Local Drugs Task Force

Address
c/o Addiction Services, Bridge House, Cherry Orchard Hospital, Ballyfermot, Dublin 10.

Web address
http://www.canalcommunitiesldtf.ie

Contact Person(s)
Clara Faughnan
Drugs Education Co ordinator
01 416 6000
canaleducation@gmail.com

Course aims and objectives
Canal Communities Task Force aims to:
• Reduce the numbers of people turning to drugs in the first instance, through comprehensive education and prevention programmes.
• Provide appropriate treatment and aftercare for those who are dependent on drugs
• Ensure that an appropriate level of accurate and timely information is available to inform the response to the problem.

Course content
Canal Communities education team have organised the following training courses in the past:

• Alcohol education programme
• Hep C & HIV awareness sessions
• Headshop workshop
• Parenting programme
• Community addiction programme
• Drug free option workshop
• “Putting the pieces together” training
• Steroid workshop:
• Harm reduction workshop:
  > Methadone & detox workshop
  > Crack & cocaine workshop
  > Needle exchange workshop

Youth service training:
Canal Communities Regional Youth Service offers support services to youth groups in the Canal Communities. These include training in:
• Child protection
• Basic youth leadership induction training
• First aid
• Fetac accredited skills of a youth leader
• Fetac accredited child development and play
• Peer education

Target group
Those living and working within the Canal Communities area of Dublin.

Entry requirement
Contact Canal Communities LDTF

Selection procedure
For upcoming course information visit http://www.canalcommunitiesldtf.ie/?page_id=241

Qualification
Not applicable

Assessment
n.a.

Accreditation
n.a.

Course background
Canal Communities have run courses and workshops for a number of years.

Course start date
Contact Canal Communities LDTF education team about upcoming courses.

Course location
Dublin 8

Application
Contact Canal Communities LDTF

Cost
Contact Canal Communities LDTF
**Course Provider**  
HOPE (Hands On Peer Education)  

**Address**  
Killarney Court, Buckingham Street, Dublin 1  

**Web address**  
http://www.nicdtf.ie  

**Contact Person(s)**  
Irene Crawley  
Manager  
01 887 8404  
hopehandson@yahoo.ie or hopehandson@gmail.com  

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**Course aims and objectives**  
Aim: Raise awareness of alcohol and drug use and related issues  
Objectives:  
• For participants to become familiar with the process of addiction  
• To gain knowledge of different drugs and their effects  
• To become familiar with early detection and intervention  
• Information on treatment and support available  

**Course content**  
• Introduction to basic concepts of addiction  
• Detection of early signs and symptoms  
• Familiarisation with commonly used drugs and alcohol  
• The family in addiction  
• Treatment models  
• Intervention skills  
• Prevention with youth  
• Role play, film and speakers  

**Target group**  
The course is open to anyone in the community  

**Entry requirement**  
Aged 18 or over  

**Selection procedure**  
Telephone interview  

**Qualification**  
Certificate of attendance  

**Assessment**  
Group assessment at end of course  

**Accreditation**  
n.a.  

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**Course background**  
This course runs several times a year, or as requested by local groups.  

**Course start date**  
The course is 16 hours and can be structured as requested.  

**Course location**  
Various  

**Application**  
Details from contact person listed above  

**Cost**  
Free for members of the community; a donation may be requested from professionals.
DRUG AND ALCOHOL AWARENESS TALK FOR PARENTS

**Course Provider**
HOPE (Hands On Peer Education)

**Address**
Killarney Court, Buckingham Street, Dublin 1

**Web address**
http://www.nicdtf.ie

**Contact Person(s)**
Irene Crawley
Manager
01 887 8404
hopehandson@yahoo.ie or hopehandson@gmail.com

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**Course aims and objectives**
Aim: Raise awareness of alcohol and drug use among young people
Objectives: For participants to gain a brief overview of the process of substance use, drugs and their effects, intervention, treatment and support available

**Course content**
Brief description of:
- Process of addiction
- Alcohol, cannabis and solvent use
- Signs and symptoms
- Prevention tips with youth
- Support and further information available

**Target group**
Members of the community

**Entry requirement**
Parents of school child/children

**Selection procedure**
None. Courses are run at the request of school principal, youth or community group.

**Qualification**
n.a.

**Assessment**
Feedback from group leader

**Accreditation**
n.a.

**Course background**
This course was begun in 2005, and will be run as requested.

**Course start date**
Two-hour talk, daytime or evening

**Course location**
Local schools / youth or community groups

**Application**
Details from contact person listed above

**Cost**
Free
# Course Provider
HOPE (Hands On Peer Education)

# Address
Killarney Court, Buckingham Street, Dublin 1

# Web address
http://www.nicdtt.ie

# Contact Person(s)
**Irene Crawley**  
Manager  
01 887 8404  
hopehandson@yahoo.ie or hopehandson@gmail.com

## Course aims and objectives
**Aim:** This is a parenting course with a focus on drug/alcohol prevention.  
**Objectives:** To combine parenting skills with education around drugs issues

## Course content
- Parenting skills
- Introduction to basic concepts of addiction
- Familiarisation with commonly used drugs and alcohol
- The family in addiction
- Games, film and speakers

## Target group
Parents, grandparents, those working with children

## Entry requirement
Have children in your care, either professionally or personally

## Selection procedure
Telephone interview

## Qualification
n.a.

## Assessment
Group

## Accreditation
n.a.

## Course background
The H.O.P.E. project offers a first point of contact for those wishing to become drug free, and support to their families. Our Community Detox programme consists of assessment, referral, drug screening, counselling, holistic therapies, access to treatment and rehabilitation, follow on care and advocacy. The project develops and delivers a range of drug / alcohol educational programmes for youth and adults in the North Inner City.

## Course start date
Various

## Course location
Details from contact person listed above

## Application
Details from contact person listed above

## Cost
Free
UNDERSTANDING AND RESPONDING TO SELF-INJURY: A HARM-REDUCTION APPROACH

Course Provider
School of Social Work and Social Policy, Trinity College Dublin

Address
School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2

Web address
http://www.tcd.ie/Social_Studies

Course aims and objectives
This eight-week certified and IASW accredited training course is based on a holistic and harm-reduction approach to self-injury and is the first of its kind to be run in Ireland.

The course provides an in-depth programme and draws on the latest research and developments in the field. It takes a broad, holistic and critical view, enabling participants to understand and apply best-practice responses suited to their particular setting and to work intensively on knowledge, skills, practice and policy development for their field. The course is based on a group learning and participant-centred approach and participants leave the course highly resourced in terms of their own practice and also as leaders and developers of innovative responses in their field.

Course content
The course includes modules on:
• Self-injury: definitions, problems, positions
• Embodiment, well-being and the functions of self-injury
• An in-depth, life-course approach to self-injury
• Active listening and facilitating recovery
• Critical mental health
• Harm-reduction
• Creative interventions
• Policy development

Target group
Those with an interest in this area.

Entry requirement
Previous educational and work experience in a related field is desirable.

Selection procedure
For more information on the course visit
www.tcd.ie/courses/preview/esc/az/course.php

Qualification
Certificate

Assessment
There are total of 52 teaching hours and two assignments. Full attendance and completion of assignments in mandatory for certification.

Accreditation
The course is credited with a certificate from the School of Social Work and Social Policy, TCD. It has also been assessed by the IASW and awarded 12 CPD points.

Course background
See website for more details.

Course start date
The course runs bi-annually commencing the first week of October and the second week of March each year.

Course location
Trinity College Dublin

Application
For a registration form contact Dr Kay Inckle, kinckle@tcd.ie, 01 896 2991, or by post to the School of Social Work and Social Policy.

Cost
€650 for the eight weeks
Course Provider
Cork City Partnership Community Outreach Drug Awareness Project

Address
Cork City Partnership Ltd.
Level 1, Heron House
Blackpool Retail Park
Blackpool Cork City

Web address
http://www.corkcitypartnership.ie

Contact Person(s)
Jacqueline Daly
Community Development Worker
021 430 2310
jdaly@partnershipcork.ie

Mella Magee
Community Development Worker
021 430 2310
mmagee@partnershipcork.ie

Course aims and objectives
The course is designed for those who would like to increase their knowledge and train as parents / carers to be a barrier between children (aged 7-13) and the influence of today’s so called “toxic culture”.

Course content
The training delivers 16 hours of video based workshops, generally run over four weeks.
1: “Toxic culture” explores the culture that young people are exposed to and “Put yourself in the way”, how to get involved in your young person’s life.
2: “Awareness is your best friend” concentrates on listening to your intuition as a parent and “Remember the difference” adolescence is a middle ground between childhood and adulthood.
3: “Expect and inspect” and “Never cry alone”. focus on sharing the bad times as well as the good times with your teenager and this aims to help them deal with feelings rather than masking them through the use of alcohol and drugs.
4: “Traps to avoid” explores seven traps for parents that they should avoid: wealth without work, love without limits, adulthood without childhood, education without character, entertainment without conscience, freedom without vision. The session also looks at “Building a family vision”: working with your children to help them reach their goals and dreams.

Target group
Parents or carers living in Cork city community.

Entry requirement
Applicants must be over 18 and parents / carers.

Selection procedure
Groups of parents and those working with them can apply for training to the Community Project. Parents can also self-refer.

For more information see
corkcitypartnership.ie/alcohol-and-drug-awareness-and-education/

Qualification
Certificate on completion of 16 hours training.

Assessment
Full attendance is requested

Accreditation
n.a.

Course background
This course is a response to the needs of local community groups with regard to an opportunity to acquire more skills in the area of non-formal guidance.

Course start date
By arrangement

Course location
Community settings in Cork city

Application
Details and form from co-ordinators
Cost
n.a.
Course Provider
Addiction Response Crumlin

Address
101 Cashel Road, Crumlin, Dublin 12

Web address
http://www.addictionresponsecrumlin.ie

Contact Person(s)
Education Team
01 411 3222
info@addictionresponsecrumlin.ie

Course aims and objectives
Teach Tearmann, runs morning and afternoon programmes in Rehabilitation, Education and Training.

Course content
The service provides group support, structured activities, relapse prevention, etc.

Target group
People in recovery from Dublin 12.

Entry requirement
The programmes are available to individuals from the Dublin 12 area only.

Participants must be at least 3 months stable on methadone i.e. giving clean samples that is, a sample without any cocaine, heroin, benzos, hash traces, etc. Participants must present with a letter from their medical team confirming 3 months clean samples.

Selection procedure
Individuals wishing to access this programme will be asked to furnish a letter from the medical service stating that they are suitable for this programme and have been stable on their medication for 3 months.

Individuals can be referred by the team of ARC to the programme.

Contact Teach Tearmann to make an appointment for an assessment:
Teach Tearmann - 160a Sunshine Industrial Estate, Crumlin, Dublin 12; 01-4113222 roselynch@addictionresponsecrumlin.ie or joekearney@addictionresponsecrumlin.ie

The team also run ‘Phoenix programme’ a stabilisation progression route into the main programme. See the website for details http://www.addictionresponsecrumlin.ie/education.html

Qualification
Not applicable

Assessment
n.a.

Accreditation
n.a.

Course background
See website for more information.

Course start date
Programmes run from Monday to Friday. There are two programmes: 9.15am-1.15pm and 1.30pm-5.30pm daily.

Course location
Teach Tearmann, Dublin 12

Application
Contact Teach Tearmann to make an appointment for an assessment:

Cost
All service users are entitled to a FAS allowance as the programme is a special Community Enterprise Scheme. Although there is an induction period during which service users do not receive any payment, they can still claim the social welfare payments.
**Course Provider**
Ag Eisteacht

**Address**
2nd Floor, No 24 South Bank, Crosses Green, Cork

**Web address**
http://www.ageisteacht.com/

**Contact Person(s)**
Terri O’Sullivan
021 5005915
terri@ageisteacht.com

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**Course aims and objectives**
Brief Encounters® has been developed to equip frontline workers with the knowledge, skills and confidence to offer preventive interventions as part of routine care of individuals and families.

**Course content**
By the end of the course you will be able to:

- Display enhanced diagnostic sensitivity and awareness of ways in which difficulties emerge
- Employ the skills, guidelines and boundaries of the brief intervention model, Brief Encounters® to make an effective, time-limited interventions
- Draw creatively upon the evidence-based information and theoretical background to relationship problems provided in the course, in order to gain insight into someone's difficulties
- Describe how to use the insight into the relationship difficulties with the skills of the brief intervention model to involve individuals in a satisfactory ending, checking out options for change and future support
- Assess the impact of the part one's own personal experiences and attitudes play, particularly when responding to difficult issues

The 3 days training is led by two Ag Eisteacht trainers, and is divided into Day 1 followed by Days 2 and 3, two weeks later.

During the course, there are opportunities for in-depth skills practice, in addition to input on relationships using research and evidence-based information. Attention is given to the different ways in which adults learn so visual, auditory and experiential methods are used

**Target group**
In your work you may find that you are often ‘turned to’ for support when service users experience problems and are in distress. This programme will help you engage with service users under stress, assess their needs, respond in a sensitive and proactive way, manage time effectively and look after yourself:

**Entry requirement**
Suitable for frontline workers.

**Selection procedure**
Brief Encounters® is delivered through the following formats:
3 Day Course / Blended Learning / Training for Associate Trainers

See website
www.ageisteacht.com/briefencounters.html

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
Ag Eisteacht provide accredited evaluated evidence-based training for those working with individuals, families, communities and organisations. Our focus is on early intervention and opportunities to support and empower individuals, thus enhancing relational, family and child well-being.
**Course start date**

**Course location**
Maryborough House, Douglas, Cork, and The Wisdom Centre, Cork Street, Dublin 8

**Application**
For further information or to book a course please call us on 021 500 5915 or visit www.ageisteacht.com

**Cost**
A subsidised price of €200 is available for 2015.
A19

HOW TO ARGUE BETTER. A resource for working with parents in conflict.

Course Provider
Ag Eisteacht

Address
2nd Floor, No 24 South Bank, Crosses Green, Cork

Web address
http://www.ageisteacht.com/

Contact Person(s)
Terri O’Sullivan

021 5005915
terri@ageisteacht.com

Course aims and objectives
To help support mothers, fathers and others in a parenting role to deal with conflict, whether they are married, cohabiting, in civil partnership or separated. This course will equip you with knowledge and understanding of parental conflict and its impact on children and provide you with the resources to help parents to manage conflict better thus having a positive outcome for children.

The emphasis is on early intervention and prevention of relationship distress. Research has found that when people experience relationship problems they are most likely to turn to a friend, colleague or support worker for help. The course will help you work with parents individually or in groups.

Course content
A Blended Learning Approach: An interactive e-learning module "Understanding Conflict in Relationships" followed by a one day facilitated skills-based workshop delivered by two Ag Eisteacht trainers.

The training will help you:
• Understand conflict in relationships and its causes
• Recognise different types of conflict; how people respond differently
• Understand the impact of conflict on children
• Provide you with a tool kit to help you work with individuals, couples or group participants so that they can deal with conflict in ways that reduce harmful effects on their children.

Target group
Those working with parents and children.

Entry requirement
n.a.

Selection procedure
For more details about the course, visit the website www.ageisteacht.com/argue.html

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Ag Eisteacht provide accredited evaluated evidence-based training for those working with individuals, families, communities and organisations. Our focus is on early intervention and opportunities to support and empower individuals, thus enhancing relational, family and child well-being.

Course start date

Course location
Cork and Dublin

Application
Please contact Patsy at patsy@ageisteacht.com or 021 5005915

Cost
Subsidised price - €125
Course Provider
Southside Community Training Network

Address
The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin

Web address
http://www.trainingnetwork.ie/

Contact Person(s)
Sandra Campbell
01 209 0610
sandra.campbell@sspship.ie

Course aims and objectives
Southside Community Training Network (SCTN) focuses on building community capacity through the provision of quality, affordable training courses to individuals and groups working within Dún Laoghaire-Rathdown.

Course content
The SCTN have organised the following training courses in the past:

Alcohol and its effects on our community
Designed to entertain, provoke and educate this workshop will invite those attending to explore the world of a 12 year old girl to cope with the worries and fears of living in a world where alcohol abuse is the norm. The workshop will start off with a short 30 minute play

Community addiction studies course (a one module course at FETAC level 5)
The purpose of this course is to enable participants to learn about drugs and their effects, develop an understanding of addiction, examine their own attitudes, become more effective in their personal responses and develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

Drug awareness training course
This course is suitable for those 18 years and over who are interested in learning about drugs and their effects, both on the individuals who use them and the wider community. The course runs for six consecutive weeks and a Certificate of Attendance will be given to participants on completion.

Motivational Interviewing (Introduction course)
Participants will acquire a solid base of MI theory, explore MI spirit, investigate opening strategies, intervention traps, explore resistance, develop and integrate skills and techniques to progress competency. This workshop will benefit any professionals working with people where behaviour change would be favourable.

Managing organisations in the community sector National College of Ireland and Citywide Drugs Crisis Campaign, have offered this part-time work-based course. It has been developed for front line managers of community based drug projects who wish to develop their knowledge to successfully manage and lead in this complex and challenging environment.

Parachute programme
A one-day training event for the delivery of Drug Misuse Prevention through play for 5-12 year olds. The programme is divided into three age appropriate modules which are based on the use of play to explore the ideas of: self esteem, staying safe, being healthy, being aware of drugs

Two day training in drug prevention & education.
• Quality standards in substance use education
  The Manual was developed by the Drug Education Workers Forum as a way of standardising substance use education within the community, voluntary and statutory sector. Standards within substance use education may include educational programmes, policies and guidelines.

• Putting the pieces together: a drug & alcohol resource for trainers
  The aim of the Manual is to provide a practical approach to working with young people (in an out of school setting), parents and communities
affected by drug use. The objectives are to increase knowledge and understanding, challenge attitudes, develop skills in delivering substance use education, and give an introduction into the use of brief interventions.

Target group
SCTN courses are open to all those living or working within Dún Laoghaire-Rathdown. Priority will be given to those who work within areas and communities of disadvantage.

Entry requirement
n.a.

Selection procedure
Visit the website for details about upcoming courses http://www.trainingnetwork.ie/

Qualification
Not applicable

Assessment
n.a.

Accreditation
n.a.

Course background
We organise training based on the needs of the organisations with which we work. Since we work with a diversity of organisations, our calendar is diverse. Courses are often on issues related to childcare, accounting, grant-writing, web work and health and safety, as well as around topics, like substance abuse or domestic violence.

Many of our courses are FETAC (or otherwise) accredited. Our trainers are experts in their fields. SCTN pays full price for the training and charges the learner a greatly reduced, subsidised price.

Course start date
Contact SCTN or see website for details.

Course location
All of our training will take place within the local community (Dun Laoghaire/Rathdown) to facilitate easy access. If a group has an interest in any particular course, we will make every effort to accommodate their request.

Application
Contact SCTN

Cost
Details from SCTN. Dun Laoghaire Rathdown Task Force provide some education bursaries for recovering drug users resident in their area. Please see http://dlrdrugtaskforce.ie/ for details.
Course aims and objectives
The aims of the 2 day drink driver education course are:
• to enable participants to gain an understanding of the issues of drinking alcohol and driving. This information will assist the learners in making informed, positive future choices.
• to explain the impact of new legislation
• to outline the process involved in being arrested with a charge of driving under the influence of alcohol, and the possible consequences of this happening.
• to understand the effect alcohol has on the body and brain. This information includes up to date knowledge based on scientific evidence which will again assist the learners in making informed, positive future choices.
• to demonstrate to attendees the effect drink driving can have on the families of victims
• to give attendees details on how to apply for their license back and how to appeal for a reduction in sentence

Course content
Throughout the course learners will have the opportunity to explore the above learning outcomes through presentations, group work and scenarios. They will also be given a forum to discuss the various topics raised within the sessions and every student will receive a copy of the presentation given on the day.

Through discussion the workshop will explore the common myths surrounding alcohol and its effects on driving and show that such myths are not fact based. All attendees will be given the Lecturers’ contact details, encouraged to contact the Learning Curve should issues or questions concerning the workshop content arise in the future.

Target group
Although the course is aimed at convicted drink drivers who have been requested by a Judge to attend a drink driver education course it is open for participation by anyone who is interested in attending.

Entry requirement
See above.

Selection procedure
For more information on the course, visit http://www.thelearningcurve.ie/content/drink-driver-education-course

Qualification
Attendees will receive a certificate of attendance entitled “Drink Driver Education Course” from The Learning Curve Institute.

Assessment
No formal assessment

Accreditation
n.a.

Course background
In September 2010 Judges in Irish District Courts were given a new sentencing option where convicted drink drivers could be required to attend a Drink Driving Education Course as part of their sentence. This course is aimed specifically at convicted drink drivers and it will help drivers to separate alcohol use from driving. The course is not meant to help attendees to give up alcohol and it is not a counselling service.

The Learning Curve Institute offers a thorough 2 day drink driving education course for convicted drink drivers and research in the area has shown that education and awareness courses of this nature reduce repeat offending and therefore lead
to a safer environment on our roads and less road deaths as a result of drink driving.

**Course start date**
Please contact the Learning Curve for future dates

**Course location**
This course is delivered in the following locations at different stages throughout the year: •Dublin •Donegal •Sligo •Mayo •Galway •Limerick

**Application**
Contact the Learning Curve Institute

**Cost**
€199
Course aims and objectives
The core content of the programme is an introduction to counselling skills and is specifically designed to assist participants in identifying their own level of counselling skills and to build on these.

The programme is highly interactive with a mix of role-plays, group discussion and smaller group exercises. The aim of the programme is to assist those working in the area of addiction to underpin existing skills and build on and expand these skills throughout the course.

Course content
Learning outcomes
1. To equip students with the tools to enable them to develop their own counselling skills.
2. To build on and expand existing knowledge within the group.
3. To enhance confidence in participants use of basic counselling skills.
4. To provide space and time for participants to use the following key counselling skills:
   • Listening
   • Looking (non verbal communication)
   • Analysing (why is this person looking for help and what do they see as the problem)
   • Use of open-ended questions
   • Reflective listening
   • Summarising
   • Empathy
   • Paraphrasing

Target group
This programme is aimed at people who are already working in the area of addiction and wish to improve their counselling skills.

Entry requirement
Participants are required to have worked in or to be currently working in the field of addiction.

Selection procedure
For more information on this course, visit http://www.thelearningcurve.ie/content/basic-counselling-skills-addiction-workers

Qualification
Certificate in Basic Counselling Skills for Addiction Workers from The Learning Curve Institute.

Assessment
Continuous assessment of role plays and listening exercises.

Accreditation
The Learning Curve Institute

Course background
See the website.

Course start date
1-2 days depending on level needed. Courses are run as requested. Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information.

Course location
The course is run in various locations Castlebar, Co. Mayo. Sligo, Co. Sligo. Galway City.

Application
Contact Learning Curve or apply online.

Cost
To be determined.
A23 INTRODUCTION TO SOLUTION FOCUSED BRIEF THERAPY (SFBT)

Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
The aim of this two day workshop is to introduce the theory and practise of Solution Focused Brief Therapy. The objective of the two days is to provide the theory of Solution Focused Brief Therapy and the space to practice the skills associated with Solution Focused Brief Therapy.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Solution Focused Brief Therapy appropriate to this level. In each session students will have the opportunity to observe and practice Solution Focused Brief Therapy through role-plays and scenarios provided by the lecturer.

Target group
n.a.

Entry requirement
No specific entry requirements

Selection procedure
For more information about the course and booking, see http://www.thelearningcurve.ie/introduction-solution-focused-brief-therapy

Qualification
Certificate in Introduction to Solution Focused Brief Therapy from The Learning Curve Institute.

Assessment
Assessment will be carried out through continuous assessment of role plays and listening exercises.

Accreditation
The Learning Curve Institute.

Course background
Solution-Focused Brief Therapy (SFBT) is a short-term goal-focused therapeutic approach which helps clients change by constructing solutions rather than dwelling on problems. Elements of the desired solution often are already present in the client’s life, and become the basis for ongoing change. The therapist intervenes only to the extent necessary, with treatment usually lasting for less than six sessions. SFBT was developed by Steve de Shazer, Insoo Kim Berg, and the team at the Brief Family Therapy Center of Milwaukee, Wisconsin, in the mid-1980's.

The Solution Focused Brief Therapy training workshop is designed and delivered by Sean Foy, Head of Addiction and Counselling at The Learning Curve Institute. An intermediate course: www.thelearningcurve.ie/intermediate-level-solution-focused-brief-therapy and advanced course are also offered www.thelearningcurve.ie/advanced-level-solution-focused-brief-therapy

Course start date

Course location
Dublin. Workshops and in house training courses on Solution Focused Brief Therapy can also be run as requested for groups of staff or organizations.

Application
Book online at the URL above

Cost
€199
Course aims and objectives
The objective of this two day workshop is to provide the theory of motivational interviewing and the space to practice the skills associated with Motivational Interviewing.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Motivational interviewing. In each session students will have the opportunity to observe and practice Motivational Interviewing through role-plays and scenarios provided by the lecturer.

Target group
People who wish to develop their understanding and skills of MI.

Entry requirement
None

Selection procedure
None. For more information and booking see http://www.thelearningcurve.ie/introduction-motivational-interviewing

Qualification
Certificate in An Introduction to Motivational Interviewing from The Learning Curve Institute

Assessment
Assessment will be carried out through continuous assessment of role plays and exercises

Accreditation
The Learning Curve Institute

Course background
Developed by Miller and Rollnick. Motivational Interviewing is a client-centered approach that elicits behavioral changes by assisting individuals to explore and resolve ambivalence. This approach is especially helpful with individuals who are less motivated. Research has shown Motivational Interviewing to be helpful with a wide range of client groups and issues. This two day course will equip the attendees with a sound understanding of Motivational Interviewing theory and skills.

The Learning Curve also provide an intermediate course in MI: www.thelearningcurve.ie/intermediate-level-motivational-interviewing and an advanced course: www.thelearningcurve.ie/advanced-level-motivational-interviewing

Course start date
17 Sep - 18 Sep 2015 (9:30-4:30). Dublin. Closing date for applications 10 September 2015. Contact the Learning Curve for future dates. Motivational Interviewing workshops are also run as requested.

Course location
All Hallows College, Dublin; and other locations around the country.

Application
Book online at the URL above

Cost
€199
COGNITIVE BEHAVIOURAL THERAPY

Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
The aim of this one day workshop is to provide an overview of CBT and the space to practice the skills associated with this approach.

There will be “real” scenarios taken from the group and then worked on using the skills and principles of CBT, this is done to enhance the learning experience and to make the connection between the theory and practice of CBT.

Course content
Methods used will be:
• Participative: Participants will be asked to contribute to the training in large and small groups. There will be exercises throughout the training designed for the group to be split up into smaller groups.
• Experiential: Training allows participants to contribute by using examples of anonymous clients that they have worked with.
• Theory into practice: Training will allow some role plays that will encourage participants to put the theory into practice.
• Information giving: There will be handouts and information on relevant reading that will be distributed at each days training.
• Worker led: Training will be flexible to the needs of the group.

Target group
Those interested in learning more about CBT.

Entry requirement
None

Selection procedure
For more course information visit http://www.thelearningcurve.ie/cognitive-behavioural-therapy

Qualification
Certificate of Attendance in - An Introduction to Cognitive Behavioural Therapy - CBT.

Assessment
Continuous assessment of role plays and exercises.

Accreditation
The Learning Curve Institute

Course background
Cognitive-behavioural therapy is a therapeutic therapy which can influence problematic and dysfunctional cognitions, behaviour and emotions by using a goal-oriented, systematic procedure conducted through individual weekly sessions.

It is based on the idea that our thoughts cause our feelings and behaviors, not external things, like people, situations, and events. We can change the way we think to feel / act better even if the situation does not change.

Course start date
Dublin, All Hallows College, 28 May - 29 May 2015 (9:30am to 4:30pm.)

Course location
Dublin. It can also be offered on-site to groups or organizations.

Application
View the course website page.
Cost

€199
Key Working, Care Planning and Case Management

Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
The aim of this 2 day workshop is to:
• Enable participants to formulate a care plan with a complex client.
• Identify and, where appropriate, fill gaps in services with clients.
• Provide information to participants in relation to assessment, care planning and support for clients.
• Cover best practice in relation to recording of information.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Key Working and Case Management appropriate to this level. In each session students will have the opportunity to observe and participate in role-plays and discussions on key working and case management.

Target group
Workers in the drugs area.

Entry requirement
No specific entry requirements

Selection procedure
For more information or to book, see the website www.thelearningcurve.ie/keyworking-care-planning-case-management

Qualification
Certificate in Keyworking, Care Planning and Case Management from The Learning Curve Institute.

Assessment
Assessment will be carried out through continuous assessment of role-plays and group exercises.

Accreditation
The Learning Curve Institute

Course background
This course is a 2 day training workshop delivered from 9:30 to 4:30 on a Thursday and Friday. This programme is designed to provide an overview of key working, care planning and case management. Key working is the simple process of working with clients to achieve their goals and part of this process is effective case management, in essence the two go hand in hand.

There will be examples of best practice in relation to key working and case management and practical examples given to develop theory into practice. Above all this programme is a practical application of relevant theory in relation to key working and case management.

The Learning Curve Institute was contracted by The HSE to deliver training on these topics as part of The National Addiction Training Programme in 2011/2012 and therefore possesses in depth knowledge of both the content and the training delivery. The last course in Dublin in December sold out very quickly so early booking is advisable.

Courses are also run as requested in house to groups where these two subjects can also be split into separate 2 day modules on each subject should this be required. In order to maximise learning groups will be limited to a maximum of 16 students per course.
Course start date
Dublin: 12 Nov - 13 Nov 2015, 9.30-4.30, Closing date for applications 5 November 2015

Course location
Limerick Education Centre and Dublin, All Hallows College, Dublin 9. This course is also offered in house to groups when requested. Please contact the Learning Curve Institute for more details.

Application
Contact the Learning Curve

Cost
€199
Course aims and objectives
The aim of this 1 or 2 day workshop is to enable participants to identify and use specific interventions such as: identification of high-risk situations for each client, enhancing the client’s coping skills for these situations, increasing the client’s self-efficacy, eliminating myths regarding alcohol’s effects, managing lapses, and restructuring the client’s perceptions of the relapse process.

Global strategies comprise balancing the client’s lifestyle and helping him or her develop positive addictions, employing stimulus control techniques and urge-management techniques, and developing relapse road maps.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of Relapse Prevention appropriate to this level. In each session students will have the opportunity to observe and practice Relapse Prevention techniques through role-plays and scenarios provided by the lecturer.

Target group
Those who wish to know more about relapse prevention

Entry requirement
No specific entry requirements.

Selection procedure
For more information about the course visit http://www.thelearningcurve.ie/content/relapse-prevention

Qualification
Certificate in Relapse Prevention from The Learning Curve Institute

Assessment
Assessment will be carried out through continuous assessment of role-plays and group exercises.

Accreditation
The Learning Curve Institute

Course background
Good relapse prevention work is key amongst addiction professionals. This programme is designed to meet the needs of those working within the addiction field in relation to this area by following the specific model of relapse prevention of Marlatt and Gordon and covering some practical applications of this model.

This model proposed suggests that two issues come into play when looking at Relapse Prevention, namely immediate determinants (e.g., high-risk situations, coping skills, outcome expectancies, and the abstinence violation effect) and covert antecedents (e.g., lifestyle factors and urges and cravings) can all contribute to relapse.

Course start date
Courses are run as requested. See the website for planned dates.

Course location
Various locations in Ireland

Application
Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information or book online.

Cost
€199
Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
This programme is designed to provide an overview of alcohol use/abuse both in Ireland and internationally. There will be examples of best practice in relation to alcohol from both an abstinence viewpoint and a harm reduction viewpoint. Practical examples will be given to develop theory into practice. Above all, this programme is a practical application of relevant theory and evidence-based practice in relation to alcohol use/abuse.

The aim of this 1-2 day workshop is to enable participants to:
1. Become aware of the effects of alcohol, both short term and long term.
2. Formulate a care plan/action plan with clients who are alcohol dependent.
3. Formulate a care plan/action plan with clients who are abstinent.
4. Become aware of the process of withdrawal and possible consequences.
5. Become aware of international best practice in the area of alcohol.

Course content
Students will receive handouts and relevant literature to enable them to develop their understanding of alcohol awareness appropriate to this level. In each session, students will have the opportunity to observe and participate in role-plays and discussions on alcohol use and its management, both in residential settings and in the community.

Target group
Those interested in the subject.

Entry requirement
No specific entry requirements.

Selection procedure
None.

For further information on this course, visit www.thelearningcurve.ie/alcohol-awareness

Qualification
Certificate in Alcohol Awareness from The Learning Curve Institute

Assessment
Assessment will be carried out through continuous assessment of role-plays and group exercises.

Accreditation
The Learning Curve Institute

Course background
See the website for details.

Course start date
Courses are run as requested. Contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information.

Course location
This course is offered in various locations. It can also be offered on-site to groups or organizations.

Application
Please contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

Cost
To be confirmed.
**Course aims and objectives**
This programme is designed to assist organizations in the development of their drug and/or alcohol policy.

The aim of this 1-2 day workshop is to enable participants to become aware of some of the issues present in policy development relating to drugs and alcohol. It is designed to have an end product, a “mock” policy, developed by the group. In reality this will be group led with approximately 4-5 people in each group producing a relevant policy. The overall aim of the programme is to allow space and time regarding the development of an alcohol/drug policy.

**Course content**
Learning outcomes:
To build on and expand existing knowledge in relation to Policy Development within the group.
To enhance confidence in participants in relation to their understanding of formulating a policy and its impact on their organisation. To enhance participants awareness of the process of policy development in the area of substance misuse. To allow space and time for participants to look at their own policies in relation to alcohol/drug use/abuse and to develop best practice.

**Target group**
Those wishing to develop drug and/or alcohol policies.

**Entry requirement**
No specific entry requirements

**Selection procedure**
None.

For more information on this course, visit the website:

[http://www.thelearningcurve.ie/content/drug-and-alcohol-policy-development](http://www.thelearningcurve.ie/content/drug-and-alcohol-policy-development)

**Qualification**
Certificate in Drug and Alcohol Policy Development from The Learning Curve Institute.

**Assessment**
Assessment will be carried out through continuous assessment of role-plays and development of a "mock" policy and group exercises.

