Mixing drugs especially:

- Heroin, methadone and other opioids e.g. oxycodone
- Alcohol
- Benzodiazepines
- Pregabalin and other prescribed medication that may make you drowsy
The effects of opioids may be increased:

- After breaks in drug use
- Immediately after release from prison
- Hospital discharge
- When starting or finishing a drug treatment programme such as opioid substitution treatment (OST)
- After leaving a detoxification programme
NALOXONE PROJECT
SAVES LIVES
Not on a opioid substitution treatment (OST) programme

✓ Older person: (person who uses drugs who is over 35)
✓ Person who has been using drugs for a long time
✓ History of an overdose
✓ Mental health - low mood/depression/mania
✓ Life events - death/cash windfall/celebrations/loss of contact with children/separation/divorce
Observable signs of a drug overdose

- Watch Video 1 (Drugs.ie/naloxone)
- Unresponsive – unrousable
- No breathing or shallow breathing (Less than 10 breaths a minute)
- Snoring or rasping sounds
- Blue lips / fingertips / around the eyes
NALOXONE PROJECT
SAVES LIVES
Call an ambulance on 112
What to do when breathing
What to do when not breathing
Refer to Naloxone leaflet (Action on finding a potential overdose)
Stay with person
NALOXONE PROJECT

SAVES LIVES
Watch CPR video 2
Stay calm
Shout for help
Recovery Position

1. Place nearest arm at right angle to body, with arm bent.
2. Bring other arm across chest. Place back of hand against cheek.
3. Grasp far leg just above knee and lift knee.
4. Push down on knee and roll towards you, keeping back of hand against cheek.

Final position
NALOXONE PROJECT
SAVES LIVES
Watch Naloxone videos 3 and 4

What is Naloxone

Each Naloxone pack contains a pre filled syringe with 5 doses

SINGLE INDIVIDUAL USE / Single Person Use only

How to use it – refer to assembly and administration guide Naloxone video

Short acting (20 minutes)

Observe person and stay with them, re-administer if necessary

How to obtain replacement stock if lost/stolen/expired

Where to keep Naloxone
Naloxone Saves Lives

Naloxone Nasal Spray

Open the container. Remove the nasal spray and place it within easy reach.

Lay them on their back. Support the back of the neck, let head tilt back. Clear away anything you see blocking their nose.

Hold the spray as shown — first two fingers either side of the nozzle, thumb ready to push the plunger. Don’t press to prime or test before use.

Gently insert spray nozzle into one nostril. Press firmly on the plunger until it clicks and gives the dose. Remove the nozzle from the nostril.*

*If possible: note which nostril you used.
Conclusion 10

Check understanding of:

- Observable signs of a drug overdose
- Naloxone administration and calling an ambulance on 112
- Expiry date
- How to get replacement stock