TREATING THE PERSON

ADDICTION IS NOT JUST A BRAIN DISEASE

Personal and social meaning of drug use and the critical importance of integrative harm reduction psychotherapy

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Drug Treatment is in Crisis Around the World



Integrative Harm Reduction Psychotherapy

Personal and Social Meanings of Drug Use

Addiction is a (Not Just A) Brain Disease

Brain + Behavior + Multiple Meanings

The Meaning Dimension

The Psychobiosocial Process Model of Misuse and Addiction

Intensify Desire

Vulnerabilities

Genetics, trauma, deficits in affect and self-regulation and interpersonal relations, psychiatric disorders, stress, despair, poverty, access, culture, sex-work, HIV, stigmatized group membership

Unique Fit

Psychobiosocial Consequences of Chronic Use

Receptor changes, Neurochemical depletion, social stigmatization and isolation, cognitive deficits, self care deteriorates, self-esteem plummets, shame, conditioning, physical deterioration

Substance Use is Pleasurable

Neurochemical effects, multiple personal meanings, real and symbolic positive functions Trauma and Dissociation

Critical Importance of IHRP

Mary's Story

Empirical Support

Psychotherapeutic Implications

Integrative Harm Reduction Psychotherapy

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