**Accreditation**
The Learning Curve Institute

**Course background**
See the website for more information.

**Course start date**
1-2 day workshop depending on level needed. Courses are run as requested. Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for further information.

**Course location**
Courses are run in various locations.

**Application**
Contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie

**Cost**
€240 (to be confirmed)
**Course aims and objectives**
The aim of this 1-2 day workshop is to enable participants to:
1. Define harm reduction as an approach.
2. Understand the approach from an Irish perspective and also on a broader global level.
3. Understand the historical and social contexts out of which harm reduction emerged and how harm reduction fits into an international human rights agenda.
4. Identify and adopt the general principles of harm reduction
5. Understand harm reduction models of intervention and their applications.
6. Describe the different drugs of abuse, their various routes of administration, their effects, and potential harms.

**Course content**
The main characteristics of Harm Reduction are Pragmatism, Humanistic Values, Focus on Harms, Balancing Costs and benefits and Hierarchy of goals. Throughout this programme there will be an emphasis on practical approaches to harm reduction and the historical context within which it sits. Some local, national and international examples will be given and there will be structured discourse on the pros and cons of harm reduction.

Learning outcomes: To build on and expand existing knowledge in relation to Harm Reduction within the group. To enhance confidence in participants use of Harm reduction strategies. To allow space and time for participants to look at their own practice in relation to Harm Reduction and discuss clients that they have had or are currently working with (suitably anonymous) in relation to a Harm Reduction approach.

**Target group**
Those with an interest in harm reduction.

**Entry requirement**
No specific entry requirements

**Selection procedure**
For more information about the course, visit http://www.thelearningcurve.ie/content/harm-reduction

**Qualification**
Certificate in Harm Reduction from The Learning Curve Institute

**Assessment**
Assessment will be carried out through continuous assessment of role-plays and group exercises.

**Accreditation**
n.a.

**Course background**
See website.

**Course start date**
Courses are run as requested. 1-2 day workshop depending on level needed. Please contact The Learning Curve Institute on 098 25530 or at info@thelearningcurve.ie for dates.

**Course location**
Courses are run in various locations

**Application**
Please contact The Learning Curve Institute, or visit the website

**Cost**
€240 (to be confirmed)
Course aims and objectives
This training programme will explore the area of conflict as it arises with clients and ways of dealing with this issue. It will allow time and space for participants to strengthen and underpin existing knowledge in relation to this area.

The aim is to build students knowledge and understanding of conflict.

Course content
The methodology used in this training will be a combination of the following:

Participative: The participants will be asked to contribute to the training both in the large group and also in smaller ones. There will be a number of exercises throughout the training that are designed for the group to be split up into smaller groups.

Experiential: The training will allow participants to contribute by using examples of anonymous clients that they have worked with or are currently working with.

Theory into practice: The training will allow some role plays that will encourage participants to put the theory into practice.

Information giving: There will be handouts and information on relevant reading that will be distributed at each days training.

Worker led: The training will be flexible to the needs of the group.

Target group
Those with an interest in dealing with conflict.

Entry requirement
No specific entry requirements.

Selection procedure
See course website: www.thelearningcurve.ie/node/223

Qualification
Certificate of Attendance in “Dealing with Conflict” from The Learning Curve Institute.

Assessment
Assessment will be carried out through continuous assessment of role plays and listening exercises.

Accreditation
The Learning Curve Institute.

Course background
The Learning Curve Institute will distribute a unique pre-course questionnaire to each participant in order to ensure the training meets the needs of everyone in the room and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

The Learning Curve Institute also offers a bespoke post course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

The Learning Curve also provide a course in anger management: www.thelearningcurve.ie/anger-management

Course start date
19 Nov - 20 Nov 2015, 9.30am - 4.30pm
Course location
Dublin, All Hallows College

Application
Please contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information

Cost
To be determined
Course aims and objectives
The aim of this workshop is to raise awareness among participants of the various drugs, both legal and illegal, that are available at the present time in their area. Participants will be presented with a wide range of information on various drugs, including alcohol, and the categories into which they fall. This is to inform participants of the effects of drugs and signs and symptoms of a person who may be using various types of drugs.

The workshop will enable participants to:
1. Become aware of the effects of alcohol and drugs, both short term and long term.
2. Formulate a care plan/action plan with clients who are alcohol or drug dependent
3. Formulate a care plan/action plan with clients who are abstinent
4. Become aware of the process of withdrawal and possible consequences
5. Become aware of international best practice in the area of alcohol and drugs.

Course content
The methodology used in this training will be a combination of the following:

Participative: The participants will be asked to contribute to the training both in the large group and also in smaller ones. There will be a number of exercises throughout the training that are designed for the group to be split up into smaller groups.

Experiential: The training will allow participants to contribute by using examples of anonymous clients that they have worked with or are currently working with.

Theory into practice: The training will allow some role plays that will encourage participants to put the theory into practice.

Information giving: There will be handouts and information on relevant reading that will be distributed at each days training.

Worker led: The training will be flexible to the needs of the group.

Target group
The programme is highly interactive with some group exercises and scenarios and is aimed at participants who wish to expand their knowledge of alcohol and drugs and their use/misuse. Practical examples will be given to develop theory into practice. Above all this programme is a practical application of relevant theory and evidence based practice in relation to drug and alcohol use/abuse.

Entry requirement
None

Selection procedure
See the course website for more information: www.thelearningcurve.ie/substance-misuse

Qualification
Certificate of attendance in Substance Misuse from The Learning Curve Institute.

Assessment
None

Accreditation
The Learning Curve

Course background
The Learning Curve Institute offers a unique post course support system whereby students are provided with the contact details of the lecturer
and are free to contact him/her with any questions they may have or that they would like the lecturer to help them with.

**Course start date**
1 or 2 days depending on client need. Contact The Learning Curve.

**Course location**
Various locations

**Application**
Please contact The Learning Curve Institute on 098 25530 or info@thelearningcurve.ie for more information.

**Cost**
To be confirmed.
**INTRODUCTION TO ADDICTION STUDIES**

**Course Provider**  
Urrus/The Ballymun Youth Action Project

**Address**  
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

**Web address**  
http://www.byap.ie

**Contact Person(s)**  
Gabrielle Gilligan  
Administrative Assistant  
01 846 7980 / 01 842 5726  
urrus@byap.ie

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**Course aims and objectives**  
To provide a good basic understanding of drugs and related issues.

**Course content**  
- Drugs and their effects  
- Signs and symptoms  
- Drug trends and patterns  
- Stages in the process of addiction  
- Progression to problematic use  
- Addiction and family  
- Treatment approaches and making referrals

**Target group**  
This workshop is aimed at those who wish to find out more about drugs and addiction related issues. The training will deal with a number of areas and give participants a good basic understanding of drugs and related issues. This course is for those who wish to refresh their knowledge about drugs and gain further information.

**Entry requirement**  
n.a.

**Selection procedure**  
For more information on the course, see the URRUS website  
http://www.byap.ie/urrus/addiction-training

**Qualification**  
Certification of completion

**Assessment**  
n.a.

**Accreditation**  
URRUS/Ballymun Youth Action Project

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**Course background**  
This workshop is run 2–4 times a year.

**Course start date**  
Tuesday 16 & Wednesday 17 June 2015, 10am - 4.30pm

**Course location**  
Ballymun, Dublin 11

**Application**  
Booking form is available from URRUS/BYAP  
(See website URL)

**Cost**  
Category 1 - €40.00 (non refundable €10 booking deposit). Category 2 - Living or working in the Ballymun Local Drug Task Force area - €5 registration fee.
Course provider
Urrus/The Ballymun Youth Action Project
Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11
Web address
http://www.byap.ie

Course aims and objectives
This workshop is a follow on to the Introduction to Addiction Studies and looks at models of addiction; defining harm reduction; and the impact of addiction on community. This workshop is for project workers and volunteers who have a good knowledge of substance use.

Course content
Contents will include:
• Models of addiction
• Harm reduction
• Impact of addiction on community
• Intervention

Target group
This workshop is for project workers and volunteers working with drug users.

Entry requirement
To participate fully in this workshop you must have a good knowledge of drugs, e.g. have completed the Introduction to Addiction Studies.

Selection procedure
For more information on the course, see the URRUS website http://www.byap.ie/urrus or contact http://www.byap.ie/urrus/addiction-training

Qualification
n.a.

Assessment
Contact provider for more information

Accreditation
n.a.
Course aims and objectives
This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of the principles and practice of harm reduction as an approach in relation to problem drug use.

Course content
Content includes:
• Definition of harm reduction.
• Principles of harm reduction.
• Drug related risk and harm.
• Practice of harm reduction.
• Development of services.
• Best practice service delivery.

Target group
Workers and volunteers in the drugs field

Entry requirement
n.a.

Selection procedure
Contact URRUS. For more details see http://www.byap.ie/urrus/addiction-training

Qualification
Not applicable

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits

Course background
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.
Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
This training will enable participants to:
• Gain a greater understanding of gender differences and substance use.
• Increase their knowledge of the impact of substance use on women’s lives.
• Understand the impact substance use has on the developing foetus during pregnancy.
• Identify the effects of parental substance use on the physical and mental health of the infant.
• Develop a greater understanding of treatment options available for substance using women and pregnant women.
• Be more aware of the barriers that women might experience when accessing treatment for substance use.

Course content
• Impact of substance use on women.
• Pregnancy and substance use – considerations for the mother’s health.
• Pregnancy and substance use – the implications for the health of the foetus.
• Effect of maternal substance use on early childhood development.
• Accessing treatment – Options and barriers.

Tutors: - Laura O’Reilly, URRÚS Training Centre Co-ordinator and Vera Hughes, Infant/Parent Support Worker, Ballymun Youth Action Project.

Target group
This training is for workers in the addiction field, particularly those who work with women, and who would like to acquire a better understanding of how substance use affects women, pregnant women, the foetus and infant.

Entry requirement
n.a.

Selection procedure
Contact URRÚS

Qualification
n.a.

Assessment
The training will be delivered through a mix of inputs, presentations, case studies and discussion.

Accreditation
Addiction Counsellors of Ireland - 6 CPD Credits.

Course background
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

Course start date
Contact URRÚS for upcoming start dates.

Course location
Ballymun, Dublin 11

Application
Telephone 01 8467980 / or email: urrus@byap.ie

Cost
€80. Booking deposit €10 (non-refundable). or category 2 - Ballymun Local Drugs Task Force area resident/working - €5 (non-refundable).
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This half-day workshop is designed for persons working or volunteering with young people and drug users. It will enhance the participants knowledge of drug related issues specifically related to young people and the impact of such use on the individual, the family and community. It will also provide an update on interventions suitable to young people.

Course content
Content includes:
• Why do young people use drugs?
• Usage and effects of common drugs by young people.
• Physical and psychological behaviours indicative of drug use.
• Communicating with young people.
• Family support in youth drug work.
• Age appropriate interventions.

Target group
Those working or volunteering with young people and drug users.

Entry requirement
n.a.

Selection procedure
Contact URRUS. Visit website: http://www.byap.ie/urrus

Qualification
n.a.

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits

Course background
Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse, addiction and community responses, and are continually developing new modules in response to emerging needs.

Course start date
Contact URRUS for upcoming start dates.

Course location
Dublin

Application
Contact URRUS

Cost
€40
Course Provider
Urrus/The Ballymun Youth Action Project

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This workshop will enable participants to:
• Understand the reasons for homelessness
• Explore the difficulties experienced by the above groups in accessing mainstream services
• Identify ways of linking people to appropriate services
• Look at advocacy and support skills.

Course content
• How and why people become homeless
• Determining the issues faced by people who are homeless-drug users
• Looking at the barriers encountered by homeless drug users seeking to access services
• Ways of assisting clients to prioritise needs
• How to support clients to access services
• Developing advocacy and support skills

Target group
Project workers and volunteers working with the homeless and drug users

Entry requirement
A good basic knowledge of drugs

Selection procedure
For more information on the course, see the URRUS website http://www.byap.ie/urrus

Qualification
Certificate of completion

Assessment
n.a.

Accreditation
URRUS/Ballymun Youth Action Project

Course background
This workshop is run 2–4 times a year

Course start date
Half day workshops Contact URRUS for future dates.

Course location
Ballymun, Dublin 11

Application
Booking form is available from URRUS.

Cost
Category 1 - €30.00. Category 2 - Ballymun Local Drug Task Force Area - €5 registration fee
**Course Provider**
Urrus/The Ballymun Youth Action Project

**Address**
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

**Web address**
http://www.byap.ie

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**Course aims and objectives**
This workshop will give participants an understanding of blood borne viruses and other drug related diseases; it will also provide information about drug related harm reduction practice.

**Course content**
- Drug toxicity
- Blood viruses (HIV, Hep C, etc.)
- Fungal and bacterial infections
- Vein damage, associated with IV use
- Lung and other organ damage
- Overdose and universal precautions

**Target group**
The workshop is aimed at project workers and volunteers working with drug users.

**Entry requirement**
n.a.

**Selection procedure**
n.a.

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
n.a.

**Course start date**
Contact URRUS for future dates

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**Contact Person(s)**
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

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**Course location**
Ballymun, Dublin

**Application**
Booking form is available from URRUS.

**Cost**
Category 1 - €50.00. Category 2 - Ballymun Local Drug Task Force Area - €5 registration fee
Course Provider  
Urrus/The Ballymun Youth Action Project

Address  
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address  
http://www.byap.ie

Contact Person(s)  
Gabrielle Gilligan  
Administrative Assistant
01 846 7980 / 01 842 5726  
urrus@byap.ie

Course aims and objectives
This training will enable participants to:
• Describe the role of the keyworker and the keyworking process.
• Acquire the necessary skills to undertake an assessment.
• Develop the skills to put a care plan in place.
• Outline professional boundaries and potential boundary issues within the keyworking process.
• Enhance their knowledge of case management and shared care plans.
• Outline confidentiality within the keyworking role.
• Gain a greater understanding of the purpose and methods of record keeping.
• Discuss the use of reflection in their own work practice.

Course content
Content:  
• Keyworker role - responsibilities and values  
• Assessment and care planning  
• Case management and shared care plans  
• Confidentiality  
• Record keeping  
• Reflective practice

Target group
This training is for those who wish to develop and enhance their skills in the keyworking role. It will also be of interest to anyone already working / volunteering in a care setting.

Entry requirement  
n.a.

Selection procedure  
n.a.

Qualification  
Certificate of completion

Assessment
The course is delivered in a workshop style incorporating inputs, group and individual exercises, guided skills practice and individual reflective practice.

Accreditation
8 CPD Credits - Addiction Counsellors of Ireland (ACI)

Course background
Facilitated by: - Laura O’Reilly, Training Centre Coordinator, URRÚS.
Ann O’Connell, Team Leader, Contact Project, BYAP.

Course start date  
9 - 10 June 2015. 0:00am-5:00pm. Contact URRUS for future start dates.

Course location  
Ballymun, Dublin 11

Application
Booking form is available from URRUS.

Cost
Category 1 - €250, Category 2 - €70 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking)
A41  UNDERSTANDING SAFER INJECTING TECHNIQUES

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>Contact Person(s)</th>
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<tr>
<td>Urrus/The Ballymun Youth Action Project</td>
<td>Gabrielle Gilligan</td>
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<td>Administrative Assistant</td>
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<td>01 846 7980 / 01 842 5726</td>
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<tr>
<td></td>
<td><a href="mailto:urrus@byap.ie">urrus@byap.ie</a></td>
</tr>
</tbody>
</table>

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Course aims and objectives
This half-day workshop is designed for persons working or volunteering in the drugs field and who wish to enhance their professional understanding of safer injecting practice.

Course content
Content includes:
• Different types of hypodermic injecting (e.g., intramuscular/intravenous).
• Differences between Veins and Arteries.
• Vein, artery and neural damage associated with needle use.
• Vectors of infection.
• Demo and practice of safer injecting technique as a harm reduction strategy.
• Best practice and ethics in assessing and advising service users on injecting.

Target group
Those working or volunteering in the drugs field.

Entry requirement
n.a.

Selection procedure
Contact URRUS. http://www.byap.ie/urrus

Qualification
n.a.

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits

Course background
Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse, addiction and community responses, and are continually developing new modules in response to emerging needs.

Course start date
Contact URRUS for upcoming start dates.

Course location
Ballymun, Dublin

Application
Contact URRUS

Cost
€40
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This workshop is designed to enable participants:
• To recognise why people inject;
• Gain an understanding of the possible dangers and risks involved with injecting drug use;
• Identify harm reduction measures and safer injecting methods.

Course content
Contents will include:
> Injecting:
• why Inject
• injecting technique
• injecting sites

> Health risks:
• blood borne viruses
• fungal and bacterial infections.
• vein and tissue damage, associated with IV use

> Injecting equipment/paraphernalia.

All of the above will be covered using input and discussion.

Target group
This workshop is for project workers and volunteers working in the drugs field.

Entry requirement
To participate fully in this workshop you need to have a good knowledge of drugs (types and effects).

Selection procedure
For more information on the course, see the URRUS website http://www.byap.ie/urrus

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug misuse.

Course start date
Half day workshop. Please contact Urrus for dates.

Course location
URRÚS / Ballymun Youth Action Project, Horizons Centre, Balcurris Road, Ballymun.

Application
Booking form is available from URRÁsS.

Cost
Category 1 - €30.00. Booking deposit €10 (non-refundable). Category 2 - Living/working in the Ballymun Local Drug Task Force Area €5 Registration fee (non-refundable).
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
This half-day workshop is for those who would like to gain an understanding of the psychological and pharmacological implications, along with the potential harm associated with image enhancing drug use.

Course content
Content includes:
• Overview of performance and image enhancing drugs.
• Reasons for usage.
• How steroids work.
• Other common PIED.
• Physiological and psychological issues.
• Harm associated with toxicity and administration of PIED.

Target group
Those interested in PIED

Entry requirement
n.a.

Selection procedure
Contact URRUS. http://www.byap.ie/urrus

Qualification
n.a.

Assessment
n.a.

Accreditation
Addiction Counsellors of Ireland - 4 CPD Credits.

Course background
Urrús (the Irish word for strength / confidence) was founded in 1996 by BYAP to provide training in relation to drug misuse. We have developed a range of training modules on drug misuse,
### Course Provider
PCI College

### Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22

### Web address
http://www.pcicollege.ie

### Contact Person(s)
Kelley Farrell
**Enquiries**
01 464 2268
info@pcicollege.ie

### Course aims and objectives
One day workshop using an integrative cognitive behavioural approach.
The aim is to become more confident about common behavioural addictions such as:
- Sexual addiction/compulsivity
- Compulsive gambling
- Food addiction
- Computer/gaming/online addictions

Participants will gain familiarity with an Integrative CBT model of addiction and its application.

### Course content
The workshop will explore these questions, which follow the 5 Levels of Integrative CBT:
1. How do I best connect with an addicted person, and form a therapeutic relationship with them?
2. What are the immediate problems/ consequences/ damages that need action?
3. What is the typical individual psychology/ psychopathology of an addicted person? What are their typical cognitive distortions, automatic thoughts, compensatory behaviours, maintaining cycles?
4. What are the developmental sources of the client’s addiction? How do they see the world, what are their core beliefs?
5. What core human issues are they struggling with, in addiction and in recovery?

Common themes and relevant differences between the various common addictions will also be explored.

### Target group
Those with an interest in an Integrative CBT model of addiction.

### Entry requirement
Qualification in counselling, psychotherapy or other qualified helping professionals with therapeutic experience and students currently in training. Entry is by application form.

### Selection procedure
Completion of application form, and payment. For more information on the workshop see [www.pcicollege.ie/cpd-course/working-with-addictive-behaviours](http://www.pcicollege.ie/cpd-course/working-with-addictive-behaviours)

### Qualification
Attendance certificate

### Assessment
n.a.

### Accreditation
n.a.

### Course background
See website for details.

### Course start date
To be confirmed

### Course location
Clondalkin, Dublin West. Training also takes place in Cork and Limerick.

### Application
Application forms available by email or from website.

### Cost
€100 (€80/90 for students/graduates of PCI)
**A46**

**DRUG EDUCATION AND AWARENESS (FOR PARENTS AND OTHERS)**

**Course Provider**
Waterford Substance Misuse Team

**Address**
Substance Misuse Team, 10a Waterside, Waterford

**Web address**
n.a.

**Contact Person(s)**

*Andy Hargreaves*
Drug Education Officer
051 301 201
andy.hargreaves@maila.hse.ie

**Course aims and objectives**

**Aims:**
- To challenge attitudes towards drugs, addiction and other drug-related problems
- To raise awareness of drug-related issues
- To raise awareness of the dynamics of addiction

**Objectives:**
- For participants to recognise their own attitudes and prejudices towards various drugs and drug users; and to recognise how this affects their work and daily lives
- Gain knowledge of drugs and their effects
- Gain knowledge of drug-related issues
- For participants to have a clearer understanding of addiction

**Course content**

- Drug facts
- Attitudinal activities
- Risk-taking behaviour
- Signs and symptoms
- Potential drug-related scenarios in the workplace and in voluntary work
- In-depth look at alcohol-related issues
- Information on potential referral agencies
- Information on how to find further resources and information
- Cycle of change
- A chance to view the drugs

**Target group**
Parents, communities and voluntary organisations

**Entry requirement**
An interest in the subject

**Selection procedure**

n.a.

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
n.a.

**Course background**
These courses have been run throughout the city and county for 6 years. They can be held any day (Monday–Friday) during daytime or evenings.

**Course start date**
Various dates and times (daytime or evening). Course is 2 to 4 two-hour sessions (depending on the needs of the target audience).

**Course location**
Waterford city and county

**Application**
Details from contact person listed above.

**Cost**
Free
COMMUNITY ADDICTION COURSE

Course Provider
Croi Nua Counselling and Psychotherapy

Address
The Orchard, Banshane, Midleton, Co. Cork

Web address
http://eastcorkcounselling.com/

Contact Person(s)
Pat Coughlan
Counsellor, Psychotherapist, Career and Life Coach
087 286 8590
pcoughlan7@eircom.net

Course aims and objectives
The purpose of this course is to enable people to:
• Learn about drugs and their effects.
• Develop an understanding of addiction
• Examine their own attitudes.
• Become more effective in their personal responses.
• Explore the effects of drug misuse on the family.
• Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities.

Course content
• Introduction
• Drug use, misuse and abuse
• Drugs as participants encounter them. Signs and symptoms
• Drugs used in particular communities and their effects.
• Attitudes
• Pharmaceutical information on drugs
• The process of addiction
• The effects of addiction on families
• Interventions at one to one level
• Intervention and listening skills role play.
• Referral and treatment programmes

Target group
Community members who feel they would like to be more effective when it comes to drug/alcohol issues.

Entry requirement
There are no educational requirements to be part of this course, only a willingness to learn.

Selection procedure
Contact Croi Nua.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
See website

Course start date
Contact Croi Nua for future dates.

Course location
Midleton, Cork

Application
Contact Pat Coughlan.

Cost
€320. Light lunch provided.
Course aims and objectives
This course is suitable for those who are interested in the area of social studies and those who would like to improve their own interpersonal skills.

Course content
The course looks at areas such as Personal Rights and Responsibilities, Decision making styles and skills, Communication skills and Active listening skills.

Target group
Adults staying in emergency or supported temporary homeless accommodation

Entry requirement
See target group

Selection procedure
PETE works on a referral basis.

Qualification
FETAC Level 3

Assessment
Contact the co-ordinators

Accreditation
FETAC (This course is pending validation from FETAC)

Course background
PETE (Preparation for Education, Training and Employment) programme is an education and training centre providing accredited and non-accredited part-time courses to adults staying in emergency or supported temporary homeless accommodation. Each student is supported by an Education Support Worker through their time on the programme who also assists with planning for their future goals in the areas of education, training and/or employment. Accredited classes are at FETAC Level 3 which is around Junior Certificate level therefore the programme may not be suitable for clients with higher levels of education, however, all referrals are assessed on a case by case basis. One-to-one tuition is also available in the centre or in the student’s accommodation with the provider’s permission.

Course start date
15 week course. Contact the PETE team for dates.

Course location
PETE centre, Dublin. One-to-one tuition is also available in the centre or in the student’s accommodation with the provider’s permission

Application
Contact the PETE team

Cost
Free
A49 COMPUTER BASICS FOR ADULTS STAYING IN HOMELESS ACCOMMODATION

Course Provider
PETE programme, Focus Ireland

Address
131-133 Francis Street,
Dublin 8.

Web address
http://www.focusireland.ie/

Contact Person(s)
Adrian, Alison, or Roisin

086-8349172 or 01-8716469
pete@focusireland.ie

Course aims and objectives
To teach computer skills to those in supported accommodation.

Course content
This course is suitable for those with very little knowledge of computers and covers the uses of computers in everyday life, using Microsoft Word and internet and computer safety.

Target group
Adults staying in emergency or supported temporary homeless accommodation. This course is suitable for those with very little knowledge of computers.

Entry requirement
Adults staying in emergency or supported temporary homeless accommodation.

Selection procedure
PETE works on a referral basis.

Qualification
FETAC Level 3

Assessment
Not applicable

Accreditation
FETAC (This course is pending validation from FETAC)

Course background
PETE (Preparation for Education, Training and Employment) programme is an education and training centre providing accredited and non-accredited part-time courses to adults staying in emergency or supported temporary homeless accommodation. Each student is supported by an Education Support Worker through their time on the programme who also assists with planning for their future goals in the areas of education, training and/or employment. Accredited classes are at FETAC Level 3 which is around Junior Certificate level therefore the programme may not be suitable for clients with higher levels of education, however, all referrals are assessed on a case by case basis. One-to-one tuition is also available in the centre or in the student’s accommodation with the provider’s permission.

Course start date
15 week course. Contact the PETE team for dates.

Course location
PETE centre, Dublin. One-to-one tuition is also available in the centre or in the student’s accommodation with the provider’s permission.

Application
Contact the PETE team

Cost
Free
ART & CRAFT FOR ADULTS STAYING IN HOMELESS ACCOMMODATION

Course Provider
PETE programme, Focus Ireland

Address
131-133 Francis Street,
Dublin 8.

Web address
http://www.focusireland.ie/

Contact Person(s)
Adrian, Alison, or Roisin

086-8349172 or 01-8716469
pete@focusireland.ie

Course aims and objectives
This course is suitable for anyone with an interest in art, no experience necessary and all skill levels welcome.

Course content
Art and craft skills

Target group
This course is suitable for anyone with an interest in art, no experience necessary and all skill levels welcome. Adults staying in emergency or supported temporary homeless accommodation

Entry requirement
Adults staying in emergency or supported temporary homeless accommodation

Selection procedure
Contact PETE

Qualification
FETAC Level 3

Assessment
Not applicable

Accreditation
FETAC (This course is pending validation from FETAC)

Course background
PETE (Preparation for Education, Training and Employment) programme is an education and training centre providing accredited and non-accredited part-time courses to adults staying in emergency or supported temporary homeless accommodation. Each student is supported by an Education Support Worker through their time on the programme who also assists with planning for their future goals in the areas of education, training and/or employment. Accredited classes are at FETAC Level 3 which is around Junior Certificate level therefore the programme may not be suitable for clients with higher levels of education, however, all referrals are assessed on a case by case basis. One-to-one tuition is also available in the centre or in the student’s accommodation with the provider’s permission.

Course start date
15 week course. Contact the PETE team for dates.

Course location
The PETE centre. One-to-one tuition is also available in the centre or in the student's accommodation with the provider's permission.

Application
Contact the PETE team

Cost
Free
**Course Provider**
PETE programme, Focus Ireland

**Address**
131-133 Francis Street,
Dublin 8.

**Web address**
http://www.focusireland.ie/

**Contact Person(s)**
Adrian, Alison, or Roisin

| 086-8349172 or 01-8716469 | pete@focusireland.ie |

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**Course aims and objectives**
PETE (Preparation for Education, Training and Employment) programme is an education and training centre providing accredited and non-accredited part-time courses to adults staying in emergency or supported temporary homeless accommodation. Each student is supported by an Education Support Worker through their time on the programme who also assists with planning for their future goals in the areas of education, training and/or employment. Accredited classes are at FETAC Level 3 which is around Junior Certificate level therefore the programme may not be suitable for clients with higher levels of education, however, all referrals are assessed on a case by case basis. One-to-one tuition is also available in the centre or in the student's accommodation with the provider's permission.

**Course content**
PETE ran 5 courses in 2012:— 6 weeks each

- **Computer practice.** This course is suitable for those who feel relatively comfortable using a computer and would like to practise their skills in an informal setting. A range of exercises for improving skill levels will be provided in the class.

- **Healthy eating.** This course will cover the basics in food, nutrition and cookery skills, offering information on how to achieve a healthy diet and the effects of unhealthy eating and lifestyle habits. The class will also include two practical cookery classes where students will cook and eat their own food.

- **Craft.** This is a relaxed class where students can explore their creative side with the assistance of a professional freelance artist.

- **Capture your interest.** This course will investigate what interests' people through the medium of photography. People will have the opportunity to create a project which will demonstrate a passion for their chosen area. Through field trips and some theory classes, participants can look at concepts behind hobbies, interests and motivation—hopefully shedding some light on their long term goals.

- **Reading room – 15 weeks.** The reading room at PETE provides a calm and peaceful space for students to take some time out and read a book or newspaper. Reading material will be provided.

**Target group**
Adults staying in emergency or supported temporary homeless accommodation.

**Entry requirement**
See above.

**Selection procedure**
PETE works on a referral basis. See the following webpage for referral form
http://www.focusireland.ie/index.php/our-services/services-in-your-local-area/144-homeless-support-dublin or
http://www.focusireland.ie/files/Form%20H%20-%20Education%20Referral%20Form.pdf

**Qualification**
Not applicable

**Assessment**
Not applicable

**Accreditation**
Not applicable
**Course background**
PETE programme is an education and training centre providing part-time courses to adults staying in emergency or supported temporary homeless accommodation.

**Course start date**
Courses are for 6 weeks, except the 'reading room' which runs for 15 weeks. Contact the PETE team for dates.

**Course location**
The PETE centre Dublin. One-to-one tuition is also available in the centre or in the student's accommodation with the provider's permission.

**Application**
Contact the PETE team

**Cost**
Free
PARENT'S SHORT-TERM DRUG AWARENESS COURSE

Course Provider
Tallaght Drugs Education Initiative

Address
Tallaght Youth Service, Mountain Park, Old Bawn Road, Tallaght, Dublin 24.

Web address
http://www.tallaghtdf.ie/

Contact Person(s)
Suzanne Lindsay or Patricia Levins
Drugs Education Initiative
01 463 2070
slindsay@foroige.ie or patricia.levins@foroige.ie

Course aims and objectives
The Tallaght Drugs Education Initiative, through Tallaght Youth Service is running free, short-term drug awareness courses for parents in Tallaght.

Course content
Varies according to course.

Target group
Parents, or guardians, who want to learn more about drug misuse and what they can do to help prevent their children from getting involved in drugs, can avail of these courses for free.

Entry requirement
The courses are most relevant to parents of 7 to 17 year olds living in Tallaght.

Selection procedure
Not applicable

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
The Tallaght Drugs Education Initiative run a number of courses in their area. See also, Choices - a 4 week course for parents to help build the children’s confidence and ability to make good choices about drugs and alcohol when they are older
www.tallaghtdf.ie/directory/item/foroige-choices

Course start date
Courses range from 3-weeks (run in the mornings or evenings for 90 minutes a session) to a single day programme, usually on a Saturday from 10 a.m. to 4 p.m. with lunch provided.

Course location
Tallaght, Dublin

Application
Contact Suzanne at 086-7969726 or email slindsay@foroige.ie for more information or to book a place.

Cost
Contact the team.
### Course Provider
Tallaght Drugs Education Initiative

### Address
Tallaght Youth Service, Mountain Park, Old Bawn Road, Tallaght, Dublin 24.

### Web address
http://www.tallaghtdtf.ie/

### Contact Person(s)
**Suzanne Lindsay or Patricia Levins**  
Drugs Education Initiative  
01 463 2070  
slindsay@foroige.ie or patricia.levins@foroige.ie

## Course aims and objectives

**Aims:**  
- To explore and challenge attitudes in relation to substance use  
- To enhance knowledge and understanding of substance use  
- To explore how drugs affect the brain and elicit their effects  
- To develop skills in delivering drugs and alcohol education  
- To develop an understanding of Best Practice in substance use education  
- To develop skills in relation to talking to young people about substance use  
- To give an introduction into the use of brief interventions  
- To develop an understanding of how to use the resource 'Putting the Pieces Together'  
- To be aware of services available locally and nationally

### Course content
The two-day training is centred around learning how to use the activities and information within the "Putting the Pieces Together" manual in order to develop and deliver a drug education-awareness programme in accordance with best practice.

### Target group
This training is primarily focused on people who have the capacity within their work to deliver a drug education-awareness programme to groups of young people, parents and community groups etc.

### Entry requirement
n.a.
Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
A two-day training programme on the Putting the Pieces Together training manual, its content and use, incorporating exercises from the manual. This manual sets out to harness an integrated holistic approach to working with young people, parents and communities on the subject of drugs and alcohol. It aims is to act as a guide and a resource for persons working with young people of mixed abilities in an out-of-school setting.

Learning outcomes:
• Knowledge of up-to-date information concerning substance use
• Capacity to provide an holistic approach in substance awareness/prevention education
• Ability to deliver an awareness/prevention course encompassing issues of self-esteem, mental/sexual health, relationships and skills such as communications/decision making.

Course content
Course content:
• To explore and challenge attitudes in relation to substance use
• To enhance knowledge and understanding of substance use
• To explore how drugs affect the brain and elicit their effects
• To develop skills in delivering drugs and alcohol education
• To develop an understanding of Best Practice in substance use education
• To develop skills in relation to talking to young people about substance use
• To give an introduction into the use of brief interventions
• To develop an understanding of how to use the resource Putting the Pieces Together
• To be aware of services available locally and nationally

Target group
Individuals who intend to complete PTPT awareness / prevention courses with young people within organisations and groups in out-of-school settings.

