

## **Dun Laoghaire Rathdown – Guidelines for Planning Aftercare**

### **6.10 Planning Aftercare**

6.10.1 An aftercare plan will only be made with a service user when they have completed their care plan and achieved their goals thereby no longer requiring intensive case management.

6.10.2 Aftercare should be made accessible to any person finishing their engagement with the service.

6.10.3 Aftercare will be provided in the following ways;

6.10.3.1 Aftercare groups in relevant services

6.10.3.2 1-2-1 support meetings in relevant services

6.10.4 Where aftercare requirements can not be met within a service the service user will be referred to a more appropriate service. If a service is not available the service commits to providing aftercare supports as comprehensively as possible taking into consideration service restraints for a period of up to 6 months following case closure.

6.10.5 In the instance that appropriate aftercare supports are not available a Gaps and Blocks form will be completed.