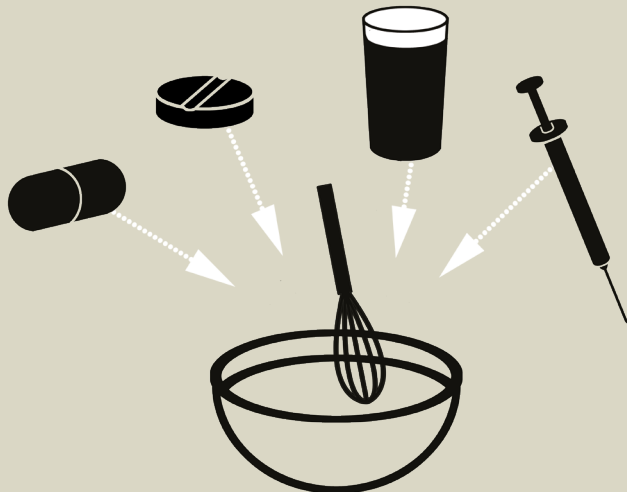


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Risk Factors

01



Mixing drugs especially:

- ✓ **Heroin, methadone and other opioids**
e.g. oxycodone
- ✓ **Alcohol**
- ✓ **Benzodiazepines**
- ✓ **Pregabalin** and other prescribed medication
that may make you drowsy

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Tolerance

02



The effects of opioids may be increased:

- ✓ After breaks in drug use
- ✓ Immediately after release from prison
- ✓ Hospital discharge
- ✓ When starting or finishing a drug treatment programme such as opioid substitution treatment (OST)
- ✓ After leaving a detoxification programme

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Personal Risk Factors

03



- ✓ **Not on a opioid substitution treatment (OST) programme**
- ✓ **Older person:** (person who uses drugs who is over 35)
- ✓ **Person who has been using drugs for a long time**
- ✓ **History of an overdose**
- ✓ **Mental health** - low mood/depression/mania
- ✓ **Life events** - death/cash windfall/celebrations/loss of contact with children/separation/divorce

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Observable signs of a drug overdose

04



- ✓ **Watch Video 1** ([Drugs.ie/naloxone](https://www.drugs.ie/naloxone))
- ✓ **Unresponsive - unrousable**
- ✓ **No breathing or shallow breathing**
(Less than 10 breaths a minute)
- ✓ **Snoring or rasping sounds**
- ✓ **Blue** lips / fingertips / around the eyes

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Action

05



- ✓ **Call an ambulance on 112**
- ✓ **What to do when breathing**
- ✓ **What to do when not breathing**
- ✓ **Refer to Naloxone leaflet**
(Action on finding a potential overdose)
- ✓ **Stay with person**

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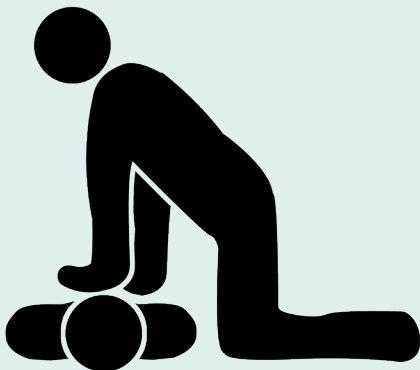
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CPR

06



- ✓ Watch CPR video 2
- ✓ Stay calm
- ✓ Shout for help

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Recovery Position

07



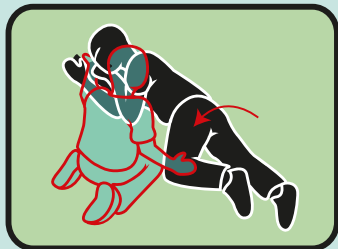
1. Place nearest arm at right angle to body, with arm bent.



2. Bring other arm across chest. Place back of hand against cheek.

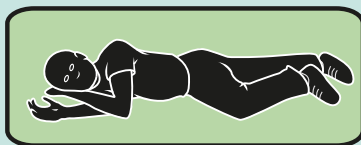


3. Grasp far leg just above knee and lift knee.



4. Push down on knee and roll towards you, keeping back of hand against cheek.

Final position



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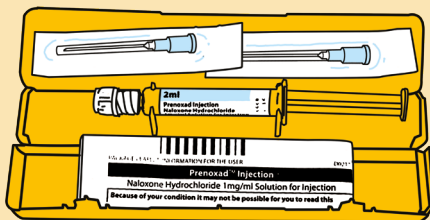
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Naloxone Injection kit

08



- ✓ **Watch Naloxone videos 3 and 4**
- ✓ **What is Naloxone**
- ✓ **Each Naloxone pack contains a pre filled syringe with 5 doses**
- ✓ **SINGLE INDIVIDUAL USE /Single Person Use only**
- ✓ **How to use it - refer to assembly and administration guide Naloxone video**
- ✓ **Short acting (20 minutes)**
- ✓ **Observe person and stay with them, re-administer if necessary**
- ✓ **How to obtain replacement stock if lost/stolen/expired**
- ✓ **Where to keep Naloxone**

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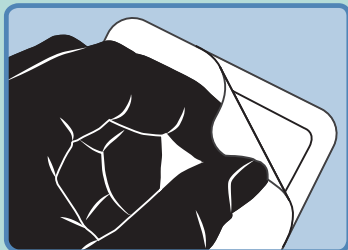
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Naloxone Nasal Spray

09



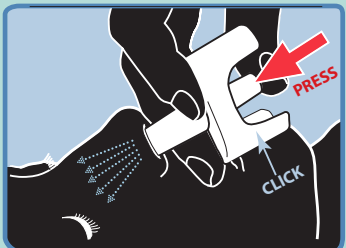
Open the container.
Remove the nasal spray and
place it within easy reach.



Lay them on their back.
Support the back of the neck,
let head tilt back.
Clear away anything you
see blocking their nose.



Hold the spray as shown —
first two fingers either side
of the nozzle, thumb ready
to push the plunger.
**Don't press to prime or test
before use.**



Gently insert spray nozzle
into one nostril. Press firmly
on the plunger until it clicks
and gives the dose. Remove
the nozzle from the nostril.*

*If possible: note which
nostril you used.

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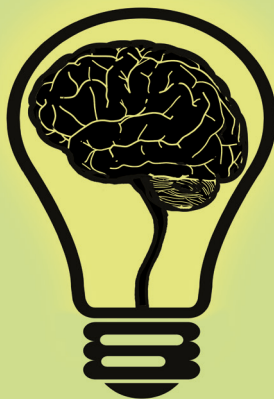
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Conclusion

10



Check understanding of:

- ✓ **Observable signs of a drug overdose**
- ✓ **Naloxone administration and calling an ambulance on 112**
- ✓ **Expiry date**
- ✓ **How to get replacement stock**

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