Entry requirement
This training is for those living in the west of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
For further information, contact the trainers: Gillian Conway on 086-7814779 for course in Mayo & Roscommon and Neil Wilson on 086-7274888 for course in Galway City and County.

Please see the WRDTF website for a booking form (training calendar)
www.wrdtf.ie/publications.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.
Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
5-6 May 2015: Westport, Co. Mayo. Please contact the WRDTF for future dates.

Course location
Galway, Mayo and Roscommon.

Application
Please complete the Putting the Pieces Together booking form, which can be found in the WRDTF training calendar.

Cost
n.a.
Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
A one-day course to enable participants who have already completed the two-day Putting the Pieces Together training programme to refresh and update their skills.

Course content
- Sharing good practice amongst participants
- How the WRDTF can support you in devising programmes
- Issues arising from using the Putting the Pieces Together manual with young people
- New developments and trends concerning substance misuse

Target group
Individuals who have completed the two day Putting the Pieces Together training course and would like to refresh their skills and get updated information regarding the use of the Putting the Pieces Together Manual.

Entry requirement
Training is for those living in the West of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
For further information contact the trainers: Gillian Conway on 086-7814779 for course in Mayo & Roscommon and Neil Wilson on 086-7274888 for course in Galway City and County.

See the website (training calendar) for booking form www.wrdtf.ie/publications.php

Qualification
A Certificate of Attendance on completion.

Assessment
n.a.

Accreditation
n.a.

Course background
Trainer profile: Neil Wilson, Education Support Worker employed by AIDS West, a post funded by the Western Region Drugs Task Force. Neil provides educations and training to group and agencies in Galway City and County. Neil also delivers holistic drug and alcohol education/prevention programmes to young people, parents, professionals, organisation, ethnic minorities, at risk groups and communities where a need has been identified. Contact Details: 087-7274888 email: neils@aidswest.ie

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland. A schedule of training for September to December 2014 is available from July 2014.

Course start date
6 May 2015

Course location
Claregalway, Co. Galway
Application
Complete the general booking form, which can be found in the WRDTF training calendar.

Cost
n.a.
A56 GROUP FACILITATION SKILLS

Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park,
Parkmore, Galway

Web address
http://www.wrdtf.ie/

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
The primary objective of this course is to enable participants to understand group work, theory and practice and how to facilitate groups based on a foundation of theory and proven best practice.

Learning outcomes: To encourage participants to reflect on their own participation in groups and promote their ability to contribute positively to the groups of which they are a part

Course content
• The principles, concepts & practical skills of group work
• To evaluate, recognise and put into practice the theory of group work
• How to organise, plan, run and evaluate group sessions.
• To facilitate and co-facilitate a group
• To understand the life cycle of groups, group dynamics, the roles people play in groups
• To analyse the role that power, conflict and lack of participation has on a group
• To learn the key process in managing a group to get the best possible outcomes
• To define the group parameters including your own boundaries
• To develop an insight into ethical behaviour as a facilitator and the use of your own power in the facilitators role

Target group
This course is aimed at those working in the Community/Voluntary/Drugs/Alcohol sector that are involved in or plan to become involved in the facilitation of groups. Particularly aimed at those working in relapse prevention, family support or general support groups

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel.

Selection procedure
The WRDTF training calendar can be found at www.wrdtf.ie/publications.php

Qualification
A Certificate of Attendance will be awarded on completion of the 4 training days.

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact WRDTF for future dates.

Course location
Galway

Application
Complete booking form on WRDTF training calendar (stating the name of course) and return to: address above, or email: Training@wrdtf.ie

Cost
To be confirmed
RESPONDING TO FAMILY NEEDS IN RELATION TO DRUG AND ALCOHOL USE

Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdtf.ie/

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
A 2-hour information session to highlight the experience of families affected by substance use and ways to respond.

Learning outcomes:
• Increase awareness of the effects on families dealing with substance use
• Increased awareness of referral options/support pathways
• Increased awareness of ways to respond to families coping with substance use

Course content
• How many families are affected?
• Types of substances used
• Models of addiction
• How are families affected?
• How families cope?
• Stress strain coping support model
• Ways to respond

Target group
Key workers, Community Workers, Youth Workers, Family Support Workers, Social Workers

Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
See the WRDTF website booking form (see training calendar)
www.wrdtf.ie/uploadedfiles/Training-Calendar-201

5-January-to-July.pdf. Debbie McDonagh Debbie.mcdonagh@wrdtf.ie or 087-6955557

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
21 May Galway City. Contact WRDTF for future dates.

Course location
Galway.

Application
Complete the general booking form on page 15 of training calendar (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

Cost
n.a.
Course aims and objectives
A brief intervention for alcohol use is a short, helpful conversation that focuses on assessing, and if necessary, assists a person to consider and alter their alcohol consumption. Brief interventions have shown to be effective in initiating change in alcohol consumption for people with mild to moderate alcohol-related problems and in helping people with more significant difficulties to access specialised alcohol treatment services. The SAOR Model has been adopted by the HSE as the model-of-choice for delivering brief interventions for alcohol use.

Learning outcomes:
• To understand the SAOR model
• To know when is appropriate to use the SAOR model
• To be able to apply to SAOR model

Course content
• An overview of the extent of alcohol-related problems
• An overview of Brief Intervention models
• A rationale for using the SAOR model
• An outline of the stages of the SAOR model (Support, Ask/assess, Offer assistance & Refer)
• A demonstration of the SAOR model in action
• Skills practice exercises to help transfer learning into practice

Target group
Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

Also, see the WRDTF website for more information and booking form (see training calendar) www.wrdtf.ie/training-calendar.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland. A schedule of training for September to December, 2014, is available from July, 2015.

Course start date
17 June Ballina, Co. Mayo. Please contact the WRDTF for future dates.

Course location
Galway and Mayo
Application
Complete the general booking form, which can be found in the WRDTF training calendar

Cost
n.a.
**Course Provider**
Western Regional Drugs Task Force

**Address**
Unit 6, Galway Technology Park, Parkmore, Galway

**Web address**
http://www.wrdtf.ie/

**Contact Person(s)**

Western Regional Drugs Task Force

091 480056

training@wrdtf.ie

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### Course aims and objectives

Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.

**Learning outcomes:**
- To have some understanding of the theory of MI
- To have some understanding of the skills of MI
- To have experience practicing the skills of MI
- To have some ideas on how MI could be used in their work with service users

### Course content

This short, two-day, course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book Motivational Interviewing, Helping People Change (3rd Ed). Participants will be exposed to the fundamental spirit and skills of MI and will have an opportunity to observe, discuss and practice a range of MI skills. Participants will also have the opportunity to discover ways to apply MI within their own work context.

### Target group

Staff who work with service users who may need to make some changes to reduce the frequency or intensity of problems in their lives. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services.

### Entry requirement

Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

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**Selection procedure**

Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

See also the WRDTF website booking form (see training calendar) www.wrdtf.ie/training-calendar.php

### Qualification

Certificate for attendance on completion.

### Assessment

n.a.

### Accreditation

n.a.

### Course background

The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

### Course start date

8-9 July Ballinasloe

### Course location

Mayo and Roscommon

### Application

Complete the general booking form, which can be found in the WRDTF training calendar.

### Cost

n.a.
Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdtf.ie/

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
Motivational Interviewing (MI) is evidence-based psychological treatment that aims to help people increase their motivation to change.

Learning outcomes:
- To gain a better understanding of the theory of MI
- To increase their fluency in the language of MI
- To increase their level of the skill in using MI
- To further practice the skills of MI on more complex cases
- To have a better idea on when to and when not to use MI skills with service users

Course content
This short course will be based upon the recent developments in MI and follow the Engaging, Focusing, Evoking & Planning format developed by Miller & Rollnick in their recent book Motivational Interviewing, Helping People Change (3rd Ed). Participants will be exposed to the further aspects of MI and will have an opportunity to observe, discuss and practise a range of MI consistent responses to difficulties that they have encountered while working with their service users. Participants will also have the opportunity to discuss changes in their practice since they completed the Level 1 MI course and discover ways to enhance and support changes that their service users have already made.

Target group
Those who have completed level 1 Motivational Interviewing.

Entry requirement
Attendance at level 1 MI course. Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Further inquiries to Brendan Murphy, Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231 or Brendan.murphy@hse.ie
See also the WRDTF website booking form (see training calendar) www.wrdtf.ie/publications.php

Qualification
Certificate for attendance for completion of the two day course

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact the WRDTF for future dates

Course location
Galway
Application
Complete the general booking form on page 15 of training calendar (stating the name of the course) and return to: Training, WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

Cost
n.a.
LOW MOOD AND SUBSTANCE USE

Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdtf.ie/

Contact Person(s)
Gillian Conway
Drug Education Support Worker
091 480056 or 086 7814779
training@wrdtf.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
This training will provide education and signposting to help people create a basic awareness and understanding of substance use and low mood.

Trainees will be:
- Informed of various drug types
- Better knowledge of mood lowering substances and the reasons for use
- Better awareness of the causes of low mood and the treatment options available
- Be able to identify the connection between drug use, physical and mental wellbeing
- Have a general awareness of the support services and resources available to people who suffer from low mood.

Course content
- Overview of common mood affecting substances
- Outline main depressant/sedative type substances
- Look at brain chemistry and mood patterns
- Identify the co-dependency/cyclic link between low mood and drug use
- Explore individual/unique factors for use
- General overview of what low mood is and the causes of low mood.
- General basic overview of the treatments options available for low mood.
- Overview of the support services and resources available.
- Inform & suggest natural ways to deal with low mood

Target group
People involved in youth work/new to youth work: youth workers/ youth reach staff/ FRC staff/ Students on placement / Leaders/ Volunteers/ Teachers/ Sports club leaders and coaches

Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Further inquiries to Gillian Conway
gconway@southmayo.com or 086 7814779

See also the WRDTF website booking form (see training calendar) www.wrdtf.ie/publications.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact the WRDTF for future dates.

Course location
Jigsaw, Galway
Application

Complete the general booking form in the WRDTF training calendar (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

Cost

n.a.
SOLUTION FOCUSED BRIEF THERAPY

Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park,
Parkmore, Galway

Web address
http://www.wrdtf.ie/

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
Solution Focused Brief Therapy (SFBT) is a short-term goal-focused psychotherapy that helps clients change by creating solutions to their difficulties rather than dwelling on the cause of their problems. SFBT was developed by Steve de Shazer and Insoo Kim Berg. This short course will allow participants to consider how the SFBT approach could be used with their service users and will provide an opportunity to observe, discuss and practice a range of SFBT skills.

Course content
Over the two days the participants will be exposed to the history, background theory and current practice of SFBT. Participants will become familiar with both the rationale and the skills necessary to conduct an interview with clients in an SFBT fashion. The techniques will include:
• Exception finding questions
• Scaling questions
• The miracle question
• Giving appropriate compliments
• How to set goals
• How to find ‘what’s better’

In addition to the skills of SFBT, participants will also be exposed to the workable theories behind the model that include
• Positive blame
• The inevitability of change
• How small changes are sometimes all that’s necessary

Target group
Counsellors, Social Workers, Nurses, Social care Workers, Family Support Workers Probation Officers and relevant staff from employment support, vocational training and criminal justice agencies

Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

See also the WRDTF website booking form (see training calendar) www.wrdtf.ie/publications.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact the WRDTF for future dates
**Course location**
County Mayo

**Application**
Complete the general booking form in the training calendar (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

**Cost**
n.a.
Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdtf.ie/

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
This training will provide an overview of current substance use behaviours in the west of Ireland and explore some of the reasons for and implications of same.

Trainees will be:
• Informed of current substance use issues
• Understand some of the reasons for use
• Better understand some of the dependency factors that may develop from use
• Enhance knowledge and understanding of the link between use and wellbeing
• Be able to identify the connection between drug use, physical and mental wellbeing
• Have a sense of the risks involved in drug trends
• Be aware of some alternatives to use

Course content
• Overview of common trends
• Outline main substances involved in these trends and the reasons for same
• Establish a link between trends in use and social, environmental, physical, mental and individual factors
• Assess the risks involved in these trends
• Inform and suggest alternatives to preferred substances
• Explore the implications of use

Target group
Youth workers/Teachers/Social workers; Third level students/Community workers

Contact Person(s)
Gillian Conway
Drug Education Support Worker
091 480056 or 086 7814779
training@wrdtf.ie

Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Further inquiries: Gillian Conway on 086-7814779 gconway@southmayo.com

See also the WRDTF website booking form (see training calendar) www.wrdtf.ie/training-calendar.php

Qualification
A Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact the WRDTF for future dates.

Course location
Claremorris, Co. Mayo

Application
Complete booking form in WRDTF training calendar (stating name of course) and return to address above or email: Training@wrdtf.ie
Cost
n.a.
### Course Provider
Western Regional Drugs Task Force

### Address
Unit 6, Galway Technology Park, Parkmore, Galway

### Web address
http://www.wrdtf.ie/

### Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

### Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives
This two-hour seminar provides an introduction to substance use policy development for all groups, organisations, companies or clubs whether established as a specific substance use service or not.

The seminar will be useful to any groups, organisations, companies or clubs who:
- Want to develop a substance use policy
- Have an existing substance use policy but would like to update it, and
- In particular; groups, organisations, companies or clubs whose role involves dealing with people actively using substances.

### Course content
This two-hour seminar provides an introduction to substance use policy development for all groups, organisations, companies or clubs whether established as a specific substance use service or not. The seminar will be useful to any groups, organisations, companies or clubs who: want to develop a substance use policy or have an existing substance use policy but would like to update it. The seminar aims to provide you and your organisation with:
- An understanding of the importance of having an up-to-date substance use policy;
- An understanding of the stages involved in developing or updating a substance use policy;
- Useful templates and resources to assist in developing a substance use policy.

### Target group
As identified in the National Drugs Strategy; there is a need to promote the development of substance use policies in a number of key areas. These are: Workplaces; sports, community and voluntary organisations; educational establishments.

### Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

### Selection procedure
Further inquiries:
Galway City & Connemara: Liam O Loughlin
liam.oloughlin@gretb.ie

East Galway & South Roscommon: Emmet Major
emmet.major@gretb.ie

Mayo & North Roscommon: Pat Conway
pconway@southmayo.com

See also the WRDTF website booking form (see training calendar) [www.wrdtf.ie/training-calendar.php](http://www.wrdtf.ie/training-calendar.php)

### Qualification
A Certificate of Attendance will be awarded on completion of the training.

### Assessment
n.a.

### Accreditation
n.a.

### Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.
Course start date
Contact the WRDTF for future dates.

Course location
Galway, Mayo and Roscommon

Application
Complete the general booking form in the WRDTF training calendar (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

Cost
n.a.
COMMUNITY REINFORCEMENT APPROACH (CRA)

Course Provider
Western Regional Drugs Task Force

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdf.ie

Address
Unit 6, Galway Technology Park,
Parkmore, Galway

Web address
http://www.wrdtf.ie/

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
The Community Reinforcement Approach (CRA) is a comprehensive behavioural program for treating alcohol and other drug problems. CRA is an evidence based approach for helping people overcome alcohol and other drug related problems. It is based on the theory that environmental contingencies can play a powerful role in encouraging or discouraging drinking or other drug use. Consequently, it utilises social, recreational, familial, and vocational reinforcers to assist clients in the recovery process. Its goal is to make a sober lifestyle more rewarding than the use of substances.

The course fulfils the basic training requirement for participant to go on and seek accreditation as a CRA Therapist. Additional study and supervised practice will be required in order to achieve accreditation as a CRA Therapist.

Course content
This short course will be based upon the work of Robert J Meyers developments in CRA. Participants will be exposed to the theoretical framework and skills necessary to practice as a CRA Therapist and will have an opportunity to observe, discuss and practice a range of CRA skills and protocols. A description of the CRA Therapist Accreditation Process will also be outlined.

Target group
Participants must be working with an active caseload of clients in a key working or counseling capacity who may need to make some changes to their alcohol or other drug use. Ideally, participants will be open to continue on with training to become proficient in the use of CRA reaching a standard for accreditation.

Entry requirement
See target group. Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
Further inquiries to Brendan Murphy: Regional Training Officer, HSE West Drugs Service, Hill House, Mountainview, Castlebar, Co Mayo, 094 9049231, Brendan.murphy@hse.ie

See also the WRDTF website booking form (see training calendar) www.wrdtf.ie/training-calendar.php

Qualification
A Certificate of Attendance will be awarded on completion of the training.

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Contact the WRDTF for future dates.

Course location
Galway
**Application**

Complete the general booking form in the WRDTF training calendar (stating the name of the course) and return to: Training. WRDTF, Unit 6, Galway Technology Park, Parkmore, Galway or email: Training@wrdtf.ie

**Cost**

n.a.
Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park, Parkmore, Galway

Web address
http://www.wrdtf.ie/

Contact Person(s)
Western Regional Drugs Task Force
091 480056
training@wrdtf.ie

Course aims and objectives
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland. (See also courses A54-A61)

Course content
The following courses may be provided by the WRDTF. They vary in length from short sessions to one-day.

• ADHD and substance use
• DEWF: Quality standards in drug education
• Work place drug awareness
• Drugs & sexual health
• Responding to drug-related intimidation programme
• Putting the pieces together (Train the trainer)
• Drug awareness
• Alcohol awareness
• Young people’s programmes
• Case management
• Care planning
• Over-the-counter medication
• Good practice in drug education

Target group
These courses are for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Entry requirement
Detail for each course is listed in the WRDTF training calendar on their website www.wrdtf.ie/publications.php

Selection procedure
See the contact details for your course.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF provides a range of courses for those living and working in the west of Ireland.

Course start date
Dates to be confirmed.

Course location
Various locations in Galway, Mayo and Roscommon.

Application
Each course has a contact person. See the WRDTF for details.

Cost
n.a.
Course Provider
Western Regional Drugs Task Force

Address
Unit 6, Galway Technology Park,
Parkmore, Galway

Web address
http://www.wrdtf.ie/

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
The course looks at new and emerging drugs and drug use on a local, national and international basis

Learning outcomes:
• Knowledge of new trends within existing ‘traditional’ drug categories
• Knowledge of new and emerging drugs & the psychonaut movement
• Understanding of reasons behind the changing market for substances (legal & illegal)
• Understanding of the likely future direction of substance use in the Irish context

Course content
• Emerging trends of use with ‘traditional drugs’ (e.g. Cannabis and Ecstasy)
• Newly established drugs (e.g. Mephedrone, MXE, and GBL)
• Current information on ‘Headshop’ products sourced from the internet or abroad
• Crystal Meth: What are the facts behind the media image
• Future possible trends of drug use including

Target group
Professional training targeted at An Gardaí Síochána, Drug Services, Social Work, medical staff or anyone already working in the drug area

Entry requirement
This training is for those living in the West of Ireland, though we will accept trainees from outside the west who are willing to travel to training.

Selection procedure
See the WRDTF website for more information and booking form (see training calendar)
www.wrdtf.ie/publications.php

Qualification
Certificate of Attendance will be awarded on completion of the training

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland.

Course start date
Please contact the WRDTF for future dates.

Course location
Tuam, County Galway.

Application
Complete the general booking form, which can be found in the WRDTF training calendar. Further enquiries contact Neil Wilson on 086 7274888 or neil@aidswest.ie

Cost
n.a.
Course aims and objectives
An exploration of over-the-counter substances with regard to effects, harms and alternatives. This course will also cover some prescription medications.

Learning outcomes:
• To be more informed of prescription/over the counter medication types
• To be able to reduce harm and signpost healthy alternatives
• To feel more competent in addressing this issue with clients (if applicable)
• To employ safer use of these substance

Course content
A one-day training course that introduces over-the-counter substances with regard to their main effects. This training focuses on potential unwanted effects or harms that can be caused by the contra-indicated use, misuse and overuse of medication and its interaction with other substances. The course employs a harm reduction approach and enhances one’s ability to identify risks and make informed, safer personal and professional decisions. It encourages the user to explore reasons for use and causative factors, highlighting the potentially damaging pattern that symptomatic responses can harvest, and explores healthy alternatives.

If deemed necessary, a brief intervention module can be included as a tool to communicate around this issue.

Target group
Youth Workers and people who wish to develop awareness in this area.

Entry requirement
Training is for those living in the west of Ireland, though we will accept trainees from outside who are willing to travel.

Selection procedure
For further enquiries contact Gillian Conway on 086-7814779. View training calendar at www.wrdtf.ie/training-calendar.php

Qualification
A Certificate of Attendance will be awarded on completion of the training.

Assessment
n.a.

Accreditation
n.a.

Course background
The WRDTF education team provide a wide range of training and education programmes for those living in the west of Ireland. A schedule of training for September to December 2015 is available from July 2015.

Course start date
4 June 2015. Please contact the WRDTF for future dates.

Course location
Castlebar, Co Mayo.

Application
Complete the general booking form, which can be found in the WRDTF training calendar.

Cost
n.a.
## Course Provider
Irish Hospice Foundation

**Address**
Bereavement Education & Resource Centre
Morrison Chambers (4th floor)
32 Nassau street
Dublin 2

**Web address**
http://hospicefoundation.ie

## Contact Person(s)
Education Team

01 679 3188
info@bereaved.ie

## Course aims and objectives
Both the process of addiction and of recovery from addiction can be seen as having loss and grieving as central themes. This workshop will look at the psychological dynamics common to different addictions in relation to these inevitable themes of loss and grieving, with an emphasis on how clients may be practically helped to work through their particular loss issues.

## Course content
On completion participants will be able to:
- describe the main criteria which define an addictive attachment;
- outline the losses which occur as a result of the progression of an addiction;
- understand the necessity for the addictive attachment to be mourned in order for healthy recovery to take place;
- reflect on the possible role of earlier unresolved grief issues in the genesis of an addiction, and in recovery from the addiction.

## Target group
Professionals and volunteers who wish to learn more about loss and bereavement and for those working with people who have experienced a major loss.

## Entry requirement
n.a.

## Selection procedure
For further information on the course visit hospicefoundation.ie/workshops/

## Assessment
n.a.

## Accreditation
The Irish Association of Social Workers accredit the workshop for 2 CPD points. Professional accreditation is also under application from An Bord Altranais and the Irish College of General Practitioners. A certificate of participation/attendance at the workshops is available on request.

## Course background
Presenter profile: Eoin Stephens is an Integrative cognitive behavioural therapist specialising in addictive behaviours and dual diagnosis issues. He has worked in addiction counselling and training, as well as in general private practice and supervision, for over 20 years. He is currently College President at PCI College, and a Director of CBT Solutions.

## Course start date
12 June 2015, 9.15am-4.15pm

## Course location
The Irish Hospice Foundation, Dublin 2

## Application
Contact iris.murray@hospicefoundation.ie or visit website. Booking forms should be returned with a cheque or details of address for invoice.

## Cost
€100, includes light lunch/tea and coffee.
Course Provider
Health Service Executive

Address
Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

Web address

Course aims and objectives
The programme aims to up-skill participants in using the evidence based Brief Intervention Framework with all tobacco users.

Course content
Course content:
• The health effects of tobacco and the benefits of quitting
• Raising the issue of tobacco use with patients
• Principles of a motivational approach to enhance client centred practice
• Coping with withdrawal symptoms
• Nicotine replacement therapy
• Smoking cessation services and supports

Target group
Any healthcare professional in a position to raise the issue of smoking use within their professional role and to support positive behaviour change such as nurses, midwives, allied health professionals, pharmacists etc.

Entry requirement
This course is for Health Professionals only.

Selection procedure
Contact Fiona Walsh Maher. See website for more details: [www.hse.ie/bitobacco](http://www.hse.ie/bitobacco)

Qualification
n.a.

Assessment
n.a.

Accreditation
Category 1 approval 6CEU's for registered nurses and midwives and 5.5 external credits for registered doctors/consultants

Course background
n.a.

Course start date
Contact course coordinator

Course location
Cork and Kerry. Can also be delivered on-site or at agreed locations on demand.

Application
Please contact Fiona Walsh Maher Tel: 021 4921641 or Email: fiona.walsh4@hse.ie to request an application form or for link to Online booking as applications can now be made online.

Cost
n.a.
Course Provider
HSE, MQI, Ana Liffey

Address
Merchants Quay Ireland's Riverbank building,
Merchants Quay, Dublin 2

Web address

Contact Person(s)
Nicola Corrigan
nicola.corrigan@aldp.ie

Course aims and objectives
Training in the administration of naloxone as part of the HSE National Demonstration Project on Naloxone.

Course content
The training which will last approximately one hour.

Target group
This training is suitable for front line staff of addiction services, homeless services and community projects. Family members will be trained at a separate event in conjunction with the Family Support network and drug users will be trained by frontline staff.

Entry requirement
Please be advised to consider the training videos available on drugs.ie in advance of the training http://www.drugs.ie/naloxone/

Selection procedure
Please indicate your preferred date and time in the email, allocations will be made in line with availability.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
Training will be delivered by trained staff of Merchants Quay Ireland, Ana Liffey Drug Project and HSE which will be overseen by HSE staff.

Course start date
Contact the co-ordinators for future dates.

Course location
Dublin

Application
Please RSVP to Nicola Corrigan
nicola.corrigan@aldp.ie and tim.bingham@hse.ie

Cost
n.a.
A Brief intervention is amongst the most effective of psychosocial treatments across a range of health related behaviours. It's a short intervention and consists of a helpful conversation in relation to a person’s alcohol consumption. A substantial body of literature exists which supports the use of a brief intervention in a range of health care settings to be effective in the reduction of problem alcohol consumption. The Steering group report on a Substance Misuse Strategy recommends that SBI training be extended to community, voluntary, health, social and criminal justice settings.

Course content
Evidence for the effectiveness of SBI for Alcohol and drug-related presentations to health, social care and other settings provision of an overview of the SAOR model of intervention for problem alcohol and drug use. Establishing a supportive working relationship with an individual when asking about their alcohol use and how to screen for alcohol use. Deliver a structured brief intervention based upon the SAOR model.

Target group
Staff who have occasion to ask people about their alcohol use. This could include workers from social care, family support, employment support, vocational training, criminal justice, probation, education, housing support and general health care services among others.

Entry requirement
See target group.
Course aims and objectives
Parental substance misuse has considerable impact on children and families. Children have a right to be protected from harm, safe from violence and neglect; treated with love, care, respect and have their wishes taken into account on matters affecting them. Parental Misuse of substances can often result in reduced parenting capacity, unpredictable behaviour, inconsistent parenting, stigma for the family, physical and emotional absence, possible criminal behaviour.

Course content
- Introduction to the impact of problem alcohol & other drug use on parenting capacity
- Understand the interface between alcohol & other drug use domestic violence, mental health issues and the impact on family functioning
- Understand familiar drinking patterns, recreational use weekend bingeing, self-medicating, Dependent use, and their possible impact on children

Target group
Individuals that are coming into contact with Alcohol & Drug issues. Workers/Volunteers who wish to gain knowledge on alcohol other drugs and their effects. People with an interest in this general area.

Entry requirement
See target group.

Selection procedure
For more information about courses, see the training calendar: donegalvec.ie/wp-content/upload/2015/04/Training-Calendar-1-jan-july-2015-NWregionfinal-final.pdf

Qualification
A certificate of attendance will be awarded on completion of the training. Follow on training is available from the Alcohol Forum in the autumn. Contact Alcohol Forum 074-9125596

Assessment
n.a.

Accreditation
n.a.

Course background
Trainer: Christina McEleney

Course start date
8 July 2015

Course location
Leitrim

Application
Apply at least 2 weeks before course start date. Application form can be found in the course calendar.

Cost
Contact co-ordinator.
Course Provider
Donegal ETB, North West Regional Drug & Alcohol Task Force, Alcohol Forum and HSE West

Address
Alcohol & other Drugs Training & Education
North West Region, Donegal Education and Training Board, Administrative Offices, Ard O’Donnell, Letterkenny, Co. Donegal

Web address
http://donegalvec.ie/?page_id=601&lang=en-uk&lang=en-uk

Course aims and objectives
Facilitation is the theory and practice combined of working with people. It enables and empowers people to carry out a task or perform an action. A group facilitator uses certain skills in a process which allows the individuals/group reach their decision/set their goal/learn a skill or whatever the task at hand might be. Facilitation is a developmental educational method which encourages people to share ideas, resources, opinions and to think critically in order to identify needs and find effective ways of satisfying those needs.

Course content
• To evaluate, recognize and put into practice the theory & practice of group work founded on the principles and values of group facilitation
• How to organise, plan, run and facilitate and evaluate group sessions with parameters, boundaries and group agreements
• Identify power, conflict and lack of participation in a group and how best to manage difficult situations
• Develop an insight into ethical behaviour as a facilitator and the use of your own power in the facilitator’s role.

Target group
This course is aimed at those working in the Community/Voluntary/Drugs/Alcohol sector that are involved in or plan to become involved in the facilitation of a range of groups.

Entry requirement
See target group.

Selection procedure
For course detail, see training calendar: donegalvec.ie/wp-content/upload/2015/04/Training-Calendar-1-jan-july-2015-NWregionfinal-final.pdf

Qualification
A certificate of attendance will be awarded on completion of the training.

Assessment
n.a.

Accreditation
n.a.

Course start date
16-17 July 2015

Course location
Leitrim

Application
Apply at least 2 weeks before course start date. Application form can be found in the course calendar.

Cost
Contact co-ordinator.
Course Provider
Dublin North East Drugs Task Force

Address
Le Cheile, Clancarthy Road, Donnycarney, Dublin 5

Web address
http://www.dnedrugtaskforce.ie

Contact Person(s)
Vanessa Hoare
Prevention Education Worker
01 846 5077
vanessa@dnedrugtaskforce.ie

Course aims and objectives
The Prevention Education Team of the DNELDTF, provide a range of services aimed at preventing, delaying onset and reducing the harms associated with drug use. All of these services are informed by current research and best practice guidelines.

Course content
- We help with the development and delivery of Drugs Awareness Programmes in local schools and youth projects.
- We provide drugs education and awareness programmes for parents on a range of issues.
- We offer support to parents and, where necessary, provide information on useful services and agencies offering counselling, family therapy and other supports.
- We work in partnership with community drug programmes, teachers and Home School Community Liaison Officers in the area.
- We continue to deliver substance use programmes as a support to the Walk Tall and Social Personal and Health Education programmes at primary and post-primary levels.
- In conjunction with relevant agencies, we continue to support schools with the development, implementation and review of school substance use policies.
- We offer information and training on substance use and related issues to community and youth workers that are based in the catchment area.
- We act as an information resource in the Dublin North East region providing high quality and up to date information on drugs and other relevant issues.

Target group
Those living or working in the Dublin North East region.

Entry requirement
Not applicable

Selection procedure
Contact the education team

Qualification
Not applicable

Assessment
n.a.

Accreditation
n.a.

Course background
See website for more information.

Course start date
Contact the education team for dates of courses

Course location
The Mornington Centre, 44A Malahide Road, Artane, Dublin 5

Application
See online

Cost
Contact the education team
## A76  FAMILY COMMUNICATIONS - TRAINING FOR TRAINERS

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>Contact Person(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>One Family</td>
<td>Paula Lonergan</td>
</tr>
<tr>
<td>Address</td>
<td>Training &amp; Consultancy Manager</td>
</tr>
<tr>
<td>2 Lower Pembroke Street, Dublin 2</td>
<td>01 6629212</td>
</tr>
<tr>
<td>Web address</td>
<td><a href="mailto:training@onefamily.ie">training@onefamily.ie</a></td>
</tr>
</tbody>
</table>

### Not Active

This course is no longer active, but might be in the future contact the Course Administrator for more information.

### Course aims and objectives

Family communications- coping with family life and communicating with teenagers is a resource for facilitators who want to work with groups of parents in relation to strengthening their skills in managing the demands of family life. This course is based on our family communications manual. The course prepares workers to design and deliver courses to groups or to work one-to-one with families with an emphasis towards those parenting alone, sharing parenting and parenting through family change. The manual includes 15 modules giving step-by-step guides and handouts for facilitating each session.

### Course content

After this training, participants will:
- Be able to plan, design and deliver a 6 to 12 week family communications programme
- Understand the theory behind the family communications manual
- Be familiar with the principles of clear and direct communication
- Be able to support parents in implementing clear and direct communication in the home
- To rebuild family life after a crisis
- Be able to support parents in parenting teenagers
- Be able to support parents in creating a positive environment at home
- Be aware of family diversity in Ireland today
- Be able to support parents in parenting when they are: separating or divorcing, shared-parenting, parenting in a multicultural society
- Be able to support one-parent families to talk about their family situation

### Target group

All those who are interested in delivering family strengthening courses and those who work with parents and their children such as project workers, family support workers, social workers and so on.

### Entry requirement

n.a.

### Selection procedure

Contact One Family
www.onefamily.ie/education-training/for-professionals/

### Qualification

n.a.

### Assessment

n.a.

### Accreditation

n.a.

### Course background

See website for details

### Course start date

11-13 May 2015 in Dublin city centre.

### Course location

Dublin city centre

### Application

Contact One Family

### Cost

€450 All materials provided, including Family Communications Trainers Manual. Light lunch & refreshments included in cost.
## Course Provider
One Family

### Address
2 Lower Pembroke Street, Dublin 2

### Web address
http://www.onefamily.ie

## Contact Person(s)

### Paula Lonergan
Training & Consultancy Manager
01 6629212
training@onefamily.ie

## Course aims and objectives
After taking part in this training you will be able to:

- design and deliver a ten-week Positive Parenting for Changing Families programme
- understand the theory behind the Positive Parenting for Changing Families manual
- be familiar with a range of approaches for managing difficult behaviour in children while raising self-esteem
- support parents in implementing these approaches
- support parents to develop strong relationships with their children
- know the provisions of the UN Convention on the Rights of the Child
- support parents in parenting when they are: separating or divorcing, sharing parenting, parenting in a multicultural society, parenting alone
- support parents to talk to their children about their family situations, and
- support families to parent through difficult times

## Course content
This 3-day intensive training, prepares professionals to deliver the programme to groups or in one-to-one sessions with parents. Redesigned from our flagship pre-existing Positive Parenting course and with a trainer’s manual containing 15 highly practical sessions which focus on the realities of parenting in diverse and changing families, this programme addresses the real challenges for parents today from a strengths-based and positive approach.

## Target group
Professionals working with families.

## Entry requirement
n.a.

## Selection procedure
See course website: 
[www.onefamily.ie/education-training/for-professionals/positive-parenting-training/](http://www.onefamily.ie/education-training/for-professionals/positive-parenting-training/)

## Qualification
n.a.

## Assessment
n.a.

## Accreditation
One Family accredited

## Course background
We can develop this course to suit your needs by providing additional modules on topics such as establishing a shared-parenting agreement for separating couples and managing a crisis.

## Course start date
8-10 June in Cork city, and 22-24 June in Dublin.
Duration: 3 days, 10.00-16.00 each day.

## Course location
Cork city (venue to be confirmed), and Dublin, 17 Herbert Street, D4

## Application
Register or make a booking enquiry, by completing online form. If you would like additional information, email Paula Lonergan, Director of Professional Development or call 01 662 9212.

## Cost
€450
Longer courses providing information, raising awareness and developing skills among those whose work brings them into contact with substance misuse. Around NFQ (National framework of qualifications) level 5.
Course aims and objectives
Cork City Partnership in conjunction with the Cork College of Commerce are running this Component Certificate.

Course content
1. Communications - This component is mainly experiential in nature; the focus is on the development of core skills essential for effective communication for engaging with young people in various settings.
2. Substance use - This component will examine young peoples’ attitudes towards substance use and misuse and explore the contexts which contribute to young people’s use of substances. It will also outline the developmental needs of young people during adolescence and explore a range of societal attitudes to young people and substance use. This component will also outline and identify different types of prevention / interventions strategies and explore various initiatives and responses and so on.

Target group
n.a.

Entry requirement
Applicants must:
• Be aged 21 or over,
• Send in relevant application form,
• Attend a pre-entry information session,
• Attend an interview in Cork City Partnership,
• Have Leaving Certificate or its equivalent and /or relevant life and work experiences (recognised prior learning),
Applicants are expected to be active participants in the community in either a voluntary or work capacity.

In order to gain employment or volunteer in this sector Garda Vetting is mandatory.

Selection procedure
Interviews will be held. For more detail on the course see: www.corkcollegeofcommerce.ie/Evening%20Courses/september-2015-courses/sports-substance-abuse-qqi-level-5-6/substance-use-issues-in-youth-community-work-settings

Qualification
NFQ level 5

Assessment
A variety of continuous assessment models will be employed and at least 80% attendance at the course is essential.

Accreditation
NFQ

Course background
n.a.

Course start date
Contact Cork City Partnership for future dates.

Course location
Cork College of Commerce

Application
Contact Jacqueline Daly, on 021 4302310 / 087 1962030.

Cost
€120 (subject to change) Cork City Partnership will cover the remaining fee for successful applicants
TREATMENT GROUP PROGRAMMES FOR DUAL DIAGNOSIS

Course Provider
Central Mental Hospital

Address
Dundrum, Dublin 14

Web address
n.a

Contact Person(s)
Hanora Byrne
Clinical Nurse Specialist
01 215 7556
hanora.byrne@hse.ie

Dr Shobha Rani
Clinical Placement Co-ordinator
01 215 7429
shobha.rani@hse.ie

Course aims and objectives
On completion of the course, participants will gain knowledge of dual diagnosis, be able to demonstrate an understanding of the psycho-educational programmes for dual diagnosis and will be able apply these in their own service provision. Participants will also gain an understanding of need for documentation, report writing and inter-agency working in relation to dual diagnosis.

Course content
The 35-hour programme is presented in 4 modules, over 5 days.
Day 1: An introduction to mental health and mental illness, dual diagnosis and evidence based treatment.
Day 2: Dual diagnosis and criminal behaviour, information and education group treatment programmes for dual diagnosis.
Day 3: Relapse prevention group treatment programme, skills demonstration.
Day 4: Relapse prevention group treatment programme, return of skills demonstration.
Day 5: Aftercare / support group programme for dual diagnosis, documentation and interagency working.

Target group
Interdisciplinary staff currently working or intending to work in the area of addictions or mental health

Entry requirement
As above (target group)

Selection procedure
n.a

Qualification
A certificate of attendance from the CMH

Assessment
Two 500-word essays; skills demonstration
Essays will not be graded but feedback will be provided.

Accreditation
Recognised by An Bord Altranais as Category 1 Post-registration course

Course background
Literature suggests a need for dual diagnosis training for staff working in both the addictions and mental health services. This inter-disciplinary programme is based on the pathway of care for dual diagnosis service users, developed by the CMH Clinical Nurse Specialist in Addictions.

Course start date
September/October each year

Course location
Education and Training Department, Central Mental Hospital, Dundrum, Dublin 14

Application
Application forms available from contact persons listed above

Cost
€700.00; cost negotiable if 3 or more participants attend from the same service
Course Provider
ALÃ (Participatory theatre)

Address
83 Castle Park, Ballybane, Galway

Web address
http://alact.ie/

Contact Person(s)
Project Director
Tel 091 492852
to.galway@gmail.com

Course aims and objectives
This course will introduce participants to the world renowned drama facilitation methods created by Augusto Boal known as Theatre of the Oppressed (TO). It will provide participants with a thorough grounding of TO drama facilitation techniques for practical use in group work situations. Through the use of stimulating games, exercises and other drama techniques, the course will explore group dynamics, effective communication and the idea of the reflective practitioner.

Course content
Specific learning outcomes are in 4 units.
Unit 1: Interpretation
Unit 2: Movement
Unit 3: Voice
Unit 4: Collaboration

Target group
1. Learners who want to gain an in depth understanding of Theatre Performance.
2. Learners who have already taken up a position in a theatre/production company.
3. Good English language, literacy and computer skills.
4. Well motivated, team player, with good interpersonal and communication skills.
5. Good time-keeping, attendance and commitment.
6. Learners who feel they have experience but who do not possess an appropriate qualification.

Entry requirement
Previous facilitation or group work experience would be an advantage. Prior drama experience is not essential.

Selection procedure
All applicants should be interviewed against Target Learner Profile. Recognition of prior learning will be considered. General education: Leaving Certificate (with relevant direct experience) or higher.

Qualification
FETAC Level 5 - E20019 Theatre Performance

Assessment
The course is highly participative and practical in nature. Assessment will be ongoing throughout the duration of the course. Both didactic and inductive methods are used.

Accreditation
All assessment is carried out in accordance with FETAC regulations.

Course background
ALã is a personal, social and community development organization. It uses theatre arts and education as developmental tools.

Course start date
Contact Ala for details of upcoming courses. Classes run on Friday evenings and on Saturdays and Sundays. There are 72 hours tuition plus learning journal and assessments.

Course location
Aras na Mac Leinn, NUI Galway

Application
Return completed forms by post or email.

Cost
The course fee is usually €400.
Course aims and objectives
Funded by the North Inner City Drugs Task Force (NICDTF), the primary aim of the programme is to provide youth and community workers with the information, resources, and skills necessary to work with the client group in their care in relation to sexual health and drug and alcohol use.

Course content
The programme is delivered one day a week, for 8 weeks.

Week 1: Sexual health and HIV & AIDS
Week 2: Sexually transmitted infections (STIs), condom use, and contraception
Week 3: Hepatitis and sexuality
Week 4: Cultural issues and sexual health, and presentation skills
Week 5: Drugs and alcohol awareness
Week 6: Interventions with clients: An introduction to motivational interviewing
Week 7: Policies, best practice and legal issues, and information recap
Week 8: Participant presentations

Target group
Youth and community workers in the north inner city area

Entry requirement
Ideally, candidates should be trained trainers and working in the youth and community sectors, in particular with vulnerable at-risk groups.

Selection procedure
Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 12.

Target group
Youth and community workers in the north inner city area

Entry requirement
Ideally, candidates should be trained trainers and working in the youth and community sectors, in particular with vulnerable at-risk groups.

Selection procedure
Candidates from the north inner city will be assessed for entry before others will be considered. The maximum number of participants on each course is 12.

For Dublin AIDS Alliance training webpage see http://www.dublinaidsalliance.ie/index.php?page=training

Qualification
NFQ Level 5 Component Certificate in Sexual Health and Drug Awareness Training

Assessment
Learner record, short assignment, and a skills demonstration presentation

Accreditation
NFQ

Course background
n.a.

Course start date
No dates are currently scheduled. Contact Dublin AIDS Alliance for future dates.

Course location
Eccles Street, Dublin 1

Application
Contact

Cost
To be confirmed
COMMUNITY ADDICTION STUDIES CERTIFICATE

Course Provider
Urrus & Local Steering Group, Dun Laoghaire

Address
Community Addiction Team, Unit 8, Leopardstown Office Park, Burton Hall Ave, Dublin 18.

Web address

Contact Person(s)
John Doyle
Course Facilitator
01 2176 140
alcoholdrugcourses@hotmail.com

Course aims and objectives
Drug & Alcohol issues will be explored from the individual, family, and community perspectives.

Course content
Participants will learn about a variety of drugs and their effects.
• Become effective in intervention strategies and managing crisis.
• Listen to guest speakers on related topics.
• Explore the different approaches to addiction treatment & rehabilitation.
• Learn about drug & alcohol policy.
• Gain valuable insights from the experiences of course participants.
• Learn about drug prevention & education.
• Challenge your perceptions and beliefs regarding substance misuse, and
• Network with members of community, voluntary and statutory services.

Target group
Community members who feel they would like to be more knowledgeable and effective when it comes to drug & alcohol issues, those working in community, voluntary, and statutory agencies who encounter substance misuse, and anyone who has an interest in addiction studies. The course is taught within an adult education ethos and there are no educational requirements, only a willingness to participate and learn.

Entry requirement
No previous experience or education required to apply.

Selection procedure
Complete an application form and attend an interview.

Qualification
FETAC Level 5 Community Addiction Studies Certificate

Assessment
Students are required to attend at least 80% of classes and complete assignments to receive FETAC level 5 Award.

Accreditation
FETAC

Course background
This course was first offered in 1998 and has been repeated most years.

Course start date
Course starts in October and finishes in March each year. Every Tuesday evening 6:45-9:45pm for 16 weeks + Saturday workshop.

Course location
Dun Laoghaire (Mounttown Community Facility).

Application
For enquiries or to request an application form email; alcoholdrugcourses@hotmail.com. Closing date is 01 September 2015. If you have missed the deadline please contact us regarding late applications.

Cost
Full fees = €375. Part payment of €100 required upon offer of place. Phased payment option available for students.
### Course Provider
**IICP Education and Training**

### Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

### Web address
http://www.iicp.ie

### Course aims and objectives
To facilitate students in learning basic knowledge in family therapies.

### Course content
**Module 1: Understanding families**
- Individual and family life cycles
- Healthy and dysfunctional characteristics in families

**Module 2: Therapeutic approaches to working with families**
- Rationale and history of family therapy
- The process of family therapy
- Psychoanalytic and Bowen family therapies
- Experiential family therapy
- Structural family therapy
- Strategic and systemic family therapies
- Solution-focused and narrative family therapies

**Module 3: Special populations in family therapy**
- Working with single-parent families
- Working with re-married families
- Working with culturally diverse families

**Module 4: Assessment and trends in family therapy**
- Assessment in family therapy
- Current trends in family therapy

### Target group
The course is suitable for counsellors and psychotherapists, social workers, psychologists, teachers, community workers and others working within the caring professions.

### Entry requirement
No entry requirements.

### Selection procedure
See above. Places are strictly limited and allocated on a first-come, first-served basis.

See the course website for further information - [www.iicp.ie/family-therapy.html](http://www.iicp.ie/family-therapy.html)

### Qualification
Professional Certificate in Family Therapy

### Assessment
Attendance at all training days is necessary to qualify for the award

### Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

### Course background
See course website

### Course start date
Spring and Autumn each year. One day a week for 7 weeks. Please contact the IICP for future dates.

### Course location
Killinarden Enterprise Park, Dublin 24

### Application
Application form available from contact persons or IICP website listed above.

### Cost
The cost of this programme is €490, with an alumni rate of €420 for those who have completed prior training with IICP.
# PROFESSIONAL CERTIFICATE IN THE THERAPEUTIC USE OF MINDFULNESS

<table>
<thead>
<tr>
<th><strong>Course Provider</strong></th>
<th><strong>Contact Person(s)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>IICP Education and Training</td>
<td>Marcella Finnerty</td>
</tr>
<tr>
<td><strong>Address</strong></td>
<td><strong>Course Director</strong></td>
</tr>
<tr>
<td>Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24</td>
<td>01 260 0805 / 086 260 9989</td>
</tr>
<tr>
<td><strong>Web address</strong></td>
<td><a href="mailto:marcella@iicp.ie">marcella@iicp.ie</a></td>
</tr>
<tr>
<td><a href="http://www.iicp.ie">http://www.iicp.ie</a></td>
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</tbody>
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### Course aims and objectives

This course is intended for practitioners in counselling and mental health who would like to add mindfulness to the range of interventions available to them for helping clients and who would like to use mindfulness as part of their daily lives.

Mindfulness involves returning your awareness to the present moment, in a non-judgemental way, whenever you notice your mind has wandered into the past, the future or into fantasy. This very simple approach, though at odds with our normal way of thinking, can be helpful to people suffering loss, anxiety, stress, depression and other aspects of the human condition.

### Course content

This course will enable participants to develop the practice of mindfulness; to help them to deepen their practice if they already use mindfulness; and to teach participants through theory and role play to use mindfulness with clients. Participants will gain a rewarding life skill and a valuable tool for intervention.

### Target group

This course will be of interest to professionals and volunteers who work with clients in counselling or mental health services. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, nurses and doctors.

### Entry requirement

No entry requirements

### Cost

€285.00.

### Qualification

Certificate of completion and transcript of course content and hours for continuing professional development (CPD).

### Assessment

Attendance at all training days is necessary to qualify for the award of the Certificate.

### Accreditation

Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

### Course background

This course has been organised in response to requests from trainees and professionals who wish to learn more about mindfulness.

### Course start date

3 full days, Dublin: 08, 15 & 22 June 2015. Cork: 03, 10 & 17 June 2015. 09, 16 & 23 October 2015 (10am to 4pm each day). This course runs a number of times a year.

### Course location

Killinarden Enterprise Park, Dublin 24; Silver Springs Hotel, Cork; Eglantine Avenue Belfast

### Application

Application form available from contact persons or IICP website listed above.
**Course Provider**
IICP Education and Training

**Address**
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

**Web address**
http://www.iicp.ie

**Contact Person(s)**
Marcella Finnerty  
Course Director  
01 260 0805 / 086 260 9989  
amcella@iicp.ie

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**Course aims and objectives**
The aim of the course is to equip participants with the necessary theoretical and clinical understanding of the CBT approach to counselling. The course content can be broken into four broad areas.

- **Theory**
- **Assessment of presenting problems**
- **Disputation of irrational beliefs**
- **Homework**

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**Course content**

**Section one:**
Participants will learn the history of CBT with emphasis on Beck's Cognitive Therapy and Ellis’ Rational Emotive Behavioural Therapy. Participants will gain an understanding of the psychology behind the CBT model and it's clinical application in today's climate. Difference in counsellor style will form an integral part of this phase of training. The importance of the counsellor as educator will be discussed. Ellis' ABC Model will be explored in detail and participants will learn how to explain the model to clients in a variety of ways.

**Section two:**
Assessment of a problem will be explored in the second phase of training. The different classifications of irrational beliefs will be explained and discussed. (inferences, evaluations etc). Trainees will learn how to identify rational and irrational beliefs and will clearly understand the difference between healthy and unhealthy emotions. The impact of thinking on emotional disturbance will be further discussed and explored. At this stage of training, Participants will begin to apply the ABC model to some of the presenting problems they identify.

**Section three:**
At this stage of training, Participants will be taught the different types of disputation in CBT. They will learn how to dispute irrational beliefs at a logical, empirical and pragmatic level. They will be taught how to assist their client's in disputing their irrational thoughts and beliefs. The integration of Alternative Rational Beliefs will be introduced to students and they will be given opportunity to practice these skills in class through triad work and round robins.

**Section four:**
The role of homework will be explored in detail in this section. Having identified the need to develop and strengthen rational beliefs, trainees will be given the skills required to help their clients achieve same. Students will learn how to develop both written and behavioural assignments to address the identified issues. These homework assignments will focus on both disputing the irrational beliefs and consolidating the rational beliefs. Effective planning strategies will also be explored.

**Target group**
Professional or personal interest in the area of Cognitive Behavioural Therapy.

**Entry requirement**
No entry requirements.

**Selection procedure**
See the course website for further details [www.iicp.ie/cbt.html](http://www.iicp.ie/cbt.html)

**Qualification**
On successful completion of the course participants will receive a Practitioners Certificate in Cognitive Behavioural Therapy and transcript of modules covered.
Assessment
n.a.

Accreditation
Institute of Integrative Counselling and Psychotherapy (IICP Education and Training)

Course background
This course has been organised in response to those seeking professional training and qualifications in Cognitive Behavioural Therapy

Course start date
Saturday 8 August, Sunday 9 August, Saturday 5 September, Sunday 6 September 2015. 9.00am – 5.00pm each day. This course runs a number of times a year.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form from contacts or online.

Cost
€495.00 (costs are inclusive of training, materials and group supervision). Reduced Rate for IICP Students/Alumni/VCS Counsellors €430.00
CERTIFICATE IN INTEGRATIVE COUNSELLING AND PSYCHOTHERAPEUTIC STUDIES

Course Provider
IICP Education and Training

Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

Web address
http://www.iicp.ie

Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
This is an introductory course for those who are seeking to develop their awareness and understanding in the field of counselling and psychotherapy. This course also serves as a foundation course for those seeking entry onto a diploma course in counselling and psychotherapy.

Programme aims:
• To introduce learners to a practical cutting-edge approach to mental health care and counselling;
• To encourage psychological wellbeing within the programme and empower and encourage support networks;
• To provide a warm and challenging environment where students can learn and grow;
• To enable learners to begin to develop a clear and transparent understanding of counselling and psychotherapy that is congruent with the principles associated with bone fide helping professionals; and
• Encourage learners to view this course in the context of lifelong learning and personal as well as professional development.

Course content
The programme is highly interactive and taught through role-play, lectures, group work and audio/video presentations. Participants will have the opportunity to produce and participate in individual written assignments, group projects and group work.

Module:
1. Introduction to counselling and psychotherapy: This module aims to give the learner a broad introduction to the field of counselling and psychotherapy and the main approaches therein. Learners will have the opportunity to explore various definitions in counselling and psychotherapy, understand the historical developments, appreciate how the need for therapy has evolved at a societal level and understand how theories aid a therapist in understanding human behaviour, emotions, unconscious factors, motivation and making sense and meaning of life experiences. Learners will also be given an overview of the models of Choice Theory and Reality Therapy, Person Centred Counselling and Multicultural approaches.

2. Introduction to counselling skills: This module aims to introduce the learner to the basic and intermediate skills of counselling. Learners will be coached in a range of key skills that will facilitate effective listening within the helping relationship. Learners will explore the characteristics of an effective listener, understand the core conditions of empathy, congruence and unconditional positive regard within the helping relationship and become increasingly aware of listening blocks. Learners will have the opportunity to practice listening skills with peer learners throughout this module.

3. Introduction to personal development: This module aims to enable learners to increase their levels of self awareness of their own personal development within the context of becoming a helper. Learners will explore their levels of self-awareness and how this relates to becoming an effective helper in the caring profession. Accurate and sensitive self-awareness underpins any type of helping relationship, as the main instrument for becoming a helper/therapist is the
person themselves.

Target group
This programme is suitable for those seeking to pursue their awareness and development in the field of counselling and/or who work in the helping/caring professions.

Entry requirement
• Applicants should be able to articulate their interest in the therapeutic field and their reasons for pursuing this course of study; and
• Produce evidence of prior educational attainment (see application form for further details)

Entry onto the certificate programme is through application and interview. Selection procedures will apply.

Selection procedure
See the course webpage at www.iicp.ie/certificate.html

Qualification
Certificate in Integrative Counselling and Psychotherapeutic Studies, Level 6 (Minor Award, validated by QQI (HETAC)), National Framework of Qualifications - 20 Credits

Assessment
Assessments will include practical work, individual and group projects and written assignments.

Accreditation
Institute of Integrative Counselling and Psychotherapy

Course background
Course was developed in response to requests from those seeking to pursue a foundation course in counselling and/or those who wished to develop their understanding of counselling for their personal and/or professional development.

Course start date
See website for future dates. The programme is offered in two formats. One programme (Ref: 2) takes place over Thursday evenings from 7pm to 10pm. The second programme (Ref 1) takes place on Fridays from 9.30am to 4pm.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form available from contact persons or IICP website listed above.

Cost
€1,050.00 (Plus QQI/HETAC fee of €50.00) If successful in your application a non-refundable deposit of €400.00 is payable on acceptance of offer.
Course Provider
IICP Education and Training

Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

Web address
http://www.iicp.ie

Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

Course aims and objectives
Supervision in some form is viewed as a key component of many professions in the provision of support to practitioners, enhancement of ongoing learning, and, to a greater or lesser degree, it offers some protection to the public. This course is intended for people from a variety of disciplines who are intending, beginning or already practising supervisors. It is designed to enable individuals to extend their understanding and knowledge of supervision, incorporating theoretical input with opportunities for group discussion and experiential exercises.

Course content
• Definitions and purpose of supervision
• Exploration of models of the supervisory process including those of Page and Wosket, Hawkins and Shohet
• Learning styles
• Consideration of the training development and supervisory needs of supervisors
• Opportunities to role-play in triads as supervisor, supervisee and observer, using participants’ own case work
• Exploration of transference, counter-transference and the parallel process
• Reflection on the similarities and differences of supervision in a one-to-one, group or organisational context
• Consideration of multicultural, ethical and professional issues

Target group
This course will be of interest to professionals who work in an integrative manner. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, healthcare professionals, probation officers, social services personnel, managers, and all who supervise the work of others in the helping professions.

Entry requirement
No entry requirements.

Selection procedure
See the course website for further details—www.iicp.ie/supervision.html

Qualification
Certificate in Integrative Supervision.

Assessment
Attendance at all training days is necessary to qualify for the award of the Certificate.

Accreditation
Institute of Integrative Counselling and Psychotherapy

Course background
This course has been organised in response to those seeking professional training and qualifications in therapeutic supervision.

Course start date
This is a one-year programme. 19 June 2015 - 8 April 2016. There are 13 classes which will run from 9.00am-5.00pm in the IICP.

Course location
Killinarden Enterprise Park, Dublin 24

Application
Application form from contacts or online.

Cost
€1,250
Course Provider
PCI College

Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22

Web address
http://www.pcicollege.ie

Contact Person(s)
Kelley Farrell
Enquiries
01 464 2268
info@pcicollege.ie

Course aims and objectives
This 30 hour programme consists of five one-day workshops, each of 6 hours duration. They will explore case work with particular emphasis on the impact of substance addiction on the individual, the family and the community.

Course content
- Drug types: pharmacological categorisation; how they work; their effects.
- Legal perspective: The Misuse of Drugs Act (Ireland); similarities and variances with the laws of other countries.
- The legalisation of cannabis and other drugs debate.
- Addiction research: Ireland & international.
- The causes of addiction.
- A range of treatment modalities: philosophies and practices.
- The family context of addiction.
- Counselling skills, particularly associated with addiction work.
- Health-related issues e.g. H.I.V., Hepatitis.
- The addictive personality?
- Personal factors enhancing recover.
- The role of support groups e.g. A.A., N.A., G.A., Al Anon etc.
- After-care.

Target group
Counsellors wishing to develop skills to enable them recognise the presence of addiction issues in the story of a client, to enable them work with the addiction issue or to make an appropriate referral.

Entry requirement
Qualification in counselling, psychotherapy or other helping professionals with therapeutic experience. Students currently in training will be considered, though the certificate cannot be used until they have qualified.

Selection procedure
Download application form on PCI website
www.pcicollege.ie/cpd-course/substance-addiction

Qualification
PCI College Certificate in Substance Addiction

Assessment
1. Visit a treatment service and make a 30 minute presentation on this experience.
2. Write an essay on the rehabilitation of substance addicts in your work.

Accreditation
n.a.

Course background
n.a.

Course start date
30 hour programme over 2 weekends: starting October 2015, Fri 7pm-10pm, Sat & Sun 9.30am-4.30pm

Course location
Clondalkin, Dublin. This course can also be provided as an in-service programme for government bodies, professional groups or community organisations

Application
Contact PCI

Cost
€750 (€500 for PCI students and graduates)
Course aims and objectives
You will learn to observe, assess, evaluate, and formulate treatment using the client’s environmental influencers as well as their thoughts, moods and emotions, and behaviour. The approaches presented are usable, up-to-date and strongly evidence-based.

Course content
Course content:
Day 1: Foundation level theory and practice
Day 2: Behavioural & cognitive strategies in CBT
Day 3: Depression - a cognitive behavioural approach
Day 4: Anxiety - a cognitive behavioural approach
Day 5: Integration/assessment day

Workshops can be taken individually, or combined to make up the requirements for the Certificate Course. There is no time limit to complete the course.

Target group
For helping professionals (with therapeutic experience) who want to gain the knowledge and skills necessary to incorporate CBT into their practice.

Entry requirement
Applicants will ideally have a professional qualification in counselling, psychotherapy, or similar – accreditation is not necessary. Students currently in training will be considered, on the understanding that the certificate qualification cannot be used until they have qualified.

Additional requirements (before integration day): 20 hours of work with clients using CBT & 3 sessions with a qualified supervisor to review your client work.

Selection procedure
For more information please visit http://www.pcicollege.ie/cpd-course/cognitive-behaviour-therapy

Qualification
Participants must attend all days for a certificate in cognitive behaviour therapy.

Assessment
As per syllabus. Additional Course Requirements: (Before Integration Day): 20 hours of work with clients using CBT and 3 sessions with a qualified supervisor to review your client work

Accreditation
PCI College

Course background
See website for more details.

Course start date
30 hour programme over 5 days. Next start date to be confirmed. Please call 01-464 2268 or email info@pcicollege.ie to add your name to the Waiting List.

Course location
Dublin. This course can also be provided as in-service training for government bodies, professional groups or community organisations.

Application
Application forms by email or online.

Cost
Fees (full course): €780. If you have completed the PCI College Advanced Diploma in CBT, you are entitled to an exemption of day 1 & day 2 - course cost €570.
## Course Provider
PCI College

### Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22

### Web address
http://www.pcicollege.ie

## Contact Person(s)
Kelley Farrell

### Enquiries
01 464 2268
info@pcicollege.ie

## Course aims and objectives
This short course is designed to introduce participants to addiction studies and looks at:

- what substances are being used, how these impact on users,
- Irish drug and alcohol policy, treatment approaches and
- an introduction into research and treatments and how well these work.

## Course content
This programme will provide a basic introduction about the impact of addiction in Ireland. It will open a door for greater understanding of this complex and difficult topic. It will also review what substances look like, what is available and their effects.

We will discuss the use and abuse of various substances and explore Irish policy around drugs and alcohol. Different treatment approaches and access to treatments will be reviewed and current research on treatment effectiveness will be introduced.

Signs of substance misuse among adolescents will also be discussed. Recent policy developments and current research into treatments are also examined.

## Target group
For those who have an interest in addiction including members of the public, volunteer workers and public servants who wish to learn about this important topic. It will also serve as an introduction to the area of addiction for practising counsellors.

## Entry requirement
An interest in addiction.

## Selection procedure
Completion of the application and fulfilment of the conditions.

For more information about the course visit http://www.pcicollege.ie/short-courses/introduction-addiction-studies

## Qualification
PCI College Certificate in Addiction Studies

## Assessment
As per syllabus.

## Accreditation
PCI College

## Course background
See website for more information.

## Course start date
30 hour programme over 10 weeks. Start date to be confirmed.

## Course location
Clondalkin, Dublin

## Application
Please email info@pcicollege.ie or call 01 464 2268 to add your name to the waiting list.

## Cost
€650.00
Course aims and objectives
The aim of this course is to enable participants to be aware of the various drugs, both legal and illegal that are available at the present time in their area. It focuses on their impact on the community and on the whole process of addiction. Essentially the course will cover four main areas:
1. Drugs and their effects
2. The process of addiction
3. Intervention strategies
4. Community responses

Course content
This QQI Level 5 Community Addiction Studies course is a Component Certificate or module at QQI Level 5 of 36 hours duration delivered part time over 10 weeks.

Students will receive handouts and relevant literature to enable them to develop their understanding of addiction studies appropriate to this level. In each session students will have the opportunity to observe and discuss the various categories of drugs and the effects that addiction may have on the family and community.

Target group
Anyone with an interest in the subject of addiction can apply for this course. It is ideal for those who are currently working or wish to work with clients experiencing substance misuse issues.

Entry requirement
Level 4 Certificate, Leaving Certificate or equivalent qualifications and/or relevant life and work experience

Selection procedure
Application form
www.thelearningcurve.ie/node/92

Qualification
QQI Level 5 Component Certificate in Community Addiction Studies.

Assessment
The programme is delivered as a part time course consisting of 24 hours face to face learning with another 12 hours online contribution/discussion time. A total of 36 hours contact time between student and lecturer. A further 30 hours of self-directed learning is recommended for successful completion of the module by the learner. Students must attend at least 80% of the classes and complete all the necessary assessments in order to be eligible for certification through FETAC.

The online element to the course will be in the form of a discussion forum. This forum will be open for the entire 10 week period and students will be expected to contribute to the discussions as posted by the tutor every week, this will account for approx 1.5 hours in total each week for the 8 weeks.

• Collection of work - 60%
• Research project - 40%

Accreditation
This component certificate can be combined with other Level 5 Minor Awards or Components to achieve a QQI Level 5 Major Award in Community Development.

Course background
The Learning Curve Institute offers a unique post-course support system whereby students are provided with the contact details of the lecturer and are free to contact him/her with any questions they may have or queries with which they would like the lecturers help.
Course start date
Limerick - 29 Sep - 01 Dec 2015, 6pm-9pm.
Dublin - 29 Sep - 01 Dec 2015, 6pm-9pm
(Closing date for applications 22 September 2015)

Course location
Limerick Education Centre and Dublin, DIT Aungier St. The course is provided at various sites throughout the country.

Application
Book through the website link or contact The Learning Curve Institute directly on 098 25530 or info@thelearningcurve.ie

Cost
€399
Course aims and objectives
This is an access course for those who are new to the study of addictions. Students may use it as a first step towards professional training as an addiction project worker or addiction counsellor. Others may use it as a foundation course before applying as a mature student to a non-addiction-related course.

Course content
• Counselling skills for the workplace
• Models of addiction
• Team working
• Intro to pharmacology
• Care provision and practice
• Communications
• Work experience
• Intercultural studies
• Information technology
• English literature
• Personal effectiveness for the workplace
• Safety and health at work

Target group
Mature students

Entry requirement
This is an access programme for mature students who wish to progress to professional training. Where places are available, all suitable candidates are accepted.

Selection procedure
A 15-minute interview and two written references.

For more information about the course visit

Qualification
NFQ Level 5 Community and Health Services DCHSX

Assessment
Project work and continuous assessment

Accreditation
NFQ (National Framework of Qualifications)

Course background
This is a one-year full-time programme.

Course start date
September each year.

Course location
Liberties College, Bull Alley Street, Dublin 8

Application
Application form available online

Cost
Contact the college for details.
## Course Provider
Finglas Addiction Support Team and DCU

## Address
2a Wellmount Road, Finglas, Dublin 11

## Web address
http://www.fastltd.ie/

## Course aims and objectives
This course is an innovative initiative to provide the educational support to recovered (former) users of drugs and alcohol to work with people, currently struggling with addiction, in a recovery coaching relationship.

The role of ‘recovery champions’ i.e. visible community based examples of success, is increasingly gaining significance. This course provides the necessary theory and practice skills development to become effective recovery coaches in the community.

## Course content
On completion of this module and following a period of personal study the student will be able to:
- Understand the concept of recovery and the processes of change in relation to addiction including relapse and relapse prevention
- Utilise a range of communication and behavioural strategies in the effective coaching of recovering drug users
- Understand the key ethical issues associated with recovery coaching
- Evaluate the outcomes of recovery coaching

In addition to the delivery of theory and skills development in class, a minimum of 20 hours coaching practice is a formal mandatory component of the programme. Candidates of the programme will be required to identify a site or organisation who will facilitate coaching placement and who are willing to undertake assessor/ supervisor preparation. All components of the programme, theoretical and practical will be fully supported by the programme team in the form of individual and group tutorials and site visits.

## Target group
See entry requirements

## Entry requirement
- Minimum 18 months drug free.
- No involvement in criminal activity, with no outstanding issues before the courts.
- Experience of participating in recovery groups.
- Has addressed personal issues relating to own addictive behaviours.
- Willing to become a recovery coach under supervision.
- Willing to be flexible with their time.
- Willing to learn, take feedback and be supervised.

## Selection procedure
The application form, a cover letter and any supporting documentation should be submitted to FAST. Shortlisted candidates will be required to attend for interview.

For more information on the course, look at the prospectus [fastltd.ie/index.php](http://fastltd.ie/index.php)

## Qualification
Contact FAST

## Assessment
Assessment of the module takes the form of a portfolio and course participants will be fully supported in the completion and submission of this work.

## Accreditation
DCU

## Course background
The School of Nursing and Human Sciences at DCU and Finglas Addiction Support Team (FAST) have been working together for several years and share similar values; innovation, creativity and
inclusion. These values are key elements underpinning the Recovery Coach Programme (RCP). The recovery coach initiative overall is consistent with DCU's and FAST's strategic objectives of community engagement.

Course start date
The programme commences in October each year.

Course location
Dublin

Application
An application form can be obtained from the School of Nursing and Human Sciences, DCU: snhsenquiries@dcu.ie, 01 700 5947; or from FAST: reception@fastltd.ie, 01 811 0595

Cost
Contact FAST
**Course Provider**
Health Service Executive

**Address**
Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15

**Course aims and objectives**
This course aims to prepare nurses, midwives, health and social care professionals to implement Screening and Brief Interventions (SBI) for problem substance misuse.

On completion of this course, participants should be able to:
• Critically discuss problem alcohol and drug use as it impacts on their current work or area of practice
• Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
• Identify problem alcohol and drug users who present to health and social care settings
• Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice based scenarios
• Discuss the application of the SAOR model of screening and brief intervention for problem alcohol and drug use into their practice.

**Course content**
The key course content which emerges from the course learning outcomes is outlined below:
• Evidence for the effectiveness of SBI.
• Alcohol and drug related presentations to health and social care settings.
• Contemporary models of SBI for problem alcohol and drug use.
• Overview of the SAOR model of intervention for problem alcohol and drug use.
• Establishing a supportive working relationship with the service users.
• Asking about alcohol and drug use and screening for alcohol and drug related problems.
• Delivering a structured brief intervention based upon the SAOR model.

• Developing appropriate care pathways for service users and arranging appropriate follow up.
• Accessing useful links and reference materials for further reading and research.

**Target group**
The primary target audience is nurses, midwives and allied health and social care professionals who are in a position to offer Screening and Brief Interventions to service users presenting with problem alcohol and drug use.

**Entry requirement**
Please email Marwin Jagoe Marwin.Jagoe@hse.ie in Drug & Alcohol Service

**Selection procedure**
Places will be allocated on a first come, first served basis for each completed application.

**Qualification**
n.a.

**Assessment**
n.a.

**Accreditation**
An Bord Altranais - Category 1 approval

**Course background**
n.a.

**Course start date**
Course location
Co Cork.

Application
Please return the completed application form to marwin.jagoe@hse.ie

Cost
n.a.
Course Provider
Blanchardstown Local Drugs Task Force

Address
2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15

Web address
http://www.bldtf.ie

Contact Person(s)
Ciara Jubani
Community Development Worker
01 824 9590 / 685 4405
ciara@bldtf.ie

Course aims and objectives
SFP involves not just parents or children alone, but the whole family. It is a 14 week skills enhancing programme. It is an inter-agency initiative, delivered by a range of community, statutory and voluntary local services in Blanchardstown which is managed and funded by Blanchardstown Local Drugs Task Force.

Course content
The SFP curriculum includes three courses (Parent skills training, Teen skills training and Family life skills training) that involves the whole family in three classes run on the same night once a week for 14 weeks.

Target group
The Strengthening Families Program (Kumpfer & DeMarsh, 1989; Kumpfer, DeMarsh, & Child, 1989) is an evidence-based 14-week family skills training program for parents and their teenagers (Age 12-16) in three classes run on the same night once a week.

Crèche facilities and child care is provided for younger children in family (aged 1-5yrs) and youth group is provided for children aged 6-11yrs.

Entry requirement
Referrals can come from many different sources: self-referral, schools, School completion Programmes, Youthreach, Social Workers, JLOs, Family services, Youth services, Child & Family Services, Garda Youth Diversion Projects, Community Mental Health Centres, Housing Projects, Drug Treatment Centres, Community Drug Teams, Probation, Rehabilitation Projects and other local agencies.

Selection procedure
Catchment Area: Dublin 15

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
- SFP is a family based Programme which aims to improve parenting and family functioning by strengthening the family
- Strong families reduce risk for many adverse behaviors in children & teens; substance abuse, teen pregnancy, school failure, aggression and delinquency.

Course start date
6 – 8.30pm, every Tuesday for 14 weeks in a local community centre

Course location
Blanchardstown, Dublin

Application
Contact Blanchardstown LDTF

Cost
Free of charge
Course aims and objectives
The training is based on the resource MindOut which has been developed by Health Promotion HSE West and NUI Galway. MindOut is a twelve-session mental health programme which takes a positive approach to the promotion of emotional and mental health among young people. The emphasis is on giving time to young people to explore what challenges their mental health and looking at the ways they cope ranging from personal coping skills to informal networks of support to professional or voluntary support services. All participants will receive a copy of the MindOut resource pack and Good Habits of Mind support pack.

Course content
Training for the resource is carried out over three days. Following training day one and two participants begin to implement the programme. Participants then return 6 weeks later for day three which includes a review, self-care for the tutors and organisational issues.

Learning content:
• Expressing feelings
• Gender differences in coping behaviour
• Dealing with rejection and depression
• Seeking help
• Coping strategies and resilience
• The importance of social support
• Positive self-talk

Target group
Designed for anyone working with young people in a youth work, out-of-school or non-formal education setting.

Entry requirement
n.a.

Selection procedure
For more course information visit http://www.nycitraining.org/courses/mindout-mental-health-promotion-programme-out-school-settings-3

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
n.a.

Course start date
Contact NYCI for future dates.

Course location
Various locations

Application
Obtain an application form online or by contacting NYCI’s Training Administrator on 01 4784122 or e-mail training@nyci.ie

Cost
Free of charge.
Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.

Course aims and objectives
Community Reinforcement Approach (CRA) is an evidence based treatment for people with alcohol and other drug problems that has the disarmingly simple aims of make a sober lifestyle more rewarding than one that involves the use of substances.

At the end of the two day course participants will:
• have an understanding of how to use the skills of positive reinforcement within a behaviour change context
• have experience practicing the skills of CRA
• have some ideas of how CRA could be used in their work with their current clients
• have completed the foundational level of training needed to become an accredited CRA therapist.

Course content
CRA uses positive reinforcement as the primary mechanism to help people reorder their life through mapping their AOD use, building their motivation to change, helping them initiate a trial period of sobriety, learn new coping behaviors and involve significant others in their recovery process.

The course fulfills the basic training requirement for participant to go on and seek accreditation as a CRA Therapist. Additional study and supervised practice will be required in order to achieve accreditation as a CRA Therapist.

Target group
CRA is a simple and powerful approach to working with alcohol and other drug problems that can be used by professionals across the psychotherapy, mental health and social care fields.

Entry requirement
n.a.

Selection procedure
On application

Qualification
A Certificate of Attendance will be awarded on completion of the training.

Assessment
n.a.

Accreditation
n.a.

Course background
n.a.

Course start date
24-25 April 2015

Course location
Swords, Co Dublin

Application
Contact Yvonne on 087-9081189 or copepsychotherapy@gmail.com by Friday 6 March.
Cost
€199.00. This includes all handouts, materials and a certificate of completion for continuing professional development purposes.
Course Provider
Donegal ETB, North West Regional Drug & Alcohol Task Force, Alcohol Forum and HSE West

Address
Alcohol & other Drugs Training & Education North West Region, Donegal Education and Training Board, Administrative Offices, Ard O’ Donnell, Letterkenny, Co. Donegal

Web address
http://donegalvec.ie/?page_id=601&lang=en-uk&lang=en-uk

Contact Person(s)
Christina McEleney
Coordinator
074 9161508
christinamceleney@donegaletb.ie

Course aims and objectives
This programme module aims to create awareness of drug/alcohol related issues and impacts on the individual, families and local communities while developing a shared understanding of effective, evidence based community responses.

Course content
A comprehensive module on all aspects of alcohol & other drugs misuse within communities.

Learning outcomes:
• Understand and explain the process of addiction
• Outline the impact of substance use disorder on individuals, families & communities
• Identify key agencies and supports for individuals & families
• Critically analyse media responses
• Critically reflect on personal values and belief systems

Target group
For those that come into contact with alcohol and other drugs as part of their work / volunteering. Counsellors, Social workers, teachers, family support workers, nurses, employment support staff, probation, Gardai among others

Entry requirement
Each course is targeted at a range of workers and volunteers that come into contact with alcohol and other drug issues.

Selection procedure

Qualification
QQI / Fetac Level 5 Certificate Component.

Assessment
54 hrs. taught and 96 hrs. self-directed learning

Accreditation
QQI

Course background
Trainer: Christina Murray-McEleney

Course start date
Sligo - 10 September 2015 (evenings)
Letterkenny - 15 September (day time)

Course location
Sligo and Letterkenny

Application
Booking is essential four weeks before this course starts. See training calendar for booking form

Cost
Contact co-ordinator
B22 FETAC LEVEL 5 DRUG AND ALCOHOL ADDICTION

Course Provider
Waterford College of Further Education

Address
Parnell Street, Waterford

Web address
http://www.wcfe.ie/jcms/

Contact Person(s)
Philip Deegan
Director of Adult Education
051 874053
pdeegan@wcfe.ie

Course Background
For more information visit

Course start date
October to March each year, one evening per week. 60 hours (20 weeks).

Course location
Waterford

Application
Check website for details.

Cost
Usually €385. Fees for all courses must be paid prior to starting course. Concession for OAPs and unemployed persons of 25%, must produce documentation.

Course aims and objectives
The module will equip the student with the competencies and knowledge necessary to meet the various needs of substance users and to assist them in making choices regarding treatment options.

Course content
Course content:
• Psycho-pharmacology.
• Understanding addiction and dependency.
• Health Issues.
• Engagement skill and interventions.
• Attitudes.

Target group
This module is suitable for those who work with or intend to work within homeless and/or drug services and those engaged in community development.

Entry requirement
n.a.

Selection procedure
All enquiries to: Philip Deegan, Director of Adult Education or Margaret O’Brien Moran, Assistant Director of Adult Education.

Qualification
FETAC Level 5 Record of Achievement

Assessment
n.a.

Accreditation
FETAC

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.
Course aims and objectives
You will gain a thorough understanding of drug misuse and its effects on Irish society. You will acquire critical awareness of the causes of addiction; models of treatment of addiction; and learn to identify patterns of drug abuse by examining historical trends in Irish society.

This course helps to identify strategies appropriate to the various stages of the addiction process. Analysis of community and local level responses, and of media representation of addiction and how it affects attitudes in society will help you develop a broader view of this complex area.

Course content
1. Drugs and their effects
2. The impact of addiction on the family and the community.
3. The services available in response to addiction
4. Community responses
5. The nature and practice of intervention
6. The media presentation of addiction
7. Application of psychological theory & behavioural interventions
8. The participant's own personal learning

Target group
This course is relevant to anyone interested in working with persons with different types of addiction. Ideally suited for care workers, community workers, social workers, charity volunteers, agency workers, or indeed anyone, who wishes to work in this challenging area.

Entry requirement
n.a.

Selection procedure
For more information see the course website - http://cmi-ireland.com/addiction-studies-courses

Qualification
FETAC Level 5 Award in Community Addiction Studies

Assessment
Course work consists of practical home assignments and a project. Practical guidance will be offered throughout the course by experienced lecturers. Participants will maintain a personal log/journal of their personal learning experiences during the course.

Accreditation
Awarding Body: FETAC

Course background
See course website.

Course start date
05 October 2015. Contact CMI for future dates.

Course location
Dublin

Application
Course fees are payable before commencement. Submit your details to ‘Book a course’ on the CMI’s website by the deadline date.

Cost
€950
Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Course aims and objectives
Drug & alcohol issues will be explored from the individual, family, and community perspectives.

Course content
Content includes:
• Pharmaceutical information on drugs & their effects
• Process of addiction
• How addiction effects individuals, families, communities
• Social analysis
• Media analysis
• Personal development
• How individuals and communities can respond
• Field visits to drugs services

Target group
Community members who feel they would like to be more effective when it comes to drug and alcohol issues

Entry requirement
No previous experience or education required to apply. Students are required to attend at least 80% of classes and complete assignments to receive FETAC level 5 Award.

Selection procedure
Initially by application form and then by informal interview.

For further information/application form, contact one of the people listed below:
• Ballyfermot CASC: - Dermot Gough, Ballyfermot Advance Project. Ring. 01 6238001.
• Ballymun CASC: - Gabrielle Gilligan, Urrús/Ballymun Youth Action Project. Ring. 01 8467980.
• Blanchardstown CASC: - Phillip Keegan, Greater Blanchardstown Response to Drugs.

Ring. 01 8262364.
• Dun Laoghaire/Rathdown CASC: - Eamonn Gillen, Drug Prevention & Education Officer, Dun Laoghaire Rathdown Local Drugs Task Force. Ring - 086 3885982.

Qualification
One Module - FETAC Level 5

Assessment
Exercises and assignments completed over the duration of the course

Accreditation
FETAC (Further Education and Training Awards Council)

Course background
This course is run once a year, starting in the autumn.

Course start date
September/October each year. Twenty-week course (one evening each week), 7:00pm-10:00pm.

Course location
Various locations.

Application
For enquiries or to request an application form email; alcoholdrugcourses@hotmail.com or see contact details are above.

Cost
Full fee = circa €150. (Ballymun Local Drugs Task Force Area - €70).
COMMUNITY ADDICTION STUDIES COURSE (10 day)

Course Provider
Urrus/The Ballymun Youth Action Project

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Course aims and objectives
The purpose of the Community Addiction Studies Course is to enable people to:
• Learn about drugs and their effects
• Develop an understanding of addiction
• Examine their own attitudes
• Become more effective in their personal responses
• Explore the effects of drug misuse on the family
• Develop the skills and knowledge to become more effective in responding to drug misuse in their own communities

Course content
• Introduction
• Drug use, misuse and abuse
• Drugs as participants encounter them, signs and symptoms
• Drugs used in participant’s community and their effects
• Attitudes
• Pharmaceutical information on drugs
• The process of addiction
• Families and the effects of addiction on families
• Interventions at a one to one level
• Intervention and listening skills, role play
• Referral and treatment programmes
• Agency visits
• Community responses to problem drug use

Target group
Community members who feel they would like to be more effective when it comes to drug/alcohol issues. There are no education requirements to be part of this course, only a willingness to learn.

Entry requirement
n.a.

Selection procedure
See webpage:
http://www.byap.ie/urrus/addiction-training

Qualification
URRUS is registered with FETAC (Further Education and Training Awards Council) to offer programmes leading to FETAC awards in the National Framework of Qualifications. This course is one Module at FETAC Level 5.

Assessment
n.a.

Accreditation
Fetac level 5

Course start date
Contact URRUS for future dates.

Course location
Ballymun, Dublin

Application
Contact URRUS. Ph. 01 8467980. email urrus@byap.ie or see website above.

Cost
Category 1 - €250. Category 2 - Ballymun Local Drugs Task Force Area - €70
Course aims and objectives
Successful learners will:
• Appreciate their own ways of participating in groups.
• Recognise the characteristics of effective groups.
• Understand key elements of group development and group process.
• Gain an understanding of the nature of conflict in groups.
• Understand the function of leadership in groups.
• Have developed good practices for working with groups.

Course content
Content will include:
• Participating in groups, experiences, strengths and challenges
• Group theory, types of groups, stages of development, group structures, etc.
• Diversity in groups, managing difference and conflict.
• Group leadership, roles and skills of facilitation, planning, implementation and review.
• Skill development - facilitation practice and reflection

Target group
This training is for those who are working or interacting within a group setting and would like to gain greater knowledge of the theory and practical skills associated with effective groupwork.

Entry requirement
n.a.

Selection procedure
Contact URRUS

Qualification
n.a.

Assessment
The course is delivered in a workshop style incorporating inputs, small and large groupwork, group and individual exercises, guided skills practice and individual reflective practice.

Accreditation
n.a.

Course background
URRÚS (Irish for “strength” or “confidence”) was founded in 1996, by the Ballymun Youth Action Project, to provide training in relation to drug and alcohol misuse. Most of our work is with adults, parents and professionals working in the area or with those who through their work encounter addiction issues.

http://www.byap.ie/urrus

Course start date
Contact URRUS for next start dates.

Course location
Balcurris Road, Ballymun, Dublin 11

Application
Contact 01 8467980 / Email: urrus@byap.ie

Cost
Category 1 - €250 Category 2 - €40 Ballymun Local Drugs Task Force Area resident/working (proof of address to be enclosed with booking)
B27 DRUG AND ALCOHOL STUDIES

Course Provider
Urrus/The Ballymun Youth Action Project

Contact Person(s)
Gabrielle Gilligan
Administrative Assistant
01 846 7980 / 01 842 5726
urrus@byap.ie

Address
Horizons Centre, Balcurris Road, Ballymun, Dublin 11

Web address
http://www.byap.ie

Course aims and objectives
The purpose of the Drug and Alcohol Studies is to enable students to:
• Identify the different drug types and their affects
• Describe the physical, mental and emotional impact of substance use on the person
• Develop an understanding of addiction and dependency
• Explain health risks associated with substance use and dependency
• Demonstrate a knowledge and an understanding of engagement skills and interventions
• Consider their own perceptions to substance use and addiction

Course content
• Introductions
• Drug types and affects
• Pharmacology of drugs
• Understanding addiction and dependency
• Models of addiction
• Treatment approaches
• Physical and mental health issues associated with substance use
• Listening skills
• Assessment and intervention skills
• Intervention strategies, role play
• Attitudes to substance use

Target group
This training is for those who wish to work in the field of addiction, for anyone currently in a key-worker or youth worker role who wants to gain the competence necessary to work effectively with individuals experiencing substance use problems.

Entry requirement
n.a.

Selection procedure
For more information see http://www.byap.ie/urrus/addiction-training

Qualification
URRUS is registered with FETAC (Further Education and Training Awards Council) to offer programmes leading to FETAC awards in the National Framework of Qualifications. This course is one Module at FETAC Level 5.

Assessment
n.a.

Accreditation
Fetac level 5

Course background
n.a.

Course start date
Contact URRUS for future dates

Course location
Ballymun, Dublin

Application
Contact URRUS. See the website URL for application form

Cost
Category 1 - €250. Category 2 - Ballymun Local Drugs Task Force Area - €40.
Courses leading to a professional or academic qualification (at NFQ level 6 or higher) in the field of substance misuse or related areas.
C01  DIPLOMA IN ADDICTION STUDIES

Course Provider
DBS School of Arts

Address
Dublin Business School, 13/14 Aungier Street,
Dublin 2

Web address
http://www.dbs.ie

Contact Person(s)
Administrator

01 417 7500
admissions@dbs.ie

Course aims and objectives
Aims:
• To investigate several areas of addiction, including theory, treatment, addictive behaviour and its impact on the individual, the family and the wider community
• To provide a grounding in the study of addiction and cover most of the major associated themes
• To provide some theoretical knowledge for people who are working or interested in the area, to deepen their understanding and knowledge

Course content
• Theoretical models of addiction
• Types of addiction, addictive behaviours, including self harming and eating disorders
• Pharmacology
• Treatment methods and models of treatment
• Harm reduction, health promotion, HIV/AIDS and hepatitis
• Gender issues
• Criminal behaviour associated with drug misuse
• Impact of addiction on family, family adjustment and co-dependency
• Impact of addiction on wider community
• Contemporary social policy and social issues

Target group
The course provides a comprehensive introduction to the field of addiction studies. It is relevant for anyone involved in addiction service provision or for anyone interested in working in this area. It also informs anyone who encounters the challenges of dealing with addiction in their work or personal lives.

Entry requirement
Applicants must be aged 18 years or over.

Selection procedure
By application.

For more information about the course, visit the course website at http://www.dbs.ie/Addiction-Studies/Evening-Diploma.htm

Qualification
Diploma in Addiction Studies

Assessment
Written assignment (100%).

Accreditation
Dublin Business School

Course background
This course was first offered in 2003 and runs in October and February each academic year.

Course start date
This course may be run twice a year. Spring and Autumn. 1 evening per week, 6.15 pm-9.30 pm for 10 weeks.

Course location
Dublin Business School, 13/14 Aungier Street,
Dublin 2

Application
For further information please contact the Admissions Office on 01 417 7500 or visit our website www.dbs.ie

Cost
€1,250
Course aims and objectives

Aims:
• To formally explore addictions from a variety of academic and scientific perspectives; including social, cultural, psychological, anthropological, and psychoanalytic perspectives
• To evaluate how these perspectives interact and how they differ from each other
• To critically inform policy making in relation to addictions, as well as the management of addiction services and the treatment of addictions

Course content

Semester 1:
• Basic concepts in psychoanalysis
• Approaches to the theory & treatment of addiction
• Transference issues in addiction treatment
• Research methodology 1

Semester 2:
• Cultural issues in the study of addiction
• Social policies & social context of addiction
• Research methodology 2
• Integrative tutorials
• Clinical visits

Semester 3:
• Clinical visits
• Research project

Target group

This programme is designed for students with a background in psychology, psychoanalysis, anthropology, sociology, or a cognate discipline who wish to acquire a postgraduate qualification in the area of Addiction. It is also very suitable for applicants with a clinical training in health or social care who wish to apply a knowledge of the theory and approaches to addiction to their clinical work. In addition, the course provides an exciting and thought-provoking foundation for students who may wish to subsequently pursue training in the counselling or psychotherapy of addiction.

The full-time day programme is one year in duration & contains three twelve week semesters. The course has four key components:
• An academic programme of lectures
• A weekly seminar with emphasis on research
• Clinical visits to addiction treatment centres
• A period of research for an extended thesis

Entry requirement

To be considered for admission, applicants must:
• Hold a minimum Second Class Honours (2:2) Degree in any humanities or social science discipline from a recognised third level institution, or equivalent qualification,
• Be a graduate of any non-cognate discipline & hold a qualification in a conversion style programme such as a Postgraduate Higher Diploma in Psychoanalytic Studies, or
• Have an equivalent professional qualification.

In addition, applicants whose first language is not English must:
• Hold an IELTS score of a minimum 6.0 or equivalent

Selection procedure

For more information about the course, see the course website at http://www.dbs.ie/Addiction-Studies-MA.htm

Qualification

Master of Arts
Assessment
Assessment is by examination, project and presentation work and continuous assessment

Accreditation
HETAC Level 9

Course background
This course was first offered in 1999 and is repeated annually.

Course start date
Full time, for 26 weeks, from October to May; clinical visits and thesis work continuing until August. Also offered part-time over 2 years.

Course location
Dublin Business School, Dublin

Application
For further information please contact the Admissions Office on 01 4177500 or visit our website www.dbs.ie

Cost
€7,700.00
**C03 CERTIFICATE IN HOMELESS PREVENTION AND INTERVENTION**

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>Contact Person(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dublin Region Homeless Executive / Dublin City University</td>
<td><strong>Maria Fitzpatrick</strong></td>
</tr>
<tr>
<td><strong>Address</strong></td>
<td><strong>Learning and Performance Officer</strong></td>
</tr>
<tr>
<td>Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.</td>
<td>01 703 6103</td>
</tr>
<tr>
<td><strong>Web address</strong></td>
<td><strong><a href="mailto:landpbookings@dublincity.ie">landpbookings@dublincity.ie</a></strong></td>
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<tr>
<td><a href="http://www.homelessagency.ie">http://www.homelessagency.ie</a></td>
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</tr>
</tbody>
</table>

**Course Provider**
Dublin Region Homeless Executive / Dublin City University

**Address**
Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.

**Web address**
http://www.homelessagency.ie

**Course aims and objectives**
The key aim of the Certificate modules is to develop current professional responses into a Pathway to home model of homeless and housing provision. The modules have been designed to facilitate professionals in developing key competencies, and incorporate key learning derived from the sectoral skills audit, the accreditation survey, review of the existing Learning and Performance Programme, and the Evaluation of the Holistic Needs Assessment.

**Course content**
This course involves the study of homelessness in society and the personal contexts and complex needs of people and families experiencing homelessness. The programme aims to help practitioners in homeless related services to develop knowledge and skills in the prevention of homelessness and in the use of effective, supportive interventions with people encountering homelessness.

- **Module 1: NS459 Assessment and support planning: process and practice**
- **Module 2: NS460 Socio-economic needs of people experiencing homelessness**
- **Module 3: NS461 Health, illness, addiction and homelessness**


**Target group**
This course may suit you if your current role involves working with people experiencing / at risk of homelessness and if you wish to develop your skills in assessment and support interventions in this area. You should have educational attainment at Leaving Cert level or equivalent and be in a position to engage in online learning (i.e. have access to and ability to use basic computer programmes).

**Entry requirement**
Sectoral line manager/organisation nominates a potential candidate.

**Selection procedure**
The application process is as follows:
1. Download application form via the Dublin City University website ([www.dcu.ie/prospective/deginfo.php](http://www.dcu.ie/prospective/deginfo.php))
2. Complete application in full
3. Print, sign and date the form and post, along with a passport photograph to: Admissions, Registry, DCU, Collins Avenue, Dublin 9.

Application process for funding contribution towards the cost of the programme:
All homeless sector organisation key workers/case managers wishing to be considered for a funding contribution towards the cost of the certificate fees (from the Dublin Region Homeless Executive: DRHE) must be nominated by their organisation via the official nomination form and must complete the standard consent form. Both forms are available to download/print off on the DRHE website: [www.dcu.ie/prospective/deginfo.php](http://www.dcu.ie/prospective/deginfo.php)

Forward completed nomination forms (accompanied by the signed consent form) to Maria Fitzpatrick.
Qualification
Certificate in Homeless Prevention and Intervention

Assessment
Contact provider for more information

Accreditation
Dublin City University

Course background
The three existing key workers/case managers modules, which to date were classified as ‘stand alone’ modules have now been formally approved by Dublin City University as a Certificate Programme.

Course start date
Orientation: 16 September 2015 Mondays and Tuesdays, 9am – 5pm. Module 1: 2 & 22 September, 2 & 3 November, 7 & 8 December 2015; Module 2: 1 & 2 February, 14 and 15 March, 18 and 19 April 2016; Module 3: 26 & 27 September, 7 & 8 November, 12 & 13 December 2016; Graduation - March 2017

Course location
Dublin

Application
All applications must be made directly to DCU. The application form is available online.

Cost
The cost of the certificate programme per student is €2,037 in total and is inclusive of a €37 university application fee
Course aims and objectives
This programme aims to address the needs of people working with addiction.

The four strands of each year will:
• Provide students with a framework for understanding addiction, both from an individual and social context
• Develop an understanding of treatment and intervention approaches
• Develop skills and competencies in all areas of addiction work
• Promote the understanding and values of reflective practice and evidence –based practice

Course content
Year 1
• The biopsychosocial framework
• Introduction to alcohol and drugs
• Introduction to sociology & social policy
• Addiction research
• Information technology, learning and development for higher education
• Introduction to psychology
• Professional practice & personal development

Year 2
• Addiction services: an interagency approach
• Prevention, education and health promotion
• Treatment interventions I
• Group work & group facilitation skills

Year 3
• Addiction & cultural diversity
• Treatment interventions II
• Evidence based practices
• Key working skills

Year 4
• Process addictions
• Treatment interventions III
• Project dissertation
• Community development & planning

Target group
Addiction workers from outreach, needle exchange, keyworkers, community work, voluntary sector, residential rehabilitation services, Inter-agency approach, family support services; and professionals from health care settings, prison and probation workers, social care workers, community care workers, education professionals.
Professional experience – direct or indirect, is not a pre-requisite for this course.

Entry requirement
All applicants must be over 23 years of age.

In the case of a potential student being in recovery, it will be required that they have a minimum of two years in recovery before applying to the course.

Please note that this programme may require students to undergo the Garda Vetting Process.

Selection procedure
Each applicant is considered on an individual basis.

www.ait.ie/part-time/

Qualification
Bachelor of Arts (HONS) in Applied Addiction Studies

Assessment
Examinations and assessments
Accreditation
NFQ LEVEL 8

Course background
n.a.

Course start date
15 September 2015

Course location
Athlone IT

Application
Apply to Athlone IT for Information pack.

Cost
€2350.00 per annum
BACHELOR OF ARTS (HONS) in APPLIED ADDICTION STUDIES. One year add on for BA addiction studies (level 7) graduates.

Course Provider
Athlone IT

Address
Dublin Road, Athlone, Co Westmeath

Web address
http://www.ait.ie

Course Provider
Athlone IT

Address
Dublin Road, Athlone, Co Westmeath

Web address
http://www.ait.ie

Course aims and objectives
The main aims of this programme are:
• To further develop the aims and objectives of the Bachelor of Arts in Applied Addiction Studies (Level 7) course.
• To provide students with an understanding and framework for working within specialised areas of addiction such as process addictions, gambling, sexual addictions, disordered eating and addictive behaviours.
• To develop an understanding of the psychodynamic approach to addiction, with specific emphasis on addiction and loss, and addiction and abuse; and the application of how these issues can underpin both a person’s route into and recovery from addiction.
• To enable students to learn the skills and practices of strategic management and planning of community based addiction services, taking a leadership role in management of people, resources and direction.
• To apply knowledge, ethical practice and critical reflection to conduct a specialised research project in the area of addiction. To engage in critical self-awareness and appraisal, take responsibility for personal and professional development, enhance personal and professional development of others, and contribute to learning in addiction through support and reflexivity.

Course content
• Addiction – An interagency approach
• Prevention, education, health promotion & mental health
• A sociological framework for addiction
• Key worker skills
• Community and development planning
• Research project

Contact Person(s)
Jenny Cooper
Adult Education Officer
090 648 3053
jcooper@ait.ie

Target group
Those with relevant interest and qualifications.

Entry requirement
Holders of a Level 7 degree in the area of addiction studies, or equivalent.

Selection procedure
Each applicant is considered on an individual basis.

www.ait.ie/part-time/

Qualification
Bachelor of Arts in Applied Addiction Studies

Assessment
Examinations and assessments

Accreditation
HETAC

Course background
n.a.

Course start date
15 September 2015

Course location
Athlone IT

Application
Apply to Athlone IT for Information pack.

Cost
€2350.00 per annum
Course aims and objectives
The aim of the programme is to provide those working in the field of substance misuse with basic skills for successfully working with affected people so that these individuals will be able to make decisions and take action to live more effectively without misuse of substances.

The key objectives are to:
• contribute to the development of professional addiction counselling in Ireland.
• deliver high quality graduates with the ability to work with affected people to enhance their capacity to live without misuse of substances and to contribute to their personal and social development.
• develop individual participants to have a heightened awareness of others and self with ethical and empowering attitudes.

Course content
Modules:
1: Theories of addiction and impulse control disorders.
2: The brain and pharmacology of addiction and compulsive gambling
3: Approaches and clinical pathways and services for treatment of addictions and compulsive gambling
4: Human development, Counselling theory and skills
5: Family theory and treatment
6: Treatment planning and other core functions of the addiction counsellor
7: Group theory and practice
8: Developing the ethical counsellor
9: Treatment of special populations

The work placement of students with approved treatment facilities will take place as follows:
• One practicum placement of 11 weeks duration @ 40 hours per week.
• Two practicum placements of 12 weeks duration @ 40 hours per week.
This provides each student with 1400 hours of supervised clinical placement.

Target group
This programme is an entry level course for those new to the profession and will provide a base for advanced standing in the field. For those who already have a professional qualification in the area of counselling or similar, the programme will enhance their ability to work with clients who are impacted by addiction and substance misuse.

Entry requirement
Applicants will be required to be 23 years of age or older at the time of commencement of the programme and to successfully complete an interview and to demonstrate an appropriate level of academic experience for entry to a programme at Level 7 of the National Qualifications Framework.

The National Qualifications Authority of Ireland has adopted a policy regarding the Recognition of Prior Learning. Such recognition may be granted on the basis of experiential or other forms of learning. LIT - Tipperary has adopted its own policies and procedures regarding the recognition of prior learning to give effect to the NQAI policy.

Selection procedure
Applicants will be offered a place on the programme on the basis of a written application and successful completion of an interview. The interview process will be used to assess the applicant's capacity to complete the programme and will include:
• A discussion of the applicant's reasons for wishing to do the programme
• A discussion of the applicant's background and
An assessment of the applicant's suitability for the programme will be based on:

- Interest in helping others, recognizing that all patients will not respond positively to the counselling process
- Demonstrated flexibility and willingness to work with a variety of treatment approaches
- Personal stability so as to be an effective role model for the patient.

[http://www.lit.ie/LifelongLearning/Courses/Pages/114.aspx](http://www.lit.ie/LifelongLearning/Courses/Pages/114.aspx)

**Qualification**

On successful completion of the programme, graduates will be awarded a Diploma in Addiction Counselling. This programme is offered at NQF (National Qualifications Framework) Level 7 and carries 60 ECTS credits.

**Assessment**

As per course programme.

**Accreditation**

Limerick Institute of Technology

**Course background**

See website

**Course start date**

Autumn.

**Course location**

LIT-Tipperary, Clonmel.

**Application**

For further information and an application form, contact Maureen Ryan: 0504 28112: TippPartTimeCourses@lit.ie For queries on course content contact Marie Walsh: 0504 28451 Marie.AWalsh@lit.ie

**Cost**

€10,400
Course aims and objectives
The aim is to provide an introduction to the topic of addiction to participants and to enable them to make an initial low-level intervention with an individual displaying addiction-related behaviour. On completion participants will be able to:
- Recognise addiction-associated behaviour in a work or personal setting
- Identify the proximate cause of the addiction-associated behaviour
- Compile appropriate behaviour-related information
- Make an initial intervention with the individual displaying such behaviour
- Assist the individual displaying the addiction-related behaviour to seek professional help and be able to outline the nature of the help available

Course content
- Drug & alcohol education
- Crisis intervention & detox
- Harm reduction policy
- Ethics & self-awareness
- Effects of addiction on individual, family & community
- 4 Tier Model
- Screening & assessment
- Treatment options & approaches

Target group
The programme is particularly aimed at those who may encounter such behaviour in their personal or working lives.

Entry requirement
Applicants must be 18 years or older and demonstrate an interest in the field of addiction studies. Applicants will be offered a place on the basis of a written application.

Selection procedure
For further information and application form, contact Maureen Ryan: 0504 28112, TippPartTimeCourses@lit.ie
For queries on course content, contact Marie Walsh: 0504 28451, Marie.AWalsh@lit.ie
Course details:
http://www.lit.ie/FlexibleLearning/Courses/Pages/187.aspx

Qualification
Graduates will be awarded a Certificate in Addiction Studies. This programme is offered at NQF (National Qualifications Framework) Level 6 and carries 10 ECTS credits.

Assessment
As per course programme.

Accreditation
Limerick Institute of Technology

Course background
See website.

Course start date
Part time over 8 sessions. Attendance is for 3 hours on Fridays – 6 to 9pm and 6 hours on Saturdays - 10 to 4pm, starting in Autumn (dates to be confirmed).

Course location
LIT Tipperary, Clonmel.

Application
See contact details in selection procedure.

Cost
€500 (subject to review)
Course aims and objectives
This course is designed to facilitate the development of a competence within this specialist modality of practice for those who have completed a level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

Cognitive Behavioural Therapy (CBT) is an evidence based intervention that is recognised across the broad area of health and social care as an approach that can deal effectively with issues within psychotherapeutic practice either on its own or in combination with pharmacological or other interventions.

This masters degree will support the learner to develop the skills, knowledge, attitude and approach to be able to work in this area. On completion of the programme, graduates should be able to demonstrate the capacity to utilise CBT approaches appropriately and autonomously. They should also be capable of demonstrating reflective skills at a higher order level and be capable of leading others as role models of best practice in the field of CBT.

Course content
There are 5 taught modules in addition to a practicum and dissertation module. Taught modules are delivered over 3 evenings and 3 Saturday classes per module. Applicants completing this masters degree over 1 year must complete all modules. Applicants completing the degree over 2 years will complete their taught modules in first year and complete their dissertation and practicum in second year.

Dissertation topic is subject to approval by the ICHAS Ethics Committee. Practicum module requires clinical supervision, the cost of which must be negotiated between the learner and their supervisor.

Target group
The course is suitable for those who have completed a level 8 programme in the fields of counselling, psychology, psychotherapy, health and social care or who have relevant professional practice.

Entry requirement
A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview.

Selection procedure
For more information about the course, please visit the course website at www.ichas.ie/counselling-psychotherapy-courses/m-a-in-cognitive-behavioural-therapy

Qualification
Masters Degree in Cognitive Behavioural Therapy

Assessment
The assessment strategy accommodates different learning styles and therefore the programme requires learners to undertake a range of practical assignments, essays, learning journals, examinations, reflective exercises, and projects.

Accreditation
NFQ Level: 9
**Course background**

CBT is now recognised as an appropriate intervention for a range of complex problems. Graduates of this masters will find opportunities for employment in areas such as private practice, the community and voluntary sector, addiction centres, rehabilitation centres, the prison service, etc. There is also demand from industry based organisations for professional practitioners with a CBT focus in the area of employee assistance and similar programmes.

**Course start date**

Autumn. Duration: 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum)

**Course location**

All courses run subject to a viable cohort in the following locations - Dublin, Limerick, Galway, Waterford, Tralee, Cork

**Application**

Please contact Ms Gemma Harte - 061 501126, or visit the course website.

**Cost**

Tuition fees: €7,500 (if taken over 1 year) or €8,500 (if taken over 2 years). See course description for more information.
Course aims and objectives
This is a specialist programme which enables the learner to develop the skills, knowledge, attitude and approach necessary in order to work as a professional psychotherapist in a range of settings. Graduates will be complex consumers of evidence based practice.

Higher order practice in counselling or psychotherapy is largely dependent on the capacity of practitioners to integrate theory and practice in a reflective manner and the development of reflective competencies is central to this programme. On completion of this degree, learners will have developed a critical awareness of current discourses within counselling & psychotherapy and have the capacity to generate new insights within these fields.

Course content
There are 5 taught modules in addition to a practicum and dissertation module. Taught modules are delivered over 3 evenings and 3 Saturday classes per module. Applicants completing this masters degree over 1 year must complete all modules. Applicants completing the degree over 2 years will complete their taught modules in first year and complete their dissertation and practicum in second year.

Dissertation topic is subject to approval by the ICHAS Ethics Committee. Practicum module requires clinical supervision, the cost of which must be negotiated between the learner and their supervisor.

Target group
See entry requirement

Entry requirement
A minimum of a 2.2 level 8 degree (or its equivalent) in a related discipline. Applicants with relevant experience will also be considered through APL/RPL. Applicants are also required to complete a short interview.

Selection procedure
For more information about the course, visit the course website at www.ichas.ie/counselling-psychotherapy-courses/m-a-in-counselling-and-psychotherapy

Qualification
NFQ Level: 9

Assessment
The assessment strategy accommodates different learning styles and therefore the programme requires learners to undertake a range of practical assignments, essays, learning journals, examinations, reflective exercises, and projects.

Accreditation
HETAC

Course background
See institution website. The NCPI also run a BA Hons in Counselling and Psychotherapy http://www.ichas.ie/courses/national-counselling-psychotherapy-institute/ba-hons-in-counselling-and-psychotherapy

Course start date
Autumn, 1 Year (all modules) or 2 Years (Year 1: Taught Modules; Year 2: Dissertation & Practicum)
Course location
All courses run subject to a viable cohort in the following locations - Dublin, Limerick, Galway, Waterford, Tralee, Cork

Application
Please contact Ms Gemma Harte at 061 501126 for application form, or visit the course website.

Cost
Tuition Fees: €5,750 (if taken over 1 year) or €6,500 (if taken over 2 years). See course website for more details.
BA DEGREE IN COUNSELLING SKILLS AND ADDICTION STUDIES

C10

Course Provider
National Counselling & Psychotherapy Institute

Address
Irish College of Humanities and Applied Science;
Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick

Web address
http://www.ichas.ie/

Contact Person(s)
Administration offices

061 216 288
info@ichas.ie

Course aims and objectives
This course is designed to give learners the knowledge, skills and attitude to develop the theoretical knowledge and practical skills needed to work within a social and therapeutic model within areas of addiction practice & intervention.

Course content
• Development perspectives in counselling (including research methodologies)
• Counselling skills and practices 1 & 2
• Theoretical approaches to counselling 1 & 2
• Personal developmental perspectives within counselling
• Occupational assessment
• Addiction history and context
• Addiction counselling studies 1 & 2
• Personality assessment
• Work experience 1 & 2
• Impact and consequences of drug and alcohol misuse – a societal perspective
• Group facilitation skills

Target group
Those who are interested in pursuing a degree in counselling skills and addiction studies.

Entry requirement
For the full-time programme: prospective students under the age of 23 on 1st January of application year must process their application through the CAO on http://www.cao.ie
Students over the age of 23 on 1st January of application year, and all non-EU applicants (regardless of age), should apply directly through NCII.
All part-time applications are processed directly through NCII.

Selection procedure
By application. For more course information visit www.ichas.ie/counselling-psychotherapy-courses/b-a-in-counselling-skills-and-addiction-studies

Qualification
NFQ HETAC Level 7 BA Ordinary Degree

Assessment
Essays, project work, practical element and exams.

Accreditation
NFQ

Course background
Course has been running for the past three years.

Course start date
Full-time programmes commence September.
Part-time programmes commence in March and September.

Course location
Full-time programmes are held in Limerick only.
Part-time courses run subject to a viable cohort in the following locations - Dublin, Limerick, Galway, Waterford and Tralee.

Application
For an application form and prospectus contact Helena Hanrahan, Programme Coordinator, 061 501131 or visit the website.

Cost
Registration Fees: In line with Universities and Institutes of Technology €2750 Part-time students fees: €2750 for those commencing studies in 2014
C11  QQI LEVEL 6 MENTAL HEALTH AWARENESS

Course Provider
The Learning Curve Institute

Address
Rushbrook, Clogher, Westport, Co Mayo

Web address
http://www.thelearningcurve.ie

Contact Person(s)
Administrator
Administrator
098 25530
info@thelearningcurve.ie

Course aims and objectives
The aim of this level 6 course is to give attendees an in-depth understanding of mental health difficulties and to help them to apply this knowledge to support people who have mental health difficulties in a positive way.

Learners who complete this module will:
• acquire an understanding of the theoretical background associated with mental health issues
• be aware of the moral, ethical and legal considerations associated with mental health
• be familiar with theories and types of mental illness
• understand the positive and negative factors which may affect your mental health
• apply this knowledge in the workplace and in everyday life
• appreciate various treatment approaches.

Course content
This course has the following four units:
• What is mental health?
• The realities of mental illness
• Intervention and treatment approaches
• Recovery and advocacy options

Target group
Personnel currently working in the mental health field or for those people who wish to develop a career in nursing, mental health or other sectors of the caring professions.

Entry requirement
While there are no specific entry requirements, QQI and The Learning Curve Institute have the following preferred entry requirements: Level 5 Certificate in an associated or relevant subject area, Leaving Certificate or equivalent qualifications and/or relevant life and work experiences.

Selection procedure
For more information on this course, please visit the course website http://www.thelearningcurve.ie/fetac-level-6-mental-health-awareness

Qualification
Upon successful completion participants will receive a QQI Level 6 Mental Health Awareness Component Certificate. It is also known as a "Minor Award" at Level 6 on the National Framework of Qualifications.

Assessment
There are two assignments required for successful completion of this course. 1. Learner record - 50% 2. Project - 50%

Accreditation
QQI level 6

Course background
This module at has been developed to enhance the understanding of mental health by personnel currently working in the mental health field or for those people who wish to develop a career in nursing, mental health or other sectors of the caring professions.

Course start date

Course location
Dublin and Galway. And various other locations

Application
See website or contact the Institute.
Cost
€599
C12  DIPLOMA IN INTEGRATIVE COUNSELLING AND PSYCHOTHERAPY

Course Provider
IICP Education and Training

Address
Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24

Web address
http://www.iicp.ie

Contact Person(s)
Marcella Finnerty
Course Director
01 260 0805 / 086 260 9989
marcella@iicp.ie

Course aims and objectives
This diploma programme provides comprehensive training that meets the required standards for professional accreditation (subject to the completion of post-diploma counselling hours as required by the IACP). IICP have an on-site clinical placement facility in Killinarden (the Village Counselling Service), which enables students to complete clinical hours (100 hours minimum). The programme is highly interactive and taught through role-play, lectures, group work, assignments and clinical work. Personal development is facilitated through making use of and reflecting upon life experience.

Course content
Modules include: theory of counselling and psychotherapy; advanced microskills; personal development; group dynamics and group process; ethics and values in the counselling relationship; counselling supervision; developmental psychology; the dynamics of addiction; sociology and equality studies; universal issues in counselling: bereavement, loss and grief; Introduction to research methods; clinical placement and professional development.

Target group
This course is designed for people who wish to become professional counsellors or to upgrade their qualifications base, or who have an opportunity to use counselling skills as part of their work, either in a paid or voluntary capacity. It is of special interest to those who work within communities or in human resources.

Entry requirement
Application is limited to mature candidates (over 23 years) with an established interest in and commitment to the use of counselling or counselling techniques as part of their work. Short listing and selection criteria will apply. Candidates will demonstrate evidence of the following:
• Foundation course in counselling or equivalent;
• Experience in personal development;
• Capacity to cope with emotional and intellectual demands of the course;
• Potential to form a therapeutic relationship;
• Self-awareness, maturity and stability;
• Searching for meaning or purpose in the world in which they live; and
• Proactive and self directed approach.

Selection procedure
Candidates submit a brief resume and an application form to the course director. Candidates are short-listed for an interview with a panel of two course tutors.

See course website for further information - www.iicp.ie/diploma.html

Qualification
Professional Diploma in Integrative Counselling and Psychotherapy

Assessment
Assessment includes practical work, individual and group projects and written assignments. Learners will complete a portfolio for each stage of the programme which demonstrates their growth and development on the programme.

Accreditation
This diploma programme is a recognised training course of the Irish Association for Counselling and Psychotherapy (IACP).
**Course background**

This programme has been established to provide a comprehensive training service for those who wish to pursue professional accreditation in the mental health services that encompasses a multicultural and pluralistic approach, with a core philosophical framework reflecting the principles and practices of Choice Theory, person-centred counselling and multicultural counselling and therapy.

**Course start date**

The programme is run one day per week or one Saturday (9.30am to 5pm) from September to May over two academic years. There is a final semester at the end of the second year to facilitate completion of programme requirements.

**Course location**

Killinarden Enterprise Park, Dublin 24

**Application**

Application form available from contact persons or IICP website listed above.

**Cost**

Stage 1: €4,050.00, Stage 2: €4,050.00, Stage 3: €1,050.00 (all including QQI (HETAC) fee)

Additional costs include: Personal therapy and supervision, and student membership with IACP

There is a non refundable application fee of €50.
Course Provider
Merchants Quay Ireland and University College Dublin

Address
Merchants Quay Ireland, 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4

Web address
http://www.mqi.ie

Contact Person(s)
Peter Kelly
Course Co-ordinator
01 524 0936
Peter.Kelly@mqi.ie

Course aims and objectives
Year 1 of Diploma (Certificate In Drugs Counselling Theory & Intervention Skills, NFQ Level 7). This course delivers a broad introduction to the issue of drug use and addiction and seeks to empower participants to respond more effectively in their client work through the development of their knowledge and skills base.

Course objectives include:
- To gain an understanding of the psychoactive nature of particular drugs and implications for use, misuse, and abuse.
- To understand and critique treatment models and their efficacy in service provision/delivery.
- To learn and critically evaluate primary health care and harm minimization approaches to legal and non-legal substances.
- To learn key counselling skills and strategies in order to enable students to intervene effectively in terms of assessments, referrals, one-to-one work and holistics.
- To give students opportunities to experience a drug service and to provide opportunities to link theory to practice.
- To introduce students to some of the macro issues around problem drug use particularly in relation to community development and social policy.

Course content
Merchants Quay Ireland in conjunction with University College Dublin offers this unique and innovative course which empowers participants to respond more effectively to the issues of drug use and addiction. All students who undertake this course will be automatically registered for the Diploma in Drugs Counselling Theory & Intervention Skills in Dublin. However, students may exit after year one with a Certificate award. Progression onto the Diploma in Drugs Counselling Theory & Intervention Skills is subject to grade performance, and possible interview.

The course runs over one academic year and includes classroom teaching, tutorial support, and placements in specialist drug services.

Target group
This course is for anyone with a serious interest in the area of substance use and who interacts on either a paid or voluntary capacity with people who may have drug or alcohol related problems.

Entry requirement
Course application forms should be returned to Merchants Quay Ireland with a €30 processing fee.

Places will be offered to candidates subject to successful interview.

Selection procedure
Course application forms can be downloaded from:
www.mqi.ie/training/certificate-drugs-counselling-theory-intervention-skills

Qualification
Certificate in drugs counselling theory and intervention skills.

Assessment
Assessment is by way of learning logs, case studies, and essays; 80% attendance is required.
Accreditation
University College Dublin. This course is accepted by the Irish Association of Alcohol & Addiction Counsellors (IAAAC) as part fulfillment of the educational requirements for accreditation.

Course background
The course has been running successfully for the past 14 years and is offered annually.

Course start date
Autumn to May each year; part time. over one academic year of three semesters and 35 hours work placement/work experience in a drugs agency setting. Dublin Certificate: Tuesday Morning 10am – 1pm Cork Certificate: Thursday Afternoon 1.30pm – 4.30pm

Course location
CIT Cork School of Music, Union Quay, Cork; University College Dublin, Belfield Campus, Dublin 4 Merchants Quay, Dublin 2.

Application
For further information and application forms please contact Peter Kelly on 01 524 0936, email: peter.kelly@mqi.ie (Dublin Courses) or Gerry Raftery on 087 984 1821, email: ger.raftery@gmail.com (Cork Course)

Cost
€2449 (€30 non-refundable processing fee)
C14  DIPLOMA IN DRUGS COUNSELLING THEORY SKILLS
AND INTERVENTION SKILLS

Course Provider
Merchants Quay Ireland and University College Dublin

Address
Merchants Quay Ireland, 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4

Web address
http://www.mqi.ie

Contact Person(s)
Peter Kelly
Course Co-ordinator
01 524 0936
Peter.Kelly@mqi.ie

Course aims and objectives
To provide a broad-based holistic approach to the issue of drug use and to offer students a comprehensive overview of the therapeutic, clinical and social implications associated with drug use and dependency. To empower participants to respond more effectively through development of their knowledge and skills base. The diploma is at HETAC level 7.

Course objectives include:
· To provide students with a range of skills and interventions to engage effectively with clients presenting with addiction issues.
· To develop students’ individual counselling intervention skills in beginning, sustaining, and maintaining a helping relationship.
· To give students a group work perspective in working with addiction/dependency from both a theoretical and experiential framework.
· To examine the areas of social and drug policy with a view to teasing out the wider macro issues in relation to problem drug and alcohol use.
· To offer students a one month placement in a drug/alcohol agency in order to observe and engage in supervised work and to provide students with an opportunity to link theory to practice.
· To examine the interface between problem drug use and mental health and to explore the role of dual diagnosis in addiction/dependency.

Course content
This professional training course offered by Merchants Quay Ireland in conjunction with UCD is an opportunity for individuals working with drug users to gain intensive training in this interesting and complex field. The course runs over two academic years and includes classroom teaching and placements in specialist drugs services.

This course offers a progression pathway into a degree programme, B.Soc Science with UCD.

Target group
People whose work brings them into contact with problem drug and alcohol users

Entry requirement
Successful completion of the Certificate in Drugs Counselling Theory and Intervention Skills www.drugsandalcohol.ie/courses/info/C13, or equivalent at level 7 and modules/assignment completed must correspond to those completed in the MQI/UCD Year 1 course

Admission is limited to 26 students. The course is offered in accordance with the principles and ethos of adult education and allows access for those who do not meet the traditional entry requirements of the university.

Selection procedure
Application form and interview.

For course application click www.mqi.ie/training/diploma-drugs-counselling-theory-intervention-skills

Qualification
Diploma in Drugs Counselling Theory and Intervention Skills
**Assessment**
Assessment is by way of learning logs, case studies, video role play, essays, and agency profiles. 80% attendance is required.

**Accreditation**
University College Dublin. This course is accepted by the Irish Association of Alcohol & Addiction Counsellors (IAAAC) as fulfilling the educational requirements for accreditation.

**Course background**
The course has been run every year since 2001.

**Course start date**
September to May each year; part time (Tuesday 10am-5pm). This involves one day per week plus a four week full-time practical work placement.

**Course location**
MQI and UCD, Belfield, Dublin

**Application**
Course application forms should be returned to Merchants Quay Ireland with a €30 processing fee.

**Cost**
€2995
Course aims and objectives
This postgraduate certificate looks at working effectively with under 18's in the field of counselling & psychotherapy. This is modular based training and students will need to allocate additional time for study and assignments. Students will also engage in clinical placement work along with clinical supervision in order to meet the course requirement of 50 client hours. The course is underpinned by theory and lifespan development relevant to working with young people.

Course content
There are 5 modules of 30 hours each.
Module 1: Theories underpinning child & adolescent psychotherapy and play therapy
Module 2: Working with parents
Module 3: Lifespan development
Module 4: Sandplay & therapeutic stories
Module 5: Creative arts - clay, paint, music, drama, puppets & integration/assessment day

Additional course requirements:
• 50 hours of client work
• group supervision
• additional costs will include 1-1 therapy
• individual 5 hours supervision

Target group
This course is recommended for teachers, guidance counsellors, youth workers, social workers, social care workers, psychologists and counsellors & psychotherapists and others working with children and adolescents.

Entry requirement
It is necessary to have a 3rd level qualification at NFQ level 7 or higher. For those who do not meet these requirements, applications based on experiential learning may be considered; these must include a 500 word submission of why you wish to engage in this training.

Selection procedure
For further course information visit http://www.pcicollege.ie/counselling-courses/child-adolescent-counselling-psychotherapy

Qualification
PCI College Postgraduate Certificate in Child & Adolescent Counselling & Psychotherapy.

Assessment
Assignments

Accreditation
PCI College. NFQ level 8

Course background
This is the third year for this course. For details of the PC diploma, see www.pcicollege.ie/counselling-courses/diploma-child-adolescent-counselling-psychotherapy

Course start date
August 2015. There are 9 weekends. 5 modules of 30 hours each.

Course location
Clondalkin, Dublin

Application
Application form available by email or online.

Cost
€3,000 (€2,500 for students and graduates of the PCI College BSc in Counselling & Psychotherapy)
Course Provider
PCI College

Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22

Web address
http://www.pcicollege.ie

Contact Person(s)
Kelley Farrell
Enquiries
01 464 2268
info@pcicollege.ie

Course aims and objectives
This course is designed for people who wish to become professional addiction counsellors or have an opportunity to use addiction counselling skills as part of their work or simply want to broaden their qualifications.

Course content
Year 1 (award – certificate)
• Personal & lifespan development
• Skills & strategies of counselling
• Addiction: theories & approaches

Year 2 (award – diploma)
• Humanistic & cognitive-behavioural approaches
• Personal development & advanced counselling skills
• Universal issues in counselling: (loss & sexuality)
• Clinical placement - part 1

Additional course requirements:
• At least 100 hours of work with clients
• Attend 25 sessions with a qualified supervisor to review your client work
• 50 hours personal therapy
Need to continue to degree for professional qualification (course C18 or 19)

Target group
Graduates enter the profession from diverse careers such as finance, engineering, and the wider world of business, as well as homemaking, nursing, teaching, and social work. It is of particular interest to people who have found counselling to be helpful.

Entry requirement
Successful completion of a foundation course in counselling skills or in-service training with a substantial counselling element.

Selection procedure
Entry is by interview at a time to be agreed. We also evaluate applicants’ personal readiness to undertake this course. Successful applicants will be notified in writing and invited to attend an orientation day.
http://www.pcicollege.ie/counselling-courses/degree-addiction-counselling

Qualification
Diploma in Addiction Counselling awarded by PCI College

Assessment
Assignments

Accreditation
Graduates will have the necessary educational basis to work towards accreditation as an addiction counsellor with IAAAC.

Course background
This course has been run for a number of years.

Course start date
See PCI website for future dates.

Course location
Clondalkin, Dublin. Also run as in-service training for groups or organisations.

Application
Application form available by email or website

Cost
Year 1: €4,950; Year 2: €4,200
Course Provider
PCI College

Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22

Web address
http://www.pcicollege.ie

Course aims and objectives
The course is Integrative in approach. Each course module (30 hours) is assessed separately, by a written assignment.

Course content
Year 1 & 2 catch-up modules
Upgrade students enter the degree programme in year three and receive a general exemption from year one and year two modules. Catch-up modules may be required based on the course comparison form on the application form.

Please note that students with a general counselling diploma must complete the year 1 module -Addiction: Theories and Approaches, which is run in Dublin only on a weekend basis.

Year 3
• Family / Systemic counselling: theory & skills
• Clinical placement – part 2
• Research methods
• Personal & professional development

Year 4
• Clinical placement - case study
• Proposition essay plus one or two other modules from:
  • Drug abuse in Ireland
  • Sexual addictions
  • Dual diagnosis

Additional course requirements (including hours completed for Diploma):
• At least 400 hours of work with clients
• Attend 100 sessions with a qualified supervisor to review your client work
• 100 hours of personal therapy

Target group
This course is designed for qualified counsellors (including diploma graduates from other Addiction counselling training institutes) who wish to add to their qualifications and gain an honours degree that is recognised by the IAAAC.

Entry requirement
Applicants must have completed a diploma with addiction counselling or counselling & psychotherapy at its core.

Applicants must supply supporting documentation to verify completion of:
• At least 100 hours of work with clients
• 20 sessions with a qualified supervisor to review client work.
• 50 hours of personal therapy

Selection procedure
Entry is by interview. Completion of the application and fulfilment of all of the conditions does not guarantee a place. Interviews will be arranged for BSc upgrade students at a time to be agreed.

For more information, please see the course website at http://www.pcicollege.ie/counselling-courses/addiction-counselling-upgrade-programme

Qualification
Middlesex University BSc (Hons) in Counselling and Psychotherapy

Assessment
Assignments.

Accreditation
Middlesex University
Course background
This course has been run for a number of years.

Course start date
See PCI website for future dates. Two year part-time programme. Weekend, evening and afternoon options.

Course location
Clondalkin, Dublin

Application
Application form available by email or on website, details above

Cost
PCI College tuition fees for courses are approximately as follows: Year 3 €4250 (including MU registration fee) Year 4 €3300 *Students are required to register with Middlesex University before the first year of study, this is a once off fee (TBC) and is payable in addition to tuition fees.
Course aims and objectives
This 4-year part-time course is designed for people who wish to become professional addiction counsellors, or have an opportunity to use addiction counselling skills as part of their work, or who simply want to broaden their qualifications.

Course content
• Personal and professional development
• Lifespan development
• Skills and strategies of counselling
• Theories of addiction
• Approaches to addiction
• Humanistic approaches
• Cognitive-behavioural approaches
• Advanced counselling skills
• Universal issues in counselling: (Loss)
• Universal issues in counselling: (Sexuality)
• Clinical placement – Parts 1 & 2
• Family/systemic counselling: theory and skills
• Research methods
• Proposition essay

Plus two of the following:
• Drug abuse in Ireland
• Sexual addictions
• Dual diagnosis

Additional course requirements (including hours completed for Diploma):
• At least 400 hours of work with clients
• Attend 100 sessions with a qualified supervisor to review your client work
• 100 hours personal therapy

Target group
Many of our graduates enter the profession from diverse careers such as finance, engineering, and the wider world of business, as well as homemaking, nursing, teaching, and social work. It is of particular interest to people who have found counselling to be helpful.

Entry requirement
• Applicants must be over 23
• Relevant experience is an advantage but not essential
• Entry is by application form and interview
• Students require sufficient IT skills to complete the course. Workshops including essay skills will be provided to assist with the practicalities of written work.

Selection procedure
Entry is by interview. Interviews will be arranged at a time to be agreed. We will also evaluate applicants’ personal readiness to undertake study.

Qualification
Bachelor of Science Degree (BSc) in Addiction Counselling

Assessment
There are no formal written examinations. Most modules are assessed by essays, which fall due ten weeks after completion of the module.

Accreditation
Bachelor of Science Degree (BSc Hons) in Addiction Counselling (4 years part-time) validated by Middlesex University.

Course background
This is the fifth year that this course will be offered.
Course start date
Four years, part-time course. Contact PCI for dates.

Course location
Clondalkin, Dublin. This course can also be provided as in-service training for groups and organisations.

Application
Application form available by email or on website.

Cost
Approximate fees: Year 1: €4,950; Year 3: €3,600; Year 2: €4,200; Year 4: €3,600.
Course aims and objectives

This Higher Diploma is a transition course providing a foundation in social policy for graduates of other disciplines. The course is designed to enable people to have the opportunity to pursue further training and careers in social work or social policy. Successful completion of the programme to good honours standard confers eligibility to apply for programmes such as the MSocSc (Social Work) and the research degree in social policy. There may, in addition, be non-academic entry requirements for these programmes which must also be met. Please consult the school website for more detailed information on entry requirements for particular programmes. The Higher Diploma in Social Policy is not of itself a professional qualification.

Course content

This Higher Diploma provides a selection of modules from the BSocSc undergraduate Social Policy programme which students cover in a single year. Students attend classes with Level 1, 2 and 3 undergraduates.

There are a number of core modules which all Higher Diploma students must take, in addition to the optional modules which they choose. Students who wish to apply for the Master of Social Science (Social Work) programme are strongly advised to take optional modules in ‘Introduction to social work’ and ‘Social work in practice’.

Core modules for previous years include the following:
* Comparative social policy
* Gender and social policy analysis

Optional modules for previous years included the following:
* Introduction to social work
* Social work in practice
* Policy making, implementation and evaluation
* Sustainable development, community development
* Alcohol and drug policy
* Development of social policy
* Housing and social cohesion
* Crime, social services and the justice system
* Economics of social policy
* Sexual and reproductive health research

Students will be given full details of the current core modules and optional modules at the beginning of the academic year. Detailed module outlines and booklists for individual modules will be made available by individual lecturers.

Target group

Graduates wishing to pursue further training and careers in social work and social policy.

Entry requirement

Applicants to the HDip programme who intend to apply for the MSocSc(Social Work) should note that they will be expected to have a minimum of 420 hours relevant paid or voluntary work experience by the closing date for applications to the Masters programme, in addition to the academic requirements. (Placements do not count towards these but may be drawn upon at interview should you be shortlisted). Applicants with fewer hours may still be...
considered at the discretion of the school.

**Selection procedure**
The minimum standard for entry is a NFQ level 8 degree in any subject. However, students are normally expected to have achieved a minimum grade of 2.2 (second class honours, grade 2). If the degree grade is given as a GPA, the standard for entry is the GPA equivalent of a second class honours, grade 2 in the institution which awarded the degree. This may vary between institutions. For degrees awarded by UCD it is a GPA of 2.48. Applicants whose degree was awarded outside Ireland should contact the school office to check the equivalency of their qualifications.

Click for further details
www.ucd.ie/appsocsc/postgraduateprogrammes/hdipsocpol/#d.en.60019

**Qualification**
Higher Diploma in Social Policy (HDipSP)

**Assessment**
Submission of written work throughout the year, in addition to examinations.

**Accreditation**
University College Dublin

**Course background**
n.a.

**Course start date**
September each year. A full-time course lasting one academic year.

**Course location**
UCD Dublin

**Application**
The course will be held only if a sufficient number of suitably qualified candidates apply. Once the course has filled, applicants may be placed on a waiting list or advised to re-apply the following year.

**Cost**
In 2015: €5,720 (EU) and €11,600 (non EU). Successful applicants will be required to pay a non-refundable deposit of €500 upon acceptance of a place.
Course Provider
NUI Maynooth

Address
Department of Adult and Community Education,
NUI Maynooth, Co Kildare

Web address
http://adulteducation.nuim.ie

Course aims and objectives
1. To provide participants with a broad view of key theoretical framework and practical debates which arise in relation to substance misuse and dependence
2. To enable participants develop basic helping and intervention skills in the field of drug and alcohol misuse
3. To enhance participants’ knowledge of social and community issues relevant to substance misuse and dependence
4. To heighten participants’ awareness in relation to personal, organisational and vocational issues which may arise in the course of their work within the field of substance misuse.

Course content
Module 1: Group work & facilitation skills/reflective learning
Module 2: Substance misuse and dependence
Module 3: Drug & alcohol misuse in contemporary Ireland
Module 4: Approaches to prevention treatment & rehabilitation

Target group
The course is aimed at people aged 21 and over.

Entry requirement
Participants must be 21 years of age or over. It is preferable that applicants have:
• Experience of working in a community setting.
• Experience of working with alcohol and/or drug-related problems.
• Openness to reflect on one’s own practice attitudes and beliefs.
• Commitment to learning in a group setting.

Applicants must submit a short essay describing their reasons for applying.

For more information see www.nuim.ie/study-maynooth/undergraduate-studies/courses/certificate-addiction-studies#tabs-overview

Selection procedure
On the basis of a written application and essay. See the course brochure for further details: http://adulteducation.nuim.ie/courses/index.shtml

The course may take place in the following locations:
Location, telephone & time
• Cavan Institute 049 437 7940 Tues, 7.00–10.00
• Cork 021 422 2100, Check with venue
• Donahies Community School, Donaghmede 01 848 2217/01 847 3522, Mon 7.00–10.00
• Dun Laoghaire 01 274 4132, Check with venue
• Ennis Community College 065 6829432, Check with venue
• Limerick 065 686 5852 Wed 10.00–1.15
• Kilkenny Campus (NUI Maynooth) 056 777 5910 Check with venue
• NUI Maynooth 01 708 6062, Tues 7.00–10.00pm
• Arklow, Co. Wicklow 01 274 4132, Check with venue
• Clondalkin 01 457 9445, Tues 10.00–1.00

Qualification
Certificate in Addiction Studies

Assessment
85% minimum attendance.
Participation in class.
Completion of relevant assignments/projects.

Accreditation
National University of Ireland. NFQ Level 7
Course background
This course has been running in various locations for a number of years.

Course start date
September until end of May each year. This course is 100 hours and may involve 3 - 4 Saturdays throughout the year.

Course location
NUI Maynooth and other locations nationwide. Please refer to the Continuing Education Brochure for further details. Telephone 01 7084500 or visit the website.

Application
Apply to College.

Cost
€950
Course aims and objectives
This course is designed to provide participants with adequate knowledge and skills to respond effectively and positively to addiction-related issues as they arise at work or in the community. It constitutes part one of the NUI Diploma in Addiction Studies programme and students who successfully complete this certificate course may apply for progression to the diploma course.

Course aim: To provide participants with a broad overview of key theoretical frameworks in relation to substance misuse and dependence, and to enable them to develop basic helping and intervention skills.

Course content
Content:
Module 1: Groupwork & facilitation skills/Reflective learning
Module 2: Substance misuse and dependence
Module 3: Drug & alcohol misuse in contemporary Ireland
Module 4: Approaches to prevention treatment & rehabilitation

Target group
Those interested in addiction.

Entry requirement
Participants must be 21 years of age or over; it is preferable that applicants have:
- Experience of working in a community setting.
- Experience of working with alcohol and/or drug-related problems.
- Openness to reflect on one’s own practice, attitudes and beliefs.
- Commitment to learning in a group setting.

All applicants are required to submit a short essay (approx. 300 – 500 words) describing their reasons for applying for the course.

Selection procedure
For more course information visit http://kilkenny.nuim.ie/courses/nui-certificate-courses/nui-certificate-addiction-studies

For an application form please visit http://kilkenny.nuim.ie/sites/kilkenny.nuim.ie/files/documents/Application%20Form%202010_0.pdf

Qualification
Certificate in Addiction Studies (Level 7)

Assessment
- 85% minimum attendance.
- Participation in class.
- Completion of relevant assignments/projects

Accreditation
NUI Maynooth

Course background
See NUI website.

Course start date
September/October each year, 100 hours part-time over one academic year.

Course location
NUI Maynooth, Kilkenny campus

Application
Please return the application form, essay and €100 deposit to Kilkenny Campus (NUI Maynooth) by the appropriate closing date.

Cost
€995
Course aims and objectives
- To provide students with a strong theoretical grounding in substance misuse and addictive behaviours;
- To provide participants with an opportunity to develop skills to respond effectively to substance misuse within their community, in either a voluntary or occupational capacity;
- To encourage participants to reflect critically on drug- and alcohol-related issues as they emerge in contemporary Ireland.
- Students will develop skills in substance misuse education and prevention;
- Students will apply their learning to work, vocational or community settings;
- Students will learn to critically appraise current evidence-based practice in relation to prevention and intervention.

Course content
- Group work and facilitation skills / reflective practice
- Intervention skills
- Drug and alcohol policy in Ireland
- Prevention education: theory and practice
- Social analysis – theorising society
- Social change and everyday life in contemporary Ireland
- Social capital and social network analysis
- Community engagement and learning
- There may be a short period of placement.

Target group
People who are working in a paid or voluntary capacity in the area of addiction.

Entry requirement
Successful completion of NUI Certificate in Addiction Studies or equivalent. Applicants should be 23 years of age or over.

Selection procedure
Written application and interview.

For further course information visit
www.nuim.ie/study-maynooth/undergraduate-studies/courses/diploma-arts-addiction-studies

Qualification
NUI Diploma in Arts: Addiction Studies

Assessment
Continuous assessment throughout the course

Accreditation
National University of Ireland

Course background
Following the success of the NUI Maynooth & HSE Certificate in Addiction Studies since 1994, there has been continued demand for a progression path.

Course start date
200 hours over one year starting September each year; This will be delivered every Friday plus 1 Saturday in every month of the academic year.

Course location
NUI Maynooth Campus / Outreach venue by arrangement

Application
Application form available by phone.

Cost
€2,350 (to be confirmed)
Course Provider
The Shanty Education and Training Centre, An Cosan

Address
Fortunestown Road, Jobstown, Tallaght, Dublin 24

Web address
http://www.ancosan.com

Contact Person(s)
Mary Paul Keane
Community Education
01 462 8488
mp.keane@ancosan.com

Course aims and objectives
This interdisciplinary programme aims to develop knowledge, skills and competencies of the theory and practice of applied addiction studies and community development. The purpose of the programme is to build the capacity of community drugs workers.

Course content
This description outlines what has been proposed for approval to the Academic Council at IT Carlow.

Modules included:
• Understanding and managing conflict in a community (drugs work) context
• Project cycle management in the community & voluntary sector
• Community (drugs work) development & social change
• Drugs & crime in a global context
• Community (drugs work) development & technology
• Research methods & techniques

Target group
Past students of the two year part time UCD Diploma in Community Drugs Work, or equivalent.

Entry requirement
This part-time progression opportunity is open to past UCD Diploma students or equivalent who can enter the 3rd year (final) via an advanced direct entrée integrated in the programme based on Recognition of Prior Learning from the Diploma.

Selection procedure
Contact An Cosan. Also see http://www.itcarlow.ie/study-at-itc/part-time-courses/part-time-courses-dublin-shannon/an-cosan.htm

Qualification
BA Applied Addiction Studies & Community Development

Assessment
As per programme

Accreditation
IT Carlow

Course background
This BA was new in 2012.

Course start date
Contact An Cosan for dates

Course location
Tallaght, Dublin

Application
For further information or to express your interest in the programme contact An Cosan.

Cost
Annual fee: €2,200 (subject to change)
Course aims and objectives
This comprehensive and professional course is run by URRÚS in partnership with University College Dublin and intended to provide participants with a range of skills and knowledge both academic and practical which will enhance their effectiveness in responding to the complex issue of drug and alcohol misuse within a community environment. This one year intensive programme leading to a NFQ Level 7 Diploma is based on community development principles and uses adult learning approaches in its delivery. The programme is accepted as part fulfilment of the educational requirements for membership of Addiction Counsellors of Ireland and offers a progression pathway to B.Soc Science with UCD.

Course content
The modules covered during the course are:

• Nature and Context of Addiction
• Community and Group Work Theory and Practice
• Understanding Prevention and Support in a Community Setting
• Introduction to Irish Social Policy / Drug and Alcohol Policy
• Introduction to Counselling
• Reflective Practice
• Approaches to Treatment and Rehabilitation
• Motivational Interviewing
• Professional Work Practice
• Community Research Methods

Target group
People who wish to return to education and enhance their skills and knowledge in the area of addiction and enter the mainstream university system.

Entry requirement
The Diploma is designed to provide a progression route for those who have already completed the Community Addiction Studies Course© or equivalent. Participants must have the capacity to complete a course at NUI Diploma Level 7, however this capacity is understood in the light of the principles of Adult Education. Participants must be over the age of 21.

Selection procedure
Initially by application and then by interview.

For further information and application form please contact urrus@byap.ie or call 01-8467980. Or see www.byap.ie/services/urrus/diploma-in-community-drugs-work

Qualification
Level 7 Diploma – Diploma in Community Drug and Alcohol Work.

Assessment
Assessment methods used include: written assignments; practical skill assessments; exams; presentations; and a learning journal. Assessment is carried out throughout the course as individual modules are completed.

Accreditation
University College Dublin, The National University of Ireland. The Diploma Course is accepted as part fulfilment of the Education Requirements for accredited membership of the ACI.

Course background
The Diploma Course was developed in response to the need for a progression route for people who have participated in the Community
Addiction Studies Course®; and also it provides a much needed source of further training to those already involved in the drugs/addiction area, whether this be in the community, voluntary or statutory sector.

Course start date
Tuesday 25 August 2015. It is delivered one day a week (Tuesday), plus two Thursdays (6:30pm-9:30pm) each month and ten Saturdays over the academic year. This is a one year course, and runs from August to May.

Course location
URRUS Training Centre, Horizons Centre, Balcurris Rd, Ballymun, Dublin 11, and NUI University College Dublin, Belfield Campus, Dublin

Application
Application can be made by application form only. This application includes a “personal statement” which allows the applicant identify why they wish to do the course, what they hope to contribute, what they hope to gain, etc.

Cost
Circa €2,300. Course fee is non-refundable and paid in full at registration. An administration fee of €25 is required with your completed application.
Course aims and objectives

- The course aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.
- The course aims to build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drugs and alcohol issues in their work setting.
- The programme has a commitment to principles and values underpinning lifelong and adult learning.

Course content

This one year part-time programme is offered in three locations nationally: in Limerick, Cherry Orchard Hospital (Ballyfermot, Dublin 10) and in Letterkenny. The course has been developed by the University of Limerick in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Vocational Education Committees (City of Limerick and County Donegal), the Mid-West and North West Regional Drug Task Forces and the North West Alcohol Forum. The course has been designed to meet the need for educational progression routes in the area of Drugs and Alcohol. It also aims to support actions in National Drug and Alcohol policy that call for increased training opportunities for individuals working in the field.

The course is run on a part-time basis, equivalent to one full day a week, over two semesters (September to May). It is offered in three study centres:
- The University of Limerick Campus
- Cherry Orchard Hospital, Dublin
- Letterkenny, County Donegal

Semester one:
- Experiential group work and group processes in the context of drug and alcohol studies
- Substance use: theoretical foundations
- Models of intervention: theory and practice 1
- Research and reflective practice 1

Semester two:
- Models of intervention: theory and practice 2
- Substance use: community, social and policy perspectives
- Substances and mental health
- Research and reflective practice 2

Target group

Typical applicants include those who have completed a Certificate in Addiction Studies or another relevant area and who wish to progress their professional education in the area of drug and alcohol studies. The course is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse. Typical applicants also include health professionals, social care professionals, teachers, guidance counsellors, youth and child care workers, prison officers, Gardai, probation officers and community workers among others.

Entry requirement

- Level 6 Certificate in Addiction Studies, or a related area, or equivalent academic qualification
- At least two years experience of working in the area of drug and alcohol or a related field
- Successful completion of interview
Selection procedure
Applicants will complete an application form for short listing, then attend for interview.

See course website for further information and application form [www.ul.ie/CPE/node/207](http://www.ul.ie/CPE/node/207)

For Further Information for the University of Limerick programme contact
Eva Devaney (086) 8105969 eva.devaney@ul.ie
Patricia Mannix McNamara (061) 202722
patricia.m.mcnamara@ul.ie
Department of Education and Professional Studies

For Information and application forms for the Cherry Orchard Outreach Programme contact
Esther Wolfe (087) 9092730 esther.wolfe@hse.ie
Catherine Hawkins (01) 6206412
catherine.hawkins@hse.ie

Qualification
Diploma in Drug and Alcohol Studies

Assessment
Assessment will use a variety of methods, including written assignments, oral presentations, case study, project work, and reflective portfolio.

Accreditation
University of Limerick: Level 7 HETAC National Framework of Qualifications

Course background
The HSE West and Dublin Mid-Leinster regions recognised an expressed need among individuals working in all sectors for a locally based diploma in drug and alcohol studies.

Course start date
September each year. The course is run on a part-time basis, equivalent to one day a week, for one academic year (September to May). Dublin classes will take place on Wednesdays from 10.00—16.00 hrs.

Course location
Bridge House, Cherry Orchard Hospital, Dublin;
Also run in Limerick.

Application
Prospective applicants will be required to complete an application form. Short-listed applicants will be required to attend an interview.

The deadline for receipt of applications is May.

Cost
Course fees for 2014 were approx. €1,858 – subject to annual review
Course aims and objectives
This one year part-time programme is offered in two locations nationally: in Limerick, Cherry Orchard Hospital (Ballyfermot, Dublin 10).

The course has been designed to meet the need for educational progression routes in the area of drugs and alcohol. It also aims to support actions in national drug and alcohol policy that call for increased training opportunities for individuals working in the field.

• The course aims for personal and professional growth and development of individuals working in community, voluntary, statutory and non-statutory organisations who are actively engaged in responding to drug and alcohol issues, across the spectrum from prevention and education to treatment and rehabilitation.

• The course aims to build upon existing knowledge and skills among participants, with a focus on developing theoretical and evidence based knowledge together with a range of practical skills to enable them to respond effectively and appropriately to drugs and alcohol issues in their work setting.

• The programme has a commitment to principles and values underpinning lifelong and adult learning.

Course content
The course is run on a part-time basis, equivalent to one full day a week, over two semesters (September to May).

Semester one:
• Experiential group work and group processes in the context of drug and alcohol studies
• Substance use: theoretical foundations

• Models of intervention: theory and practice 1
• Research and reflective practice 1

Semester two:
• Models of intervention: theory and practice 2
• Substance use: community, social and policy perspectives
• Substances and mental health
• Research and reflective practice 2

Target group
Typical applicants include those who have completed a Certificate in Addiction Studies or another relevant area and who wish to progress their professional education in the area of drug and alcohol studies. The course is intended for individuals actively engaged in management of drug and alcohol misuse and dependency or those working with groups at risk for drug and alcohol misuse. Typical applicants also include health professionals, social care professionals, teachers, guidance counsellors, youth and child care workers, prison officers, Gardai, probation officers and community workers among others.

Entry requirement
• Certificate in addiction studies, or a related area, or equivalent academic qualification
• Desired: At least two years experience of working or volunteering in the area of drug and alcohol or a related field
• Successful completion of interview

Selection procedure
Written application and interview

See course website for application form: www.ul.ie/CPE/node/207
Qualification
Level 7 NFQ Diploma

Assessment
Each module is assessed separately using a variety of assessment methods.

Accreditation
The programme is accredited by the University of Limerick.

Course background
The course was developed using a partnership approach including the University of Limerick, in partnership with the Health Service Executive (West-Limerick, West-Donegal and Dublin Mid-Leinster areas), Vocational Education Committees (City of Limerick and County Donegal), the Mid-West and North West Regional Drug Task Forces and the North West Alcohol Forum.

The course has been developed in response to expressed needs for educational progression routes in the area of Drug and Alcohol Work. It also aims to support actions in National Drug and Alcohol policy that call for increased training opportunities for individuals working in the field.

Course start date
September each year.

Course location
University of Limerick campus and Cherry Orchard Hospital, Dublin 10.

Application
The deadline for receipt of applications is May. You apply directly to the location where you intend to study. All forms and further information can be found online. For more information see course website.

Cost
Course fee for the 2013/14 academic year was €1,858 – subject to annual review. Fees undergo annual review and are subject to change.
Course aims and objectives
The Master of Public Policy is a 90-credit programme. When starting the course, students will choose one of eight streams. Students must take four core modules (10 credits each), one dissertation design module (5 credits/half term), and 2-4 option modules (20 credits in total). Students also submit a thesis worth 25 credits that will be written during the summer term.

Optional specialist streams which enable you to examine the policy fields which interest you in-depth include the Community Drugs and Health Policy Stream.

Course content
You will develop an understanding of the political, ethical, social and economic factors which influence policy-making along with the challenges associated with effective policy implementation and regulation. You will also learn to systematically analyse public policies, and acquire skills in policy research and evaluation. In addition, you will have the opportunity to examine a number of policy fields in depth.

Target group
This programme is suitable for graduates who plan to pursue a career in the public or non-profit sectors, policy analysis or consulting and for those already working in these sectors, who want to develop their policy analysis, research and evaluation skills.

Entry requirement
Each application is considered on its individual merits. The applicants should have earned an undergraduate degree in a relevant subject such as political science, international relations, social science, sociology, geography, economics, global studies, public policy, EU studies, law/international law etc. with at least Upper Second Class Honours, or its equivalent (an overall GPA of 3.0 (B) or higher in the American system). Relevant professional experience will also be taken into account. Note that meet the requirements do not guarantee admission. Applicants in their final year of undergraduate study may be admitted conditional on satisfactory completion of their undergraduate degree.

Selection procedure
Visit
www.ucd.ie/humansciences/graduateschool/publicpolicy/admissionsapplicationsfees/

Qualification
Master in Public Policy

Assessment
Over the summer, students complete a thesis of approximately 10,000 words.

Accreditation
UCD

Course background
For more details about the course visit:
www.ucd.ie/humansciences/graduateschool/publicpolicy/

There is an opportunity to undertake the MA (Public Policy and Management) at the City University of Hong Kong subsequent to MA-Public Policy completion. There is a possibility of progressing to the PhD in Public Policy or the Graduate Diploma in Public
Policy.

**Course start date**
September to April each year.

**Course location**
Belfield, Dublin 4

**Application**
Visit the website or contact UCD. There is no particular deadline for submission of applications.

**Cost**
Full time (one year): EU Fee €6,240.00; Non-EU fee €17,500.00. Part time (two years): EU Fee €4,060.00 per year; Non-EU fee €8,700.00 per year (subject to change)
### Course aims and objectives
Postgraduate research in the substance misuse field

### Course content
Course involves submission of thesis and completion of WIT postgraduate training courses

### Target group
Those actively involved in the substance misuse field

### Entry requirement
2.2 Honours Degree

### Selection procedure
Subject to approval by head of department and review group.

For more information on research in WIT see the website [http://www.wit.ie/research/ResearchGroupsCentres/Groups/CHBR/](http://www.wit.ie/research/ResearchGroupsCentres/Groups/CHBR/)

### Qualification
Masters

### Assessment
WIT/HETAC & External examiner

### Accreditation
WIT/HETAC

### Course background
Postgraduate qualification by research

### Course start date
September or January

### Course location
Supervised at WIT

### Application
Directly to WIT admissions office

### Cost
Standard postgraduate fees apply
Courses on substance misuse for young people
Course Provider
HOPE (Hands On Peer Education)

Address
Killarney Court, Buckingham Street, Dublin 1

Web address
http://www.nicdtf.ie

Contact Person(s)
Irene Crawley
Manager
01 887 8404
hopehandson@yahoo.ie or hopehandson@gmail.com

Course aims and objectives
Aim: Training young people to facilitate drug and alcohol education to their peers
Objectives: For participants to become familiar with course content, and to empower youth to be peer leaders, and be comfortable with facilitation skills

Course content
• Introduction to basic concepts of addiction
• Information on drugs
• Information on alcohol
• Creative facilitation skills
• Role play
• Prevention with youth
• Delivery of presentations

Target group
Course is open to young people in the community who would have an interest in educating their peers on drug prevention

Entry requirement
Aged 14–19, showing some leadership skills

Selection procedure
Application form and interview

Qualification
Certificate of attendance

Assessment
Group assessment at end of course

Accreditation
n.a.

Course background
n.a.

Course start date
Telephone or email to above numbers for more information.

Course location
Various

Application
Telephone or email to above numbers for more information on upcoming courses

Cost
Free; a small donation for supplies is requested from organisations.
Course aims and objectives
Peer Education is about providing young people with the skills and training to inform their peers on issues that affect them. The initial 6-week training programme is designed to inform and examine the participants' knowledge and behaviour around sexual health and drugs. A further 6-week accredited training programme includes more in-depth training in group work and facilitation.

Course content
- Introduction
- Listening and communication
- Trust
- Relationships
- Discrimination
- Drugs
- Sexuality and pregnancy
- Sexually transmitted infections and contraception
- Decision making
- Evaluation

Target group
- Someone aged 16–21
- Someone who cares about their friends and other young people.
- Someone who can interact with others.
- Someone who wants to be able to discuss issues around sexual health and drugs in a safe place and have a bit of fun while doing it!
- Someone who just wants something different!

Entry requirement
Commitment from participants to all sessions

Selection procedure
Apply online or call in at the centre.

Assessment
Work during each session is recorded for assessment.

Accreditation
Northern Ireland Open College Network (NIOCN)

Course background
The initial 20-hour training programme is designed to inform and examine the participants' knowledge and behaviour around sexual health and drugs. A further accredited training programme includes more in-depth training in the process of delivering the new knowledge learned through Peer Education. The Peer Educators are then provided with support and supervision to help them undertake their work.

Course start date
Ongoing throughout the year

Course location
The Sexual Health Centre

Application
Online or call in

Cost
Free
Course Provider
Youthwork Ireland and Galway & Rahoon Youth Project

Address
Corrach Bui Community, Centre, Rahoon, Galway

Web address
http://www.youthworkgalway.ie

Contact Person(s)
Anne Pigott
Project Worker
091 589 832
annepigottinrahoon@eircom.net

Course aims and objectives
- To increase knowledge and awareness of the effects of alcohol and other drugs.
- To deliver information/supports which impact positively on development and well-being
- To build resilience skills

Course content
Communication skills, relationships, confidence techniques, knowledge of alcohol and other drugs, decision making and consequences, equality issues and strategies for developing resilience.

Target group
10–21-year-olds living in Corrach Bui area of Rahoon, Westside, Galway

Entry requirement
Project participant in target age range

Selection procedure
Mandatory for all participants.

Qualification
Certificates of participation.

Assessment
Internal evaluation. Course content material is largely based on “Putting the pieces together”, the Western Region Drugs Task Force training resource manual.

Accreditation
no

Course background
Project participants frequently have little prior factual knowledge of the effects of drugs and alcohol. Some have experience of early misuse and the effects of dependency in their community.

Course start date
Programmes throughout the year.

Course location
Corrach Bui Community Centre, Rahoon, Galway

Application
The project is funded to deliver appropriate drugs education and preventative measures to young people in the 10-21 target age range

Cost
Free
Course Provider
Peer Drug Prevention Education Group

Address
Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15

Web address
n.a.

Contact Person(s)
Brian Fitzsimons

01 821 2012
brian.fitzsimons@foroige.ie

Course aims and objectives
Enables young people to become peer educators in relation to drug prevention for other young people in the area.

Course content
Peer education

Target group
Young people in the Blanchardstown area.

Entry requirement
Under 18 years of age.

Selection procedure
Not applicable

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
These clubs are run by Foroige.

Course start date
Ongoing

Course location
Blanchardstown, Dublin

Application
Contact the education group

Cost
n.a.
Course Provider  
Tallaght Drugs Education Initiative  

Address  
Tallaght Youth Service, Mountain Park, Old Bawn Road, Tallaght, Dublin 24.  

Web address  
http://www.tallaghtdtf.ie/  

Contact Person(s)  
Suzanne Lindsay or Patricia Levins  
Drugs Education Initiative  
01 463 2070  
slindsay@foroige.ie or patricia.levins@foroige.ie  

Course aims and objectives  
The programme aims to teach young people how to become peer educators in relation to drug prevention both informally (becoming a positive influence on their peers) and formally (delivering workshops).  

Course content  
Training for young people includes drug education, personal/skills development, support in designing and delivering a peer education  

Target group  
Teenagers (12 years of age and up)  

Entry requirement  
Tallaght wide (programmes are area based)  

Selection procedure  
Contact Rita Comerford, on 01 451 6322 or 086 835 8881, rita.comerford@foroige.ie. Website page:  
www.tallaghtdtf.ie/directory/item/tallaght-peer-education-prevention-initiative  

Qualification  
n.a.  

Assessment  
n.a.  

Accreditation  
n.a.  

Course background  
Managed by TYS/Foroige in partnership with Co Dublin VEC  

Course start date  
Contact Rita Comerford  

Course location  
Tallaght, Dublin  

Application  
Apply to programme  

Cost  
n.a.
In-service or on-site training for professionals and other vocational groups working in the field of substance misuse or related areas
### Course Provider
Community Awareness of Drugs

### Address
31 Central Hotel Chambers, Dame Court, Dublin 2

### Web address
http://www.cadaboutdrugs.ie

### Contact Person(s)
*Bernie McDonnell*
Co-ordinator
01 679 2681
communityawareness@eircom

### Course aims and objectives
- To respond to the needs of staff and volunteers in relation to drugs awareness
- To provide participants with a drugs awareness update
- To discuss a range of issues that may impact on individuals in the workplace or agency
- To provide reading materials that may be of benefit to participants
- To highlight where participants can access drugs helpline staff or volunteers
- To respond to any additional requests for information

### Course content
- Pharmacological update
- patterns of drug use
- signs and symptoms of drug use
- drugs and mental health matters
- drugs and sexual health matters
- responding to drug use
- getting along with young people
- the wheel of change
- risk and protective factors
- where to go for help

### Target group
Adults

### Entry requirement
None

### Selection procedure
None

### Qualification
n.a.

### Assessment
n.a.

### Accreditation
n.a.

### Course background
Our workplace drug awareness seminars have been held in various locations since our establishment in 1983.

### Course start date
By arrangement

### Course location
In the workplace or agency

### Application
Contact the CAD Office.

### Cost
Donation to CAD
### Course Provider
PCI College

### Address
Corrig House, Old Naas Road, Clondalkin, Dublin 22

### Web address
http://www.pcicollege.ie

### Contact Person(s)
Kelley Farrell  
Enquiries  
01 464 2268  
info@pcicollege.ie

### Course aims and objectives
PCI College provide tailor-made training programmes designed to the specific needs of clients in the health and helping professions and also to community, voluntary and commercial organisation.

For course information visit  
http://www.pcicollege.ie/tailor-made-training-courses/overview

### Course content
Training and awareness programmes can be provided on workplace related issues including:
- Mental health & well being
- Boosting confidence
- Managing stress
- Dealing with employee grief
- Critical incident stress management
- Coaching and mentoring
- Mediation

Courses can be provided for government bodies, professional groups or community organisations:
- Foundation in counselling & psychotherapy
- Dip & BSc in counselling & psychotherapy
- Dip & BSc in addiction counselling
- Adv Dip in supervision
- Adv Dip in supervision for coaches
- Dip in suicide studies
- Prof Cert in cognitive behaviour therapy
- Prof Cert in addictive behaviours
- Cert in brief therapy
- Cert in advanced psychodynamics
- Cert in group therapy
- Cert in art therapy
- Cert in sexual abuse & dysfunction
- Cert in substance addictions
- Cert in workplace counselling
- Cert in conflict management
- Cert in pastoral/spiritual counselling
- Cert in drug abuse in Ireland
- Cert in sexual addictions
- Cert in dual diagnosis

### Target group
Interested organisations.

### Entry requirement
n.a.

### Selection procedure
n.a.

### Qualification
See course details

### Assessment
See course details

### Accreditation
See course details

### Course background
In service training has been provided for a number of years.

### Course start date
Training courses are offered 7 days a week, anywhere in the Ireland, we will meet your requirements.

### Course location
In client organization

### Application
See PCI website for details.

### Cost
Contact PCI
Course Provider
HOPE (Hands On Peer Education)

Address
Killarney Court, Buckingham Street, Dublin 1

Web address
http://www.nicdtt.ie

Contact Person(s)
Irene Crawley
Manager
01 887 8404
hopehandson@yahoo.ie or hopehandson@gmail.com

Course aims and objectives
The goal of our course is to impart our information to individuals who will in turn present drug and alcohol awareness to others. We would like to make a difference to communities in this way, as education is an effective tool in substance abuse prevention.

At the end of the course you will have all the tools to put run a drug/alcohol education training day or full length course yourself.

Course content
Drug and alcohol information, facilitation and presentation skills.

Our course is hands-on, interactive, practical, informative, and hopefully fun. We expect each participant to leave with a good knowledge of the harmful affects of drug and alcohol abuse, as well as group facilitation skills.

Target group
Anyone living or working in the community that would be planning on delivering this information

Entry requirement
People take this course for different reasons. Maybe you would simply like the knowledge for your own children, perhaps you are looking into working in the field of addiction, or perhaps you are currently working with clients for whom drugs and alcohol may be an issue and would like to upskill.

Selection procedure
Interview

Qualification
n.a.

Assessment
Each participant will be expected to deliver one aspect of the course to the group, to practice this in a comfortable setting.

Accreditation
Certificate of Attendance

Course background
n.a.

Course start date
Runs continually.

Course location
Various locations in North Dublin.

Application
Email or telephone above

Cost
€20.00 for unemployed; €75.00 CE scheme; €160.00 employed
Course Provider
Waterford Substance Misuse Team

Contact Person(s)
Andy Hargreaves
Drug Education Officer
051 301 201
andy.hargreaves@maila.hse.ie

Course aims and objectives
Course aims
• To provide a framework from which to develop a substance use policy
• To bring together all stakeholders to develop the policy
Course objective
• To develop a comprehensive substance use policy

Course content
• Development of substance use policy
• Drug facts
• Attitudinal activities
• Potential drug-related scenarios in the workplace and in voluntary work
• Information on potential referral agencies

Target group
Any agency, workplace or organisation

Entry requirement
n.a.

Selection procedure
n.a.

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
This course has facilitated over 70 agencies, workplaces and organisations to develop a substance use policy.

Course start date
Various dates and times (daytime or evening). Course is usually 3 sessions of 2 hours each. A 2-hour evaluation will take place one year later.

Course location
Waterford city or county

Application
Apply to contact person listed above.

Cost
Free
Course Provider
Waterford Substance Misuse Team

Address
Substance Misuse Team, 10a Waterside, Waterford

Web address
n.a.

Contact Person(s)
Andy Hargreaves
Drug Education Officer
051 301 201
andy.hargreaves@maila.hse.ie

Course aims and objectives

Course aims
• To challenge attitudes towards drugs, addiction and other drug-related problems
• To raise awareness of drug-related issues
• To raise awareness of the dynamics of addiction

Course objectives
• For participants to recognise their own attitudes and prejudices towards various drugs and drug-users. To recognise how this affects their work and daily lives.
• Gain knowledge of drugs and their effects
• Gain knowledge of drug-related issues
• For participants to have a clearer understanding of addiction

Course content
• Drug facts
• Attitudinal activities
• Risk-taking behaviour
• Signs and symptoms
• Potential drug-related scenarios in the workplace and in voluntary work
• In-depth look at alcohol-related issues
• Information on potential referral agencies
• Information on how to find further resources and information
• Cycle of change
• A chance to view the drugs

Target group
Professionals and volunteers working in fields where drug misuse is prevalent.

Entry requirement
A commitment to utilise relevant parts of the course content with their client base.

Selection procedure
Written application

Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
This course has introduced over 200 workers and volunteers from the Waterford area to drug-related information and issues.

Course start date
Various dates and times (daytime or evening); the course consists of four 3-hour sessions.

Course location
Waterford city centre

Application
Application form and details of dates and venues available from contact person listed above.

Cost
Free
Distance learning or online courses, where participants may study from home.
Course aims and objectives
The aim of this online course is to provide participants with clear, accessible, up-to-date information. This information will allow participants to gain insight into this area; it will challenge their attitudes; and it will stimulate greater understanding of addiction issues.

Course content

Unit 1: Definitions and concepts of addiction:
- Information on types and impact of drug addiction
- Street names and terminology
- The drug scene today

Unit 2: Focusing on the major theories and models of addiction:
- The moral model
- The psychological model
- The medical/disease model
- The socio-cultural model

Unit 3: Addiction apartments
- Pharmacotherapy
- The Minnesota Model
- Counselling and therapy
- Harm reduction model
- Treatments in practice

Unit 4: Addiction in society
- Drug policies, legalisation and decriminalisation
- Community change, outreach, harm reduction or abstinence
- Alcohol and drug education
- Alcohol and drug-related issues in the workplace

Unit 5: Addiction in families
- Co-dependency, children of alcoholic families, parenting styles and family factors.

Unit 6: Working with addiction
- Relapse for families, 'letting go', dependent attitudes and dependent behaviours
- Al-Anon
- The intervention approach

Target group
Those interested in developing an awareness and understanding of addiction

Entry requirement
None

Selection procedure
For more course information visit psychology.ie/course/addiction-psychology/

Qualification
Diploma in Counselling, Psychotherapy and Psychoanalysis on successful course completion.

Assessment
By units

Accreditation
In-house

Course background
The course was designed to improve participants’ knowledge, skills and attitudes.

Course start date
You may begin anytime.
Course location
Online

Application
Application form

Cost
The cost of the course is €595 and is payable on commencement.
Course aims and objectives
To introduce participants to the psychological, sociological, biological and legal effects of psychoactive substances

Course content
1. The human nervous system (Part 1)
2. The human nervous system (Part 2)
3. Introduction to psychopharmacology
4. Psychostimulants
5. Psychedelics
6. Central nervous system depressants
7. Opioids & solvents
8. Performance enhancing drugs

Target group
General public, parents, athletes, secondary school students and those whose job requires knowledge of the effects of drugs

Entry requirement
None

Selection procedure
For more information visit the course website
http://www.eolach.ie/course/index.php

Qualification
Certificate in Drugs and Behaviour

Assessment
Online exam

Accreditation
Eolach.ie

Course background
The course was written by a psychologist and has been running since 2004. The content of the course has been reviewed and endorsed by the Substance Misuse Unit of the Health Service Executive (South East Region).
Course aims and objectives
The course is designed for beginners and introduces students to the main topics within psychology in a dynamic and visually stimulating manner.

Course content
There are two courses: psychology 1 and 2

Psychology 1
1. Psychology: An historical perspective
2. Scientific and academic psychology
3. Applied psychology
4. The human nervous system (Part 1)
5. The human nervous system (Part 2)
6. Drugs and behaviour 1
7. Drugs and behaviour 2
8. Memory storage
9. Remembering and forgetting
10. Sigmund Freud’s psychoanalytic theory of personality development

Psychology 2
11. Erik Erikson’s psychosocial theory of personality development
12. Personality 1
13. Personality 2
14. Emotion
15. Stress
16. Abnormal behaviour
17. Intelligence
18. Social psychology
19. Sleep
20. Dreams

Target group
Anyone interested in studying this subject.

Entry requirement
None

Selection procedure
For more course information visit the website www.eolach.ie/course/

Qualification
Certificate (optional - see costs)

Assessment
Online exam

Accreditation
Eolach.ie

Course background
Our aim is to ensure that our students derive academic, personal and social benefits from participating in our courses.

Course start date
There are no start dates for this course. Each participant begins the course at a time of their convenience. There are not any time deadlines for completion of our courses.

Course location
Online course

Application
Visit www.eolach.ie

Cost
€99 for each course
# F04 DRUG AND ALCOHOL COUNSELLING

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>College of Management and IT (CMIT)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>Southern Cross Business Park, Bray, Co. Wicklow</td>
</tr>
<tr>
<td>Web address</td>
<td><a href="http://www.cmit.ie/">http://www.cmit.ie/</a></td>
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</tbody>
</table>

## Course aims and objectives
The course will enable learners to:
1. obtain a better understanding about drugs and alcohol misuse,
2. obtain knowledge about the different types of drugs available and their side effects and use,
3. obtain a better understanding why people take drugs,
4. gain a better understanding about why people use alcohol,
5. find out what treatment is available in your area and how to access it,
6. find out how to set up a drug or alcohol abuse treatment programme in your area, and to
7. understand the principles of drug and alcohol misuse counselling.

## Course content
Students receive a course manual, assignments and study-guide plus tutor support. The course documentation is detailed and easy to read. Your tutor and student support team will support you throughout the duration of the course.

- Unit 1: Introduction
- Unit 2: The a-z of drugs- effects, risks & the law
- Unit 3: Alcohol abuse
- Unit 4: Why people use drugs and alcohol
- Unit 5: Drug and alcohol prevention and awareness
- Unit 6: The basics of counselling
- Unit 7: Traditional counselling styles
- Unit 8: Counselling for alcohol problems
- Unit 9: Counselling for substance misuse

## Target group
- People considering a career in counselling.
- Parents, teachers and youth workers.
- People who wish to gain an introductory qualification in drug and alcohol counselling and wish to study at their own pace.

## Entry requirement
None

## Selection procedure

## Qualification
NCFE Award Certificate in Drug and Alcohol Counselling

## Assessment
This course is assessed through tutor marked assignments. There is no exam

## Accreditation
Successful learners will receive a level 3 NCFE Award Certificate in Drug and Alcohol Counselling. (i.e. equivalent to level 3 on the National Qualifications Framework for England, Wales and Northern Ireland.)

## Course background
See course website for more information.

## Course start date
Students can start at any time of year, and have 6 months to work at their own pace.

## Course location
Home

## Application
Book online

## Cost
€495. There is a €60 fee payable for administration, moderation and certification.
Course aims and objectives
The objective of this online programme is to provide graduates from all disciplines with the opportunity to develop their understanding of the role and function of social policy.

Course content
This programme will give students an understanding of the role of social policy in engaging with some of the 'wicked problems' that contemporary societies face. These are complex interdependent problems such as responses to crime and poverty, policy issues which are often resistant to the solutions put in place by governments. Students will be exposed to the arguments for developing policy interventions in areas such as social security, health and housing, and the challenges of implementing and changing policy in these areas.

This course provides students with a stimulating online learning experience by creating a structured yet flexible learning approach. The place of study is flexible as online delivery allows students to engage in learning activities at home or in the workplace and there is no requirement to attend at the Trinity campus in Dublin. Students will have access to weekly materials using a virtual learning environment and the opportunity to engage with other students and lecturers using discussion boards.

Students will take seven core modules totalling 60 ECTS. Modules cover subjects such as contemporary debates in social policy, the family and society, criminology, disability studies and social work.

Target group
The programme will be of particular interest to graduates with an undergraduate qualification outside of the social science and social studies field wishing to pursue a Masters programme in that field. This online Postgraduate Diploma will also act as a conversion course for graduates who wish to pursue further study on a specialised programme such as the Master in Social Work; and applicants from outside the EU, in particular North America, who wish to study in Ireland’s leading university with excellent facilities and expertise in Irish, EU and international social policy.

Entry requirement
The programme is open to graduates from all disciplines who are interested in converting to the field of applied social studies. Successful applicants will hold a level 8 degree in any subject at a minimum of Upper Second Class Honours degree (2.2).

Selection procedure
For information about the course, see socialwork-socialpolicy.tcd.ie/postgraduate/progs/dip-applied-social-studies.php

Qualification
The Postgraduate Diploma in Applied Social Studies is a level 9 postgraduate diploma offered as a one year online programme.

Assessment
As per course syllabus.

Accreditation
Trinity College Dublin
Course background
This course was run for the first time in 2014

Course start date
September 2015

Course location
Online

Application
For further information contact: Laura Cusack, Course Administrator, lcusack@tcd.ie, 01-896 2001

Cost
EU students: €5,000, Non-EU students: €10,000, Application fee: €35 (to be paid online)
Course aims and objectives
Under the Terms of the Methadone Treatment Protocol Services published by the Department of Health in 1998, any GP wishing to take part in the provision of treatment services to drug users must undertake training as provided by the ICGP.

The online Level 1 Drug Treatment Programme is designed for GPs preparing to take patients under the Methadone Treatment Protocol. Individual CME credits will apply for each GP. General practices can also take the programme and complete the CME assessment as a group.

Course content
The online learning programme consists of 10 interactive video presentations, with each presentation ranging in duration from 6 to 25 minutes. The GP is required to access each of the presentations and then complete a multiple choice question (MCQ) module to provide a summative assessment.

Target group
Members of the ICGP, 4th year GP Trainees and GPs.

Entry requirement
This course is open to members of the ICGP, 4th year GP Trainees and GPs only.

Selection procedure
Contact Niamh Killeen. For more information, visit the course website http://www.icgp.ie/go/courses/substance_misuse/substance_misuse_training/5CC1A240-19B9-E185-8310E9025792AB2D.html

Qualification
CME Accreditation: 2 CME/5.5 External CPD Credits

Assessment
In order to satisfactorily complete the programme a GP is required to view over 75% in the Multiple Choice Questions (MCQ) module.

Accreditation
ICGP

Course background
For information about Level 2 training, visit http://www.icgp.ie/go/courses/substance_misuse/substance_misuse_training/5D4377AB-19B9-E185-8310E9025792AB2D.html

Course start date
Each GP will have online access for 21 days from the date of their enrolment. To complete all modules and the MCQ Quiz will take approximately 3 hours in total.

Course location
Online course

Application
Contact Niamh Killeen.

Cost
Free
# F07
## SUBSTANCE MISUSE ONLINE LECTURES FOR DOCTORS

<table>
<thead>
<tr>
<th>Course Provider</th>
<th>Irish College of General Practitioners</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address</td>
<td>4/5 Lincoln Place, Dublin 2, Ireland</td>
</tr>
<tr>
<td>Web address</td>
<td><a href="http://www.icgp.ie/go/courses/e_learning">http://www.icgp.ie/go/courses/e_learning</a></td>
</tr>
<tr>
<td>Contact Person(s)</td>
<td>Niamh Killeen</td>
</tr>
<tr>
<td></td>
<td>01 676 3705</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:niamh.killeen@icgp.ie">niamh.killeen@icgp.ie</a></td>
</tr>
</tbody>
</table>

### Course aims and objectives

| Title: Methadone maintenance therapy |
| Presenter: Professor Tom Fahey MD MSc MFPH FRCGP, Professor of General Practice |
| Time to complete: 20mins |
| Accreditation: 1 CPD Credit |
| Title: Neuroimaging, addiction, reward and control |
| Presenter: Professor Hugh Garavan, School of Psychology and Institute of Neuroscience, Trinity College Dublin |
| Time to complete: 35mins |
| Accreditation: 1 CPD Credit |

### Course content

For information about the courses visit [http://www.icgp.ie/go/courses/e_learning](http://www.icgp.ie/go/courses/e_learning)

### Target group

Members of the ICGP, 4th year GP Trainees and GPs

### Entry requirement

These lectures are open to members of the ICGP, 4th year GP Trainees and GPs only.

### Selection procedure

Contact Niamh Killeen

### Qualification

1 CPD credit

### Assessment

Not applicable

### Accreditation

n.a.

### Course background

n.a.
Course Provider
Health Research Board

Address
National Documentation Centre on Drug Use,
Health Research Board, Grattan House, 67-72
Lower Mount Street, Dublin 2

Web address
http://www.drugsandalcohol.ie

Contact Person(s)
Brian Galvin
Senior Information Specialist
01 234 5168
bgalvin@hrb.ie

Course aims and objectives
The course will teach a group of drug prevention and education workers a range of information literacy skills which help them understand how evidence in their field is produced, how this evidence can be found and how research-based knowledge can be used to shape policy and bring about better health outcomes.

Learning outcomes
Knowledge (Breadth and kind)
• Demonstrate an understanding of the research infrastructure supporting the production of evidence in the field of substance use.
• Demonstrate an understanding of the policy context in which research operates and the process and role of evidence in influencing policy
• Demonstrate an understanding of the fundamentals of evidence-based practice as it relates to substance use
• Demonstrate an understanding of how data and other evidence are used to inform decision-making in the substance use field

Know-How and Skill (Range and selectivity)
• Demonstrate an ability to retrieve sources of evidence from online databases
• Demonstrate an ability to critically appraise journal articles selected from annotated citations
• Demonstrate an ability to use a range of online tools to share knowledge and reflections

Competence (Context and role)
• Demonstrate an ability to apply the principles of evidence-based practice to situations specific to substance use education and prevention

Competence (Learning to learn)
• Demonstrate evidence of active reflection on own learning process throughout the programme

Competence (Insight)
• Appraise personal competencies and personal potential to advance evidence-based practice in the field of substance use education and prevention and to promote this approach in the development of policy in this field.

Course content
The course comprises five modules covering the following topics: the policy context; the research infrastructure; the evidence for drug prevention interventions; evidence-based medicine; searching the scientific literature; critical appraisal; and data sources.

Target group
Practitioners and managers who work in the substance use education and prevention areas including: drug education workers, youth workers, community education workers, health promotion workers, SPHE teachers and individuals or agencies who commission and/or contract substance education services in school, youth and community settings.

Entry requirement
Applicants are required to hold at the time of enrolment a recognised Level 8 qualification, or equivalent, from an approved institution. We do not know yet when the accreditation process will be complete.

Not Active
This course is no longer active, but might be in the future contact the Course Administrator for more information.
Selection procedure
Applications will be sent to the course tutors who make a selection from the list of applicants

Qualification
The HRB has submitted a proposal for accreditation of Award type Minor Award (Special Purpose Award) at NFQ level 9 to an Irish university.

Assessment
Assessment will be based on performance in the group presentation at the end of the course and participation in eTivities throughout the course.

Performance in the following will be assessed:
• Group assignment
• Reflective (online) journals
• Participation in discussion

Accreditation
See Qualification section

Course background
Research and information is a cross-cutting theme in the EU Drugs Strategy for 2013-2020. The National Drugs Strategy (interim) 2009-2016 emphasises the need for a sound scientific basis for all responses to problem drug and alcohol use, and research is one of the five pillars of the strategy. It notes that a significant body of knowledge on evidence-based practice in relation to dealing with problem drug use has been built, and much more is now known about the drugs situation in Ireland compared to 2001, but also recognises the key challenge of dissemination of best practice among service providers to ensure that it is applied. The course was established on the premise that the effective transfer of scientific knowledge in the field of problem drug use requires that practitioners develop information literacy skills to enable them to understand the principles of evidence-based practice.

Course start date
There are no dates planned for this course.

Course location
This is a blended learning course. There are three face to face sessions in the Health Research Board in Dublin. The rest of the course is delivered online.

Application
For information about applying for future courses, contact Brian Galvin at bgalvin@hrb.ie

Cost
There is no charge.
Course aims and objectives
The premise of this course is that prevention is the only true hope of solving our country's problems in these areas. Parents, teachers and counsellors are in the best positions to affect children's knowledge and attitudes to the abuse of alcohol and other drugs.

Course content
Distance learning course of 6 modules.

This course covers these broad topics:
1. What every parent, teacher and counsellor should know
   Drug classifications.
   Adolescents & drug abuse.
   Drugs & the brain.
   Alcoholism - a disease.
2. Drug abuse prevention.
   Role of parents, teachers, counsellors.
   Tell-tale signs of drug abuse.
3. Treatment effects & understanding them.
   Effects of alcohol on young women.
   Drugs & AIDS.
4. Pharmacology, alcohol, drugs of abuse, depressants, opioids, cocaine, nicotine, stimulants, cannabinoids, phencyclidine, inhalants, anabolic steroids & hallucinogens.

Your personally appointed tutor will provide you with expert guidance and tuition throughout your studies.

Target group
Parents, teachers and counsellors.

Entry requirement
n.a.

Selection procedure
Apply online
http://www.irishtraining.ie/general/alcohol_and_drug_abuse.html

Qualification
When you have completed this course you may take a final examination. Full details are sent near the end of the course. The examination costs €65 and is taken at home. If you receive 70% or more you will receive an ITEC Diploma.

Assessment
Optional examination.

Accreditation
ITEC

Course background
The ITEC also run an 'alcoholism' course, primarily for those who have alcohol problems and also for those who share their lives. It deals with all the social, psychological and medical aspects of alcohol problems.

Course start date
At a time of your choosing.

Course location
Online course.

Application
Apply through the ITEC website.

Cost
€445.
## Course Provider
**Ana Liffey Drug Project**

**Address**
51 Middle Abbey Street, Dublin 1

**Web address**
http://www.aldp.ie/

## Contact Person(s)
**Nichola Corrigan**  
*Project Worker, Quality Standards Support Project*  
01 960 3004  
quality@aldp.ie

## Course aims and objectives
The overall aim of the Quality Champions Training is to provide key persons in organisations with the skills to become a quality champion in their service. Training is delivered through an interactive eLearning platform. After completing the training, participants should be able to:

- Champion and lead a drive to improve quality in their organisation
- Objectively and accurately assess the sources of policy and practice in their organisation, and what these policies are
- Identify gaps between what their assessment reveals, and what is required of the organisation with reference to agreed quality standards
- Put in place a plan to ensure those gaps are filled, including the provision of a robust review mechanism

## Course content
The course has five sessions each containing a series of specific learning modules:

**Session 1: Introduction to Quality**
1. The aim of the training  
2. QuADS - Quality in Alcohol and Drug Services  
3. The importance of quality  
4. Barriers to change  
5. Introduction to policy - basics  
6. Introduction to policy - service user confidentiality policy  
7. Introduction to policy - quality assurance policy  
8. Session 1 assessment

**Session 2: Organisation Review and Mapping**
1. Review and assess  
2. Obligations  
3. Essential and important policies  
4. Identifying the gaps  
5. Session 2 assessment

**Session 3: Consultation**
1. Role and responsibility of the stakeholder  
2. Consultation part one  
3. Consultation part two  
4. Session 3 assessment

**Session 4: Policy Writing**
1. Components of a policy  
2. Researching a policy  
3. Adapting a policy  
4. Writing a policy  
5. Session 4 assessment

**Session 5: Implementation and Policy Review**
1. Pre-implementation  
2. Policy implementation strategy  
3. Indicators, barriers and monitoring  
4. Reviewing a policy

## Target group
Those who wish to become quality champions in their drug or alcohol organisation.

## Entry requirement
Content is delivered through Moodle - a Virtual Learning Environment (VLE) software system and is delivered as a series of multimedia based learning modules over five sessions. You will need a computer or laptop with internet access, and basic computer skills. The training is the equivalent of approximately a half day training. However, as the training is modular based, users can complete the training on a module by module basis.

## Selection procedure
Course website:  
[www.drugs.ie/resources/the_quality_standards_support_project/champions_training/](http://www.drugs.ie/resources/the_quality_standards_support_project/champions_training/)
Qualification
n.a.

Assessment
n.a.

Accreditation
n.a.

Course background
This course was developed in 2014.

Course start date
On-going

Course location
Online course

Application
Quality Champions Training is now available. If you would like to sign up for this course please email a request to quality@aldp.ie

Cost
n.a.
PROVIDERS
### Addiction Response Crumlin

**101 Cashel Road, Crumlin, Dublin 12**  
web: [http://www.addictionresponsecrumlin.ie](http://www.addictionresponsecrumlin.ie)  
Contact Person(s):  
*Education Team*  
01 411 3222  
info@addictionresponsecrumlin.ie

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<td>A17</td>
<td>REHABILITATION, EDUCATION &amp; TRAINING PROGRAMME</td>
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### Ag Eisteacht

**2nd Floor, No 24 South Bank, Crosses Green, Cork**  
Contact Person(s):  
*Terri O’Sullivan*  
021 5005915  
terri@ageisteacht.com

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### ALÃ (Participatory theatre)

**83 Castle Park, Ballybane, Galway**  
web: [http://alact.ie/](http://alact.ie/)  
Contact Person(s):  
*Project Director*  
Tel 091 492852  
to.galway@gmail.com

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<td>‘THEATRE OF THE OPPRESSED’ FACILITATION SKILLS COURSE</td>
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Ana Liffey Drug Project

51 Middle Abbey Street, Dublin 1
web: http://www.aldp.ie/

Contact Person(s):

<table>
<thead>
<tr>
<th>Dermot Murphy</th>
<th>Nichola Corrigan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Leader</td>
<td>Project Worker, Quality Standards Support Project</td>
</tr>
<tr>
<td>01 878 6899 Ext: 313</td>
<td>01 960 3004</td>
</tr>
<tr>
<td><a href="mailto:dermot.murphy@aldp.ie">dermot.murphy@aldp.ie</a></td>
<td><a href="mailto:quality@aldp.ie">quality@aldp.ie</a></td>
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Course | Page
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F10 | QUALITY CHAMPIONS TRAINING OVERVIEW | 216

Athlone IT

Dublin Road, Athlone, Co Westmeath
web: http://www.ait.ie

Contact Person(s):

<table>
<thead>
<tr>
<th>Jenny Cooper</th>
</tr>
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<tbody>
<tr>
<td>Adult Education Officer</td>
</tr>
<tr>
<td>090 648 3053</td>
</tr>
<tr>
<td><a href="mailto:jcooper@ait.ie">jcooper@ait.ie</a></td>
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C04 | BACHELOR OF ARTS (HONS) IN APPLIED ADDICTION STUDIES | 150
C05 | BACHELOR OF ARTS (HONS) in APPLIED ADDICTION STUDIES. One year add on for BA addiction studies (level 7) graduates. | 152

Blanchardstown Local Drugs Task Force

2nd Floor, Parkside, Main Street, Mulhuddart, Dublin 15
web: http://www.bldtf.ie

Contact Person(s):

<table>
<thead>
<tr>
<th>Ciara Jubani</th>
</tr>
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<tbody>
<tr>
<td>Community Development Worker</td>
</tr>
<tr>
<td>01 824 9590 / 685 4405</td>
</tr>
<tr>
<td><a href="mailto:ciara@bldtf.ie">ciara@bldtf.ie</a></td>
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B18 | STRENGTHENING FAMILIES PROGRAMME | 133
**Canal Communities Local Drugs Task Force**

*c/o Addiction Services, Bridge House, Cherry Orchard Hospital, Ballyfermot, Dublin 10.*

web: http://www.canalcommunitiesldtf.ie

Contact Person(s):

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<tr>
<th>Name</th>
<th>Role</th>
<th>Contact Information</th>
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<tr>
<td>Ciara Faughnan</td>
<td>Drugs Education Co ordinator</td>
<td>01 416 6000 <a href="mailto:canaleducation@gmail.com">canaleducation@gmail.com</a></td>
</tr>
<tr>
<td>Olivia Carr</td>
<td>Drugs Education Co ordinator</td>
<td>01 416 6000 <a href="mailto:olivcarr@indigo.ie">olivcarr@indigo.ie</a></td>
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**Central Mental Hospital**

*Dundrum, Dublin 14*

web: n.a

Contact Person(s):

<table>
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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Hanora Byrne</td>
<td>Clinical Nurse Specialist</td>
<td>01 215 7556 <a href="mailto:hanora.byrne@hse.ie">hanora.byrne@hse.ie</a></td>
</tr>
<tr>
<td>Dr Shobha Rani</td>
<td>Clinical Placement Co-ordinator</td>
<td>01 215 7429 <a href="mailto:shobha.rani@hse.ie">shobha.rani@hse.ie</a></td>
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**College of Management and IT (CMIT)**

*Southern Cross Business Park, Bray, Co. Wicklow*

web: http://www.cmit.ie/

Contact Person(s):

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<tbody>
<tr>
<td>Administrator</td>
<td></td>
<td>01 286 5783 or 01 276 5015 <a href="mailto:info@cmit.ie">info@cmit.ie</a></td>
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Communications & Management Institute
Office 1: Unit 14A, Cashel Business Centre, Cashel Rd, Dublin 12 Office 2: Regus House, Harcourt Rd, Dublin 2
web: http://www.cmi-ireland.com
Contact Person(s):
Jane Igoe
Admissions & Student Affairs Executive
01 492 7070
info@cmi-ireland.com

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Community Awareness of Drugs
31 Central Hotel Chambers, Dame Court, Dublin 2
web: http://www.cadaboutdrugs.ie
Contact Person(s):
Bernie McDonnell
Co-ordinator
01 679 2681
communityawareness@eircom

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Cork City Partnership Community Outreach Drug Awareness Project
Cork City Partnership Ltd. Level 1, Heron House Blackpool Retail Park Blackpool Cork City
web: http://www.corkcitypartnership.ie
Contact Person(s):
Jacqueline Daly
Community Development Worker
021 430 2310
jdaly@partnershipcork.ie
Mella Magee
Community Development Worker
021 430 2310
mmagee@partnershipcork.ie

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### Croi Nua Counselling and Psychotherapy

*The Orchard, Banshane, Midleton, Co. Cork*

web: http://eastcorkcounselling.com/

Contact Person(s):

**Pat Coughlan**

Counsellor, Psychotherapist, Career and Life Coach

087 286 8590

pcoughlan7@eircom.net

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### DBS School of Arts

*Dublin Business School, 13/14 Aungier Street, Dublin 2*

web: http://www.dbs.ie

Contact Person(s):

Administrator

01 417 7500

administrations@dbs.ie

Louise Carey

Admissions Manager

01 417 7500

Louise.Carey@dbs.ie

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### Donegal ETB, North West Regional Drug & Alcohol Task Force, Alcohol Forum and HSE West

*Alcohol & other Drugs Training & Education North West Region, Donegal Education and Training Board, Administrative Offices, Ard O’ Donnell, Letterkenny, Co. Donegal*

web: http://donegalvec.ie/?page_id=601&lang=en-uk

Contact Person(s):

Christina McEleney

Coordinator

074 9161508

christinamceleney@donegaletb.ie

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### Dublin North East Drugs Task Force

**Le Cheile, Clancarthy Road, Donnycarney, Dublin 5**  
web: http://www.dnedrugstaskforce.ie  

Contact Person(s):  
**Vanessa Hoare**  
Prevention Education Worker  
01 846 5077  
vanessa@dnedrugstaskforce.ie

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<td>A75</td>
<td>DUBLIN NORTH EAST DRUG PREVENTION COURSES 107</td>
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### Dublin Region Homeless Executive / Dublin City University

**Block 1, Floor 2, Dublin City Council, Civic Offices, Fishamble Street, Christchurch, Dublin 8.**  
web: http://www.homelessagency.ie  

Contact Person(s):  
**Maria Fitzpatrick**  
Learning and Performance Officer  
01 703 6103  
landpbookings@dublincity.ie

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### EAP Institute

**143 Barrack Street, Waterford**  
web: http://www.eapinstitute.com  

Contact Person(s):  
**Anita Furlong**  
Conference Administrator  
051 855 733  
anita@eapinstitute.com

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<td>DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL 22</td>
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## ECO-UNESCO

*The Greenhouse*, 17 St., Andrew St., Dublin 2  
web: [http://www.ecounesco.ie](http://www.ecounesco.ie)  
Contact Person(s):  
**Armin Krautgasser**  
Drugs Education Officer  
01 662 5491  
training@ecounesco.ie

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INTRODUCING ENVIRONMENTAL EDUCATION AS A RESOURCE | 25 |

## Eolach.ie

Clonmel, Co Tipperary  
web: [http://www.eolach.ie](http://www.eolach.ie)  
Contact Person(s):  
**Fergus McGrath**  
Director of Education  
085 714 0498  
info@eolach.ie

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## Finglas Addiction Support Team and DCU

2a Wellmount Road, Finglas, Dublin 11  
web: [http://www.fastltd.ie/](http://www.fastltd.ie/)  
Contact Person(s):  
**Administrator**  
01 8110595  
reception@fastltd.ie

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## Health Research Board

*National Documentation Centre on Drug Use, Health Research Board, Grattan House, 67-72 Lower Mount Street, Dublin 2*

web: [http://www.drugsandalcohol.ie](http://www.drugsandalcohol.ie)

Contact Person(s):

- **Brian Galvin**  
  Senior Information Specialist  
  01 234 5168  
  bgalvin@hrb.ie

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## Health Service Executive

*Health Promotion Service, 1st floor, Unit 4, Nexus Building, Blanchardstown Corporate Park, Dublin 15*

web:

Contact Person(s):

- **Anne Marie Kavanagh**  
  n.a.  
  annemarie.kavanagh@hse.ie
- **Fiona Walsh Maher**  
  021 4921641  
  fiona.walsh4@hse.ie
- **Marwin Jagoe**  
  -  
  marwin.jagoe@hse.ie

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<td>SCREENING AND BRIEF INTERVENTIONS FOR PROBLEM DRUG &amp; ALCOHOL USE</td>
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## HIV Ireland

*70 Eccles Street, Dublin 7*

web: [http://www.hivireland.ie](http://www.hivireland.ie)

Contact Person(s):

- **Susan Donlon**  
  Prevention Education & Training Co-ordinator  
  01 873 3799  
  susan.donlon@hivireland.ie

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<td>SEXUAL HEALTH AND DRUG AWARENESS: TRAINING FOR TRAINERS PROGRAMME</td>
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## HOPE (Hands On Peer Education)

**Killarney Court, Buckingham Street, Dublin 1**

[web: http://www.nicdtf.ie](http://www.nicdtf.ie)

**Contact Person(s):**

**Irene Crawley**  
*Manager*  
01 887 8404  
hopehandson@yahoo.ie or hopehandson@gmail.com

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## HSE, MQI, Ana Liffey

**Merchants Quay Ireland’s Riverbank building, Merchants Quay, Dublin 2**

[web:](http://www.nicdtf.ie)

**Contact Person(s):**

**Nicola Corrigan**  
- nicola.corrigan@aldp.ie

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## IICP Education and Training

**Killinarden Enterprise Park, Killinarden, Tallaght, Dublin 24**

[web: http://www.iicp.ie](http://www.iicp.ie)

**Contact Person(s):**

**Marcella Finnerty**  
*Course Director*  
01 260 0805 / 086 260 9989  
marcella@iicp.ie

**Norah Byrne**  
*Course Co-ordinator*  
01 466 4205 / 087 910 3332  
norah@iicp.ie

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## Irish College of General Practitioners

*4/5 Lincoln Place, Dublin 2, Ireland*

web: [http://www.icgp.ie/go/courses/e_learning](http://www.icgp.ie/go/courses/e_learning)

Contact Person(s):

**Niamh Killeen**

01 676 3705
niamh.killeen@icgp.ie

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## Irish Hospice Foundation

*Bereavement Education & Resource Centre*, *Morrison Chambers (4th floor)*, *32 Nassau street, Dublin 2*

web: [http://hospicefoundation.ie](http://hospicefoundation.ie)

Contact Person(s):

**Education Team**

01 679 3188
info@bereaved.ie

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## Irish Training & Educational Centre

*Unit 9, Leopardstown Business Centre, Ballyogan Road, Leopardstown, Dublin 18.*


Contact Person(s):

**Course administrator**

01 2061832
info@irishtraining.ie

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<td>24 Tivoli Terrace South, Dun Laoghaire, Co. Dublin</td>
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<td>Liberties College, Bull Alley Street, Patrick Street, Dublin 8</td>
<td>Brid Milliken, Department Head: Counselling and General Information</td>
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<td>LIT Tipperary</td>
<td>Cashel Court, Clonmel, Co Tipperary</td>
<td>Maureen Ryan, Addiction Counselling Programme Administrator</td>
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<tr>
<td></td>
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<td>Marie Walsh, Programme Leader</td>
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</table>
### Merchants Quay Ireland and University College Dublin

Merchants Quay Ireland, 25 Cork St, Dublin 8 or School of Applied Social Science, John Henry Newman Building, UCD, Belfield, Dublin, 4  
web: http://www.mqi.ie  
Contact Person(s):  
**Peter Kelly**  
Course Co-ordinator  
01 524 0936  
Peter.Kelly@mqi.ie  

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### National Counselling & Psychotherapy Institute

Irish College of Humanities and Applied Science; Walton House, Lonsdale Road, National Technology Park, Castletroy, Limerick  
web: http://www.ichas.ie/  
Contact Person(s):  
**Administration offices**  
061 216 288  
info@ichas.ie  

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### National Youth Council of Ireland

3 Montague StreetDublin 2Ireland  
web: http://www.youth.ie/training  
Contact Person(s):  
**Training Administrator**  
Training Administrator  
01-478 4122  
training@nyci.ie  

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# North Dublin Regional Drug & Alcohol Task Force

**Unit 25 Town Centre Mall, Swords Village, Co Dublin**  
web: http://www.ndublinrdtf.ie/  
Contact Person(s):  
**Co-ordinator**  
copepsychotherapy@gmail.com  
087 9081189

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# NUI Maynooth

**Department of Adult and Community Education, NUI Maynooth, Co Kildare**  
web: http://adulteducation.nuim.ie  
Contact Person(s):  
**Administrator**  
n.a.  
01 708 6062  
Adcomed@nuim.ie

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# NUI Maynooth, Kilkenny Campus

**St. Kieran's College, College Road, Kilkenny**  
web: http://kilkenny.nuim.ie/  
Contact Person(s):  
**Administrator**  
056 7775910  
kilkenny.campus@nuim.ie

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### One Family

**2 Lower Pembroke Street, Dublin 2**  
web: http://www.onefamily.ie  
Contact Person(s):  
**Paula Lonergan**  
Training & Consultancy Manager  
01 6629212  
training@onefamily.ie

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### PCI College

**Corrig House, Old Naas Road, Clondalkin, Dublin 22**  
web: http://www.pcicollege.ie  
Contact Person(s):  
**Kelley Farrell**  
Enquiries  
01 464 2268  
info@pcicollege.ie

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### Peer Drug Prevention Education Group

*Blanchardstown Youth Service, Main Street, Blanchardstown, Dublin 15*

web: n.a.

Contact Person(s):

*Brian Fitzsimons*

01 821 2012
brian.fitzsimons@foroige.ie

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### PETE programme, Focus Ireland

*131-133 Francis Street, Dublin 8.*

web: http://www.focusireland.ie/

Contact Person(s):

*Adrian, Alison, or Roisin*

086-8349172 or 01-8716469
pete@focusireland.ie

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### Psychology Academy

*38 Lower Leeson Street, Dublin 2*

web: http://www.psychology.ie

Contact Person(s):

*Niamh Curley*

Administrator
01 662 9737
admin@psychology.ie

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School of Social Work and Social Policy, Trinity College Dublin

School of Social Work and Social Policy, Room 3063, Arts Building, University of Dublin, Trinity College, Dublin 2
web: http://www.tcd.ie/Social_Studies

Contact Person(s):
Administrator  Pam Isaacson
01 8962001  01 896 1163
social.studies@tcd.ie  addictions@tcd.ie

Pam Isaacson
Executive Officer
01 896 1163
addictions@tcd.ie

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Sexual Health Centre

16 Peter’s Street, Cork
web: http://www.sexualhealthcentre.com

Contact Person(s):
Johnny Houlihan
Peer Ed Facilitator
086 606 1844 / 021 427 5837
johnnyhoulihan@sexualhealthcentre.com

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Southside Community Training Network

The Old Post Office, 7 Rock Hill, Main Street, Blackrock, Co. Dublin
web: http://www.trainingnetwork.ie/

Contact Person(s):
Sandra Campbell
01 209 0610
sandra.campbell@sspship.ie

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**Tallaght Drugs Education Initiative**

*Tallaght Youth Service, Mountain Park, Old Bawn Road, Tallaght, Dublin 24.*

web: http://www.tallaghtdtff.ie/

Contact Person(s):
- Suzanne Lindsay or Patricia Levins
- Drugs Education Initiative
- 01 463 2070
- slindsay@foroige.ie or patricia.levins@foroige.ie

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**The Learning Curve Institute**

*Rushbrook, Clogher, Westport, Co Mayo*

web: http://www.thelearningcurve.ie

Contact Person(s):
- Administrator
- Administrator
- 098 25530
- info@thelearningcurve.ie

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### The Shanty Education and Training Centre, An Cosan

**Fortunestown Road, Jobstown, Tallaght, Dublin 24**  
web: http://www.ancosan.com

Contact Person(s):  
*Mary Paul Keane*  
Community Education  
01 462 8488  
mp.keane@ancosan.com

*Fiona Colclough*  
Education and Training Co-ordinator  
01 462 8488  
f.colclough@ancosan.com

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### UCD College of Human Sciences Graduate School

**UCD, Belfield, Dublin 4**  
web: http://www.ucd.ie/humansciences/graduateschool/

Contact Person(s):  
*Administrator*  
01 716 8643  
mpp@ucd.ie

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### UCD School of Applied Social Science

**University College Dublin, Belfield, Dublin 4**  
web: http://www.ucd.ie/appsocsc/

Contact Person(s):  
*Ms Catherine Baulch*  
01 716 8419  
Catherine.baulch@ucd.ie

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### University of Limerick / HSE Addiction Services

**Bridge House, Cherry Orchard Hospital, Ballyfermot, Dublin**

web: http://www.ul.ie

**Contact Person(s):**

- **Esther Wolfe**
  - HSE Education Officer
  - 01 620 6417
  - esther.wolfe@hse.ie

- **James Fletcher**
  - HSE Education Officer
  - 01 620 6417
  - james.fletcher@hse.ie

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### Urrus & Local Steering Group, Dun Laoghaire

**Community Addiction Team, Unit 8, Leopardstown Office Park, Burton Hall Ave, Dublin 18.**

web:

**Contact Person(s):**

- **John Doyle**
  - Course Facilitator
  - 01 2176 140
  - alcoholdrugcourses@hotmail.com

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### Urrus and University College Dublin

*Horizons Centre, Balcarris Road, Ballymun, Dublin 11*


Contact Person(s):

**Laura O’Reilly**  
Training Centre Co-ordinator  
01 846 7980 / 01 842 5726  
urrus@byap.ie

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### Urrus/The Ballymun Youth Action Project

*Horizons Centre, Balcarris Road, Ballymun, Dublin 11*

web: [http://www.byap.ie](http://www.byap.ie)

Contact Person(s):

**Gabrielle Gilligan**  
Administrative Assistant  
01 846 7980 / 01 842 5726  
urrus@byap.ie

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### Waterford College of Further Education

**Parnell Street, Waterford**

web: http://www.wcfe.ie/jcms/

Contact Person(s):  
**Philip Deegan**  
Director of Adult Education  
051 874053  
pdeegan@wcfe.ie

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### Waterford Institute of Technology

**Department of Health, Sport and Exercise Science, School of Health Sciences, WIT, Cork Road, Waterford**

web: http://www.wit.ie

Contact Person(s):  
**Marie Claire Van Hout**  
Lecturer  
051 302 000  
mcvanhout@wit.ie

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### Waterford Substance Misuse Team

**Substance Misuse Team, 10a Waterside, Waterford**

web: n.a

Contact Person(s):  
**Andy Hargreaves**  
Drug Education Officer  
051 301 201  
andy.hargreaves@maila.hse.ie

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# Western Regional Drugs Task Force

**Unit 6, Galway Technology Park, Parkmore, Galway**

web: http://www.wrdtf.ie/

Contact Person(s):

<table>
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<tr>
<th>Western Regional Drugs Task Force</th>
<th>Gary Kyne</th>
<th>Gillian Conway</th>
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<td>091 480056</td>
<td>091 480 044</td>
<td>091 480056 or 086 7814779</td>
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<td><a href="mailto:training@wrdtf.ie">training@wrdtf.ie</a></td>
<td><a href="mailto:info@wrdtf.ie">info@wrdtf.ie</a></td>
<td><a href="mailto:training@wrdtf.ie">training@wrdtf.ie</a></td>
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# Youthwork Ireland and Galway & Rahoon Youth Project

**Corrach Bui Community, Centre, Rahoon, Galway**

web: http://www.youthworkgalway.ie

Contact Person(s):

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STRENGTHENING FAMILIES PROGRAMME
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DEVELOPMENT OF POLICIES AND PROCEDURES FOR WORKPLACE DRUGS AND ALCOHOL
A CREATIVE APPROACH TO DRUGS AND ALCOHOL WORK
ASIST (Applied Suicide Intervention Skills Training)
DRINK DRIVER EDUCATION COURSE
BASIC COUNSELLING SKILLS FOR ADDICTION WORKERS
RELAPSE PREVENTION
ALCOHOL AWARENESS
DRUG AND ALCOHOL POLICY DEVELOPMENT
HARM REDUCTION
SUBSTANCE MISUSE
PUTTING THE PIECES TOGETHER
PUTTING THE PIECES TOGETHER REFRESHER
GROUP FACILITATION SKILLS
RESPONDING TO FAMILY NEEDS IN RELATION TO DRUG AND ALCOHOL USE
SAOR: BRIEF INTERVENTIONS FOR ALCOHOL USE
MOTIVATIONAL INTERVIEWING (LEVEL 1)
MOTIVATIONAL INTERVIEWING (LEVEL 2)
LOW MOOD AND SUBSTANCE USE
SOLUTION FOCUSED BRIEF THERAPY
NEW TRENDS IN DRUG USE
DEVELOPING A SUBSTANCE USE POLICY
COMMUNITY REINFORCEMENT APPROACH (CRA)
WESTERN REGIONAL DRUGS TASK FORCE FURTHER TRAINING
NEW AND EMERGING DRUGS
OVER-THE-COUNTER MEDICATIONS
INTRODUCTION TO SCREENING & BRIEF INTERVENTIONS: ALCOHOL
INTRODUCTION TO HIDDEN HARM AND THE IMPACT OF SUBSTANCE MISUSE ON CHILDREN AND FAMILIES
ESSENTIAL GROUP FACILITATION SKILLS
Dublin